

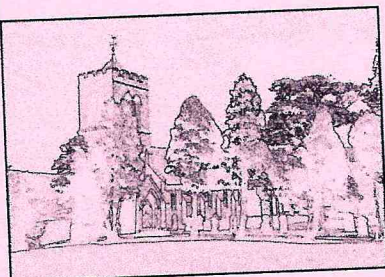
# **Parish News**

**Egton-cum-Newland  
Lowick with Blawith  
and Colton**



**St Mary  
the Virgin**

**St Luke**



**Holy Trinity**

**August 2017**

## List of Useful Contact Details

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| CHILDLINE                       | 0800 1111     |
| CITIZENS ADVICE BUREAU          | 01539 447185  |
| HIGHWAYS HOTLINE                | 0845 609 6609 |
| SAMARITANS                      | 01229 825656  |
| SOUTH LAKELAND DISTRICT COUNCIL | 01539 733333  |
| ULVERSTON LIBRARY               | 01229 404151  |
| GREENODD POST OFFICE AND STORE  | 01229 861201  |

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Tuesday 9.00am - 12.30pm

Friday 9.00am - 12.30pm

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COLTON

01229 861408

EGTON-WITH-NEWLAND

[enmoparishcouncil@hotmail.com](mailto:enmoparishcouncil@hotmail.com)

LOWICK

01229 885685

If you have any suggestions for other numbers  
please contact David Gregg - 885258

Dear Readers,

Prince Harry has proved to be a champion of compassion for mental health issues, being very honest about the problems he has endured following his mother's tragic death. Just under a year ago I became a sufferer of deep depression and anxiety. It came upon me suddenly and without obvious cause, although I have always been an anxious person. Happily I'm now in recovery, but the darkness I experienced through depression and treatment was very painful. I had no desire for company and everything was a struggle, but I carried on and became very involved in ministry, particularly in Dalton during their interregnum.

Depression is a common illness, and tragically for some quite literally a terminal illness, as I discovered as young curate when I tried to help a brilliant man with a loving family, who one day woke up in the darkness of depression for no apparent reason. He had a brilliant career, a wonderful wife and beautiful children. I took him up and down the country to see Christian counsellors and one particularly famous psychiatrist. All to no avail, for one day he ended his suffering at a terrible cost to his family.

I now to some degree realise the pain he was enduring. Much mental illness has no obvious cause. It's endogenous, triggered by imbalance in what could be termed brain chemistry. This is often a penalty of years of coping with stress. It's as much an illness as the malfunction of the body in other physical illnesses and for example, just as a diabetic needs insulin support, so many mental illnesses require medical intervention.

There is though, especially for a Christian, a sense of failure at coping. We should know better, and Prince Harry has helped to break the silence on mental illness. Post-traumatic stress, for example, is now a very recognised condition and benefits much from counselling and medication.

When I was at my darkest times, I found prayer, bible study and reading to be the most helpful support. Rather than feel the

absence of the Lord, I felt very close to Him, and I think I'm a better person because of my illness. I read the lives of many a 'saint' and realised how many of them really experienced dark times. The Apostle Paul wrote:

*'We think you ought to know, dear brothers and sisters, about the trouble we went through in the province of Asia. We were crushed and overwhelmed beyond our ability to endure, and we thought we would never live through it, In fact, we expected to die. But as a result, we stopped relying on ourselves and learned to rely only on God, who raises the dead. (2 Corinthians 1:8-9)*

Whatever our problems, we need to rely not on ourselves but upon God – He can and will raise all who call upon Him. But if you are in a hole, don't dig deeper. Look up to the One who can pull you out. If you have never been in such a place then don't condemn or misjudge those who are in a dark place, but point them to Jesus, who is the Light.

If any need prayer and support, please get in touch. The Ministry Team is here to listen and help. And don't forget, God is only a prayer away.

God bless

David Bickersteth.

## **From the Register of St. Luke Lowick**

Tuesday 2nd May, The Funeral Service and Burial  
Thomas 'Michael' William Hodgeson

Saturday 3<sup>rd</sup> June, The Wedding Ceremony of  
Antony Stephen Bird to Hannah Mitchell.

Monday 26<sup>th</sup> June, The Funeral Service for  
Verina Leonora May Elizabeth Atkinson, 'NINA'.



# Services and Rotas for August 2017

|              |                                     |                            |                                            |
|--------------|-------------------------------------|----------------------------|--------------------------------------------|
| 6th          | Eighth Sunday after Trinity (Green) |                            |                                            |
| St. Luke     | Lowick                              | 9.30 am                    | Holy Communion (CW1) (Rev. Brian Streeter) |
| Holy Trinity | Colton                              | 9.30 am                    | Holy Communion (Rev. Joanna Henson)        |
| St. Mary     | Penny Bridge                        | 11.00 am                   | Morning Worship (Rev. Brian Streeter)      |
| Readings:    | First Reading                       | Revelation ch. 20 vv 11-15 |                                            |
|              | Gospel                              | Matthew ch. 25 vv 31-46    |                                            |
| Readers:     | Lowick                              | A. Naylor                  | J. Baxter                                  |
|              | Colton                              | M. Sanders                 | J. Tarr                                    |
|              | Penny Bridge                        | D. Lancaster               | C. Styles                                  |
| Sidesmen:    | Lowick                              | B. Mitchell                |                                            |
|              | Colton                              | S. King                    |                                            |
|              | Penny Bridge                        | B. Law                     | J. Law                                     |

|           |                                    |                              |                            |
|-----------|------------------------------------|------------------------------|----------------------------|
| 13th      | Ninth Sunday after Trinity (Green) |                              |                            |
| St. Luke  | Lowick                             | BENEFICE COMMUNION           | 10.30 am (Rev David Gregg) |
| Readings: | First Reading                      | 1 Corinthians ch. 12 vv 1-11 |                            |
|           | Gospel                             | John ch. 3 vv 1-8            |                            |
| Readers:  |                                    | M. Calvert                   | E. Wardle                  |
| Sidesmen: |                                    | J. Gregg                     |                            |

|              |                                    |                                |                                      |
|--------------|------------------------------------|--------------------------------|--------------------------------------|
| 20th         | Tenth Sunday after Trinity (Green) |                                |                                      |
| St. Luke     | Lowick                             | 9.30 am                        | Morning Worship (Rev Brian Streeter) |
| Holy Trinity | Colton                             | 9.30 am                        | Morning Worship (Pam Priestley)      |
| St. Mary     | Penny Bridge                       | 11.00 am                       | Holy Communion (Rev. Brian Streeter) |
| Readings:    | First Reading                      | 1 Thessalonians ch. 4 vv 13-18 |                                      |
|              | Gospel                             | John ch. 17 vv 20-25           |                                      |
| Readers:     | Lowick                             | D. Gregg                       | J. Gregg                             |
|              | Colton                             | J. Pickles                     | S. Lydon                             |
|              | Penny Bridge                       | R. Long                        | R. Atkinson                          |
| Sidesmen:    | Lowick                             | S. Wood                        |                                      |
|              | Colton                             | S. Smith                       |                                      |
|              | Penny Bridge                       | P. Ashton                      | R. Atkinson                          |

|              |                                       |                         |                                          |
|--------------|---------------------------------------|-------------------------|------------------------------------------|
| 27th         | Eleventh Sunday after Trinity (Green) |                         |                                          |
| St. Luke     | Lowick                                | 9.30 am                 | Methodist Communion (Rev. Graham Ransom) |
| Holy Trinity | Colton                                | 9.30 am                 | Holy Communion (Rev. David Bickersteth)  |
| St. Mary     | Penny Bridge                          | 11.00 am                | Morning Worship (Rev. Brian Streeter)    |
| Readings:    | Gospel                                | Matthew ch. 16 vv 13-20 |                                          |
| Readers:     | Lowick                                | G. Mitchell             | B. Mitchell                              |
|              | Colton                                | R. Smith                |                                          |
|              | Penny Bridge                          | J. Lancaster            |                                          |
| Sidesmen:    | Lowick                                | G. Mitchell             |                                          |
|              | Colton                                | R. Smith                |                                          |
|              | Penny Bridge                          | E. Line                 | C. Line                                  |

# Getting to know Jesus better...

This month we are continuing in chapter 14, which tells us about what happened just before Jesus' arrest

New Living Translation of the Bible - Notes by Matt Rich

26 Then they sang a hymn and went out to the Mount of Olives. 27 On the way, Jesus told them, "All of you will desert me. For the Scriptures say, "God will strike the Shepherd, and the sheep will be scattered." 28 But after I am raised from the dead, I will go ahead of you to Galilee and meet you there." 29 Peter said to him, "Even if everyone else deserts you, I never will." 30 Jesus replied, "I tell you the truth, Peter - this very night, before the rooster crows twice, you will deny three times that you even know me." 31 "No!" Peter declared emphatically. "Even if I have to die with you, I will never deny you!" And all the others vowed the same.

32 They went to the olive grove called Gethsemane, and Jesus said, "Sit here while I go and pray." 33 He took Peter, James, and John with him, and he became deeply troubled and distressed. 34 He told them,

*Jesus called Himself the shepherd and us His sheep - in those days a shepherd was someone that went in front of the sheep and led them where he wanted them to go. A shepherd was there to care for the sheep and protect them. Jesus also explained that, after dying, He would be raised from the dead, but the disciples were too offended and upset to notice! Maybe they just thought He meant that His spirit would go to Heaven and live on? But Jesus actually said He would come back to life and would meet them in Galilee, a real, physical place in Israel. Jesus wanted them to know that He was going to rise from the dead in a real physical way - as a real person, not a ghost! Jesus was also letting His followers know that even if they ran away from Him, when trouble came along, He would not give up on them and would meet up with them later.*

*This next section really shows Jesus struggling with what He is about to go through - death on the cross. He knew how bad it would physically be for Him and also that He was going to be taking the punishment for the bad things we do. Jesus understands*

"My soul is crushed with grief to the point of death. Stay here and keep watch with me." 35 He went on a little farther and fell to the ground. He prayed that, if it were possible, the awful hour awaiting him might pass him by. 36 "Abba, Father," he cried out, "everything is possible for you. Please take this cup of suffering away from me. Yet I want your will to be done, not mine."

37 Then he returned and found the disciples asleep. He said to Peter, "Simon, are you asleep? Couldn't you watch with me even one hour? 38 Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak." 39 Then Jesus left them again and prayed the same prayer as before. 40 When he returned to them again, he found them sleeping, for they couldn't keep their eyes open. And they didn't know what to say. 41 When he returned to them the third time, he said, "Go ahead and sleep. Have your rest. But no - the time has come. The Son of Man is betrayed into the hands of sinners. 42 Up, let's be going. Look, my betrayer is here!" 43 And immediately, even as Jesus said this, Judas, one of the twelve disciples, arrived with a crowd of men armed with swords and clubs. They had been sent by the leading priests, the teachers of religious law, and the elders. 44 The traitor, Judas, had given them a prearranged signal: "You will know which one to arrest when I greet him with a kiss. Then you can take him away under guard."

*what it is to be afraid of what is about to happen! When He needed help, comfort and strength from His Father in heaven He talked to Him - we should also talk to our loving heavenly Father when we need help. Jesus showed the perfect attitude in His prayer - "Loving Father, I know you can do anything, this is what I would like to happen but I believe you know what is best for me so I want you to decide, not me!"*

## **Greenodd and District Christians**

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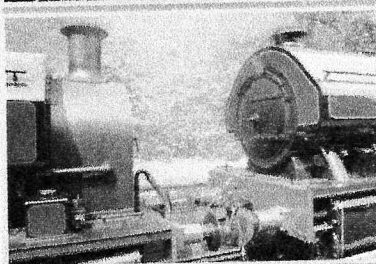
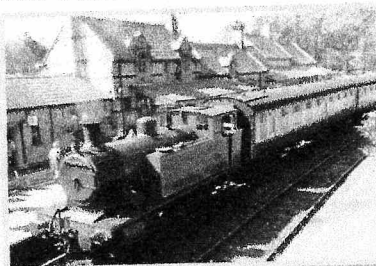
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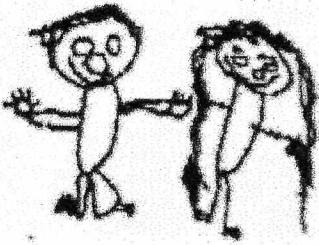
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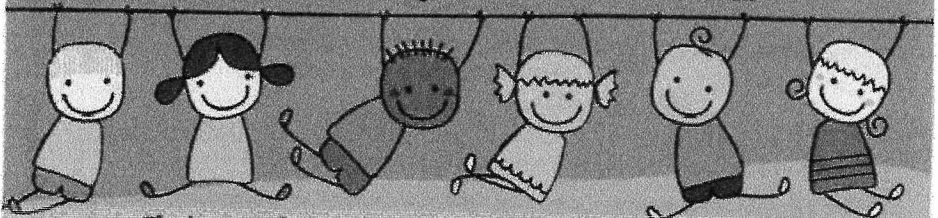
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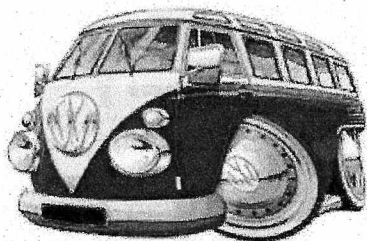
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- Preparation of financial statements
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- Company formation
- Interim management accounts
- Cash flow and profit forecasting
- VAT administration

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- Tax compliance
- Tax planning
- Capital Gains Tax
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- Property Tax
- Trust Tax
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- Corporate reorganisations
- Succession/exit planning

## Consultancy

- Develop and operate with optimal business structure
- Maximise customer value
- Mitigate business risks
- Improve profitability and business turnaround
- Maximise the value of the business
- Business disputes
- Grant applications

follow us on



Daltongate Business Centre Ulverston Cumbria LA12 7AJ  
fax 01229 588061 email [jfh@jfhornby.com](mailto:jfh@jfhornby.com)

[www.jfhornby.co.uk](http://www.jfhornby.co.uk) call 01229 588077

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**Telephone: 01229 588077 Facsimile: 01229 588061  
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# the **BAKEHOUSE**

## **Traditional Bakery**

Coffee Shop, Outside Catering  
Afternoon Teas for **2-10** people. Bookings essential

Open Tuesday to Saturday

Join us on Facebook and Twitter  
The Bakehouse, Main Street, Greenodd LA12 7QZ

Tel Kirsty on **01229 861265** Mobile **07546832501**

[www.thebakehousegreenodd.co.uk](http://www.thebakehousegreenodd.co.uk)  
[info@thebakehousegreenodd.co.uk](mailto:info@thebakehousegreenodd.co.uk)

**General building maintenance & plumbing**  
including dripping taps, leaking toilets, gutter and  
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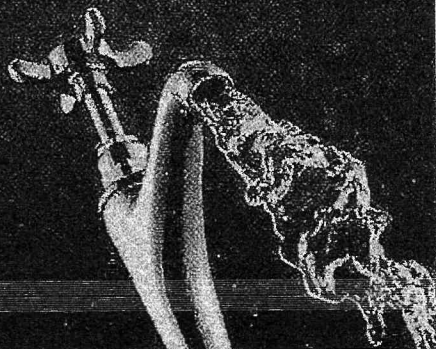


**Angus Braham** (HND Building)  
(City & Guilds Plumbing)  
Plumber

**07777634141**

[abplumbers1963@gmail.com](mailto:abplumbers1963@gmail.com)

Netherhawk, Broughton Beck  
Ulverston LA12 7PP



# The Royal Oak

Spark Bridge, LA12 8BS 01229 861006

theroyaloaksparkbridge@gmail.com

## WE ARE OPEN!!!

Tuesday – Sunday 11am – 11pm

Serving Food Tuesday – Saturday 12-3pm 5-9pm  
Delicious Home-cooked Food, with a Daily Specials Board.

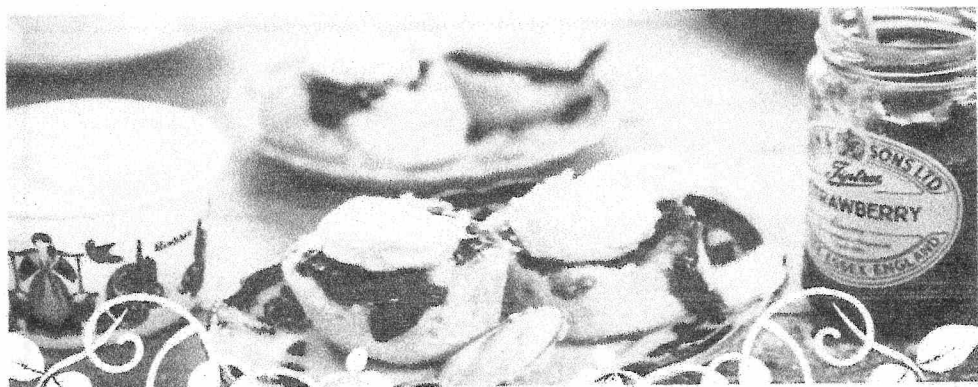
Sunday Roasts available every Sunday 12-9pm

Adults £7.95, Childs £3.95

Choice of Meats, selection of vegetables and all the  
Trimmings.

FIND US ON FACEBOOK:

[www.facebook.com/theroyaloaksparkbridge](http://www.facebook.com/theroyaloaksparkbridge)



What we're doing:

## Vintage Cream Tea

When and where to find us:

Sunday 13<sup>th</sup> August 2017 3pm – 6pm, The Ship Inn, Greenodd

Tickets available from The Ship Inn, Greenodd or the event Facebook page

£5.00 Cream Tea with choice of hot beverage

£7.00 Cream Tea with choice of hot beverage and glass of Prosecco

In aid of

The Bluebell Foundation

The Bluebell Foundation provides support for people experiencing grief associated with loss during pregnancy, death of a baby, child or young person, those with fertility issues and families where a child has life-limiting or life-threatening illness.

*the ultimate treat... with a conscience!*

Join us for delicious scones topped with juicy jam and Cornish clotted cream, while raising money for those in need. What could be better?

Supported by

Rodda's

cream tea

Jiptree

# **LOWICK SHOW**



**Saturday 2nd September 2017**

**Come and join us for the 160th Lowick and District Agricultural Show! Communities along and around the Crake Valley celebrate annually in display and competition the fruits of their labour. There is a wide range of activities to interest everyone!**

**Refreshments available as well as a Licensed Bar**

**Adults £6 Under 16's £2.50**

**Under 5's Free! Car Park Free!**

**To view all schedules and entry forms,  
visit the website**

**[www.lowickshow.co.uk](http://www.lowickshow.co.uk) or contact**

**[secretary@lowickshow.co.uk](mailto:secretary@lowickshow.co.uk)**

**Entry deadline Friday 11th August**

**Interested in becoming a friend of the show?**

**Contact the secretary**

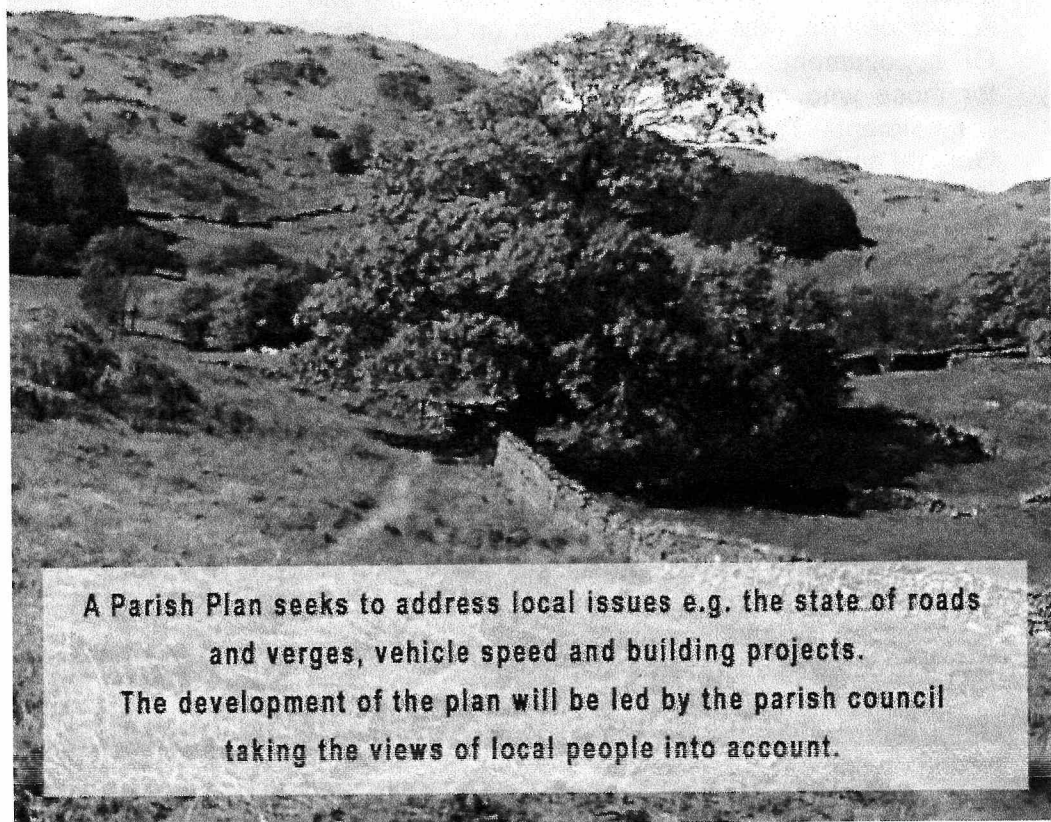
# BLAWITH & SUBBERTHWAITE PARISH PLAN

Blawith parish council invite parishioners to help  
develop a parish plan. We will be holding our  
first meeting (with refreshments)

at

WATER YEAT VILLAGE HALL  
on

MONDAY OCTOBER 30TH AT 7PM  
*Everyone is welcome*



A Parish Plan seeks to address local issues e.g. the state of roads  
and verges, vehicle speed and building projects.

The development of the plan will be led by the parish council  
taking the views of local people into account.

## **Report from Patient Participation Group Meeting**

We were all very sorry to hear that Dr Willacy has left general practice to take up another position. She will be sadly missed and we would like to thank her for all her work for us and wish her much success in her new post.

Dr Sarah Davis will be coming in place of Dr Willacy and will be starting on October 3rd. The surgery is trying to fill this gap with locum GPs but this may not always be possible.

This does mean that for the next few months we will be down to two doctors and during holidays and time off we may only have one doctor available. Sadly this could result in fewer surgeries at Greenodd.

Appointments will be offered at Haverthwaite but it is realised that this could cause difficulties for those who do not drive. One option for these people is to use the Voluntary Social Car Scheme. The contact number is 01229 885498 and they will always do their best to find a driver for you. If there is no way of patients getting to Haverthwaite then our GPs will do a home visit but obviously this is time consuming and is a last resort.

A new idea from the Cumbria Health on Call team (CHOCS) is to offer GP appointments on Saturday morning between 9am and 1pm. This is for those who cannot attend in normal hours due to work or other commitments. These will be at either Furness General or Westmorland General and are booked through the surgery in the normal manner. The doctor will not be your own GP but will have access to notes electronically. The Participation group continues to look for members of all ages to join us but in particular younger people who can speak for young families.

## **Greenodd & Haverthwaite Medical Aid Fund Report**

Over the twelve months that the fund has been in operation £2454.95 has been raised and £1824.56 has been spent on equipment for the surgeries. We have purchased

A CoaguChek kit for doing blood tests on those people on anticoagulants  
2 Ear Nose and Throat Diagnostic kits

Electric bed for the nurse's room which changes position depending on the position the patient needs to be in.

This leaves £676.50 towards future needs.

Carol, representing the surgery, expressed their thanks and appreciation for the equipment supplied.

Our thanks to all those who supported our events.

*GREENODD AND DISTRICT  
HORTICULTURAL SOCIETY*

**75<sup>TH</sup> ANNUAL SHOW**

Greenodd Village Hall

Saturday August 26<sup>th</sup> 2017

At 2pm.

Presentation of Awards 4 p.m  
Including prizes for EGTON IN BLOOM

To be followed by raffle and sale of exhibits

Light refreshments available

Admission: Adults £1.00 Children Free

Show Schedules available from  
Greenodd Village Store  
P Hutchinson Butchers  
Greenodd Bakery  
Greenodd Village Hall

Or request one by emailing name and address to  
[greenodd.horticultural@gmail.com](mailto:greenodd.horticultural@gmail.com) or via



GREENODD & DISTRICT HORTICULTURAL SOCIETY



# SPARK BRIDGE VILLAGE HALL DUCK RACE

SUNDAY 13th AUGUST - 2pm



TOMBOLA · BOUNCY CASTLE  
RAFFLE · CAKES & REFRESHMENTS

DUCKS COST £1 EACH - CASH PRIZES TO BE WON

TICKETS AVAILABLE FROM THE ROYAL OAK

*Everybody welcome!*

## Notes from Egton cum Newland WI

Many thanks once again to those of you who supported our Great Get Together in June. I can now tell you that the event made over £350 profit which in itself was pleasing, but we were delighted that on top of that we received over £150 in donations for the ploughmans lunches, which will go towards our collection for the Bluebell Foundation. A job well done then and maybe to be repeated next year!

We can try out our catering skills again as we host the annual tea dance in the village hall on 28th July.

Well - our planned speaker for our July meeting "All about Tea" literally dried up but we we're grateful to Edward Lawton for stepping in at short notice. His talk was aptly entitled "Music in Nature" and for a gentleman in his 80's was very impressive as he not only gave an informative talk but managed to play several difficult pieces on his oboe as well.

Our book club is going well, and this month we discussed the autobiography of Jeni Murray, the radio presenter. It was generally found to be a good read and gave us quite a discussion on various topics. We are now reading Bitter Lemons by Laurence Durrell.

Wednesday 12th, another glorious evening, found a few of us having another go at croquet which was fun and was rounded off with fish and chips eaten in the pavilion. Pud took the form of a 70th birthday cake made by one of us to celebrate another member coming of age!

There is no meeting in August but we intend a get together for a summer lunch out. We hope you all enjoy the summer holidays and maybe we can entice a few new faces to join us in September.

From the WI team

## **1<sup>st</sup> Leven Valley (St Anne's) Scout Group**

This Group has thriving Beaver and Cub sections but needs a Scout Leader for the 10 ½ - 14 age range of boys and girls. We meet in Haverthwaite. Those with previous experience, as well as those new to Scouting are welcome, as training is given. Salary £0.00. Job satisfaction 90%-100%.

For more information contact me please on

01229 885498 or [gsl.levenvalleyscouts@gmail.com](mailto:gsl.levenvalleyscouts@gmail.com)

Marguerite Calvert GSL (Acting)

St Leven Valley (St Anne's) Scout Group

### **LEVEN VALLEY BOWLS CLUB**

Hollow Oak Crossroads

Haverthwaite

### **Your Local Club**

League games Monday evenings

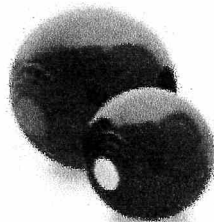
Social bowling

Tuesdays & Thursdays Evenings

Green open at all other times.

If you'd like to learn please contact us

Phone Ray 861162, Pat 01229 582394 or Andrew 861732



## **LOWICK AND OXEN PARK VOLUNTARY SOCIAL CAR SCHEME**

***TRANSPORT DIFFICULTIES?***

***WE MAY BE ABLE TO HELP***

***The local contact number is 01229 885498***

## CHURCH SERVICES

The Sunday Services are outlined in the Magazine with the readings. Please note that the celebrant at all services of Holy Communion will be either the Rev'd Brian Streeter, the Rev'd Joanna Henson, the Rev'd David Gregg or the Rev'd David Bickersteth.

If anyone requires sick visiting, pastoral advice or home communion, please contact the Vicar (861668).

### **Tottlebank Baptist Church**

Tottlebank Baptist Church welcomes you to our Sunday Services at 10.30 am and midweek meetings on Wednesdays 7.15 pm  
Our Minister is Rev. Michael Bonser.

Enquiries to...

Margaret Carter, (Hon.Sec.) [secretary@tottlebank.org.uk](mailto:secretary@tottlebank.org.uk)  
tel: 015395 36763

or Jane Pape 015395 32868

### **September Parish Magazine**

Please can all items for the magazine be emailed to Matt Rich  
[email@chatnow.org.uk](mailto:email@chatnow.org.uk)

**If you don't have a computer please find a friend who can email your report in, rather than delivering it by hand**

I will always reply to let you know I have received your email.  
If you don't get a reply in a few days then please send it again.

Items for the next magazine to be in by Sunday 20th August



# Who's Who?

|                                            |                       |                            |        |
|--------------------------------------------|-----------------------|----------------------------|--------|
| Vicar                                      | Rev'd B Streeter      | The Vicarage, Penny Bridge | 861668 |
| <b>Brian and Anne's rest day is Friday</b> |                       |                            |        |
| Retired Priests                            | Rev'd J Henson        | Woodside Cottage, Colton   | 861800 |
|                                            | Rev'd D Gregg         | Lowick Farm House, Lowick  | 885258 |
|                                            | Rev'd. D. Bickersteth | "Sunny Brae", Greenodd     | 861184 |
| Commissioned Lay Minister :                |                       |                            |        |
|                                            | Mrs B Watson          | Rosegarth, Penny Bridge    | 861638 |

## Holy Trinity, Colton

|                  |                |                             |        |
|------------------|----------------|-----------------------------|--------|
| Churchwarden     | Mr J Tarr      | 5 Appletree Road, Ulverston | 586174 |
| PCC Secretary    | Mrs R Tarr     | 5 Appletree Road, Ulverston | 586174 |
| PCC Treasurer    | Mr N Priestley |                             |        |
| Gift Aid Contact | Mr J Tarr      | 5 Appletree Road, Ulverston | 586174 |
| Colton News      | Mr D Wroe      | Barnside, Bouth             | 861275 |

## St Mary the Virgin, Egton-cum-Newland

|                     |                |                         |        |
|---------------------|----------------|-------------------------|--------|
| Churchwardens       | Mr D Lancaster | Wetherlam, Greenodd     | 861632 |
|                     | Mrs B Watson   | Rosegarth, Penny Bridge | 861638 |
| PCC Secretary       | Mrs J Hallatt  | Fairholme, Penny Bridge | 861673 |
| PCC Treasurer       | Miss C Styles  | The Nook, Bouth         |        |
| Gift Aid Contact    | Mr E Line      | Rosegarth, 1 Ellis Wood | 861198 |
| News Editor         | Send items to  | email@chatnow.org.uk    | 885249 |
| Penny Bridge School |                |                         | 861307 |

## St Luke, Lowick with Blawith

|                  |               |                             |        |
|------------------|---------------|-----------------------------|--------|
| Churchwarden     | Mr S Wood     | The Cottage, Water Yeat     | 885213 |
| PCC Secretary    | Mrs M Calvert | Beckside House, Blawith     | 885498 |
| PCC Treasurer    | Mr B Mitchell | Auburne Cottage, Lowick Grn | 885691 |
| Gift Aid Contact | Mr B Mitchell | Auburne Cottage, Lowick Grn | 885691 |
| News Editor      | Send items to | email@chatnow.org.uk        | 885249 |