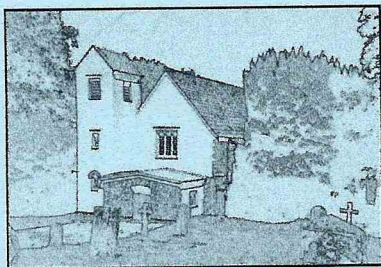


Parish News

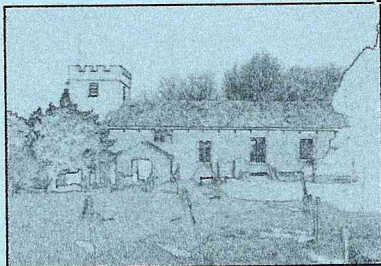
**Egton-cum-Newland
Lowick with Blawith
and Colton**



**St Mary
the Virgin**



St Luke



Holy Trinity

February 2017

Who's Who?

Vicar	Rev'd B Streeter	The Vicarage, Penny Bridge	861668
		Brian and Anne's rest day is Friday	

Retired Priests	Rev'd J Henson	Woodside Cottage, Colton	861800
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	Rev'd D Gregg	Lowick Farm House, Lowick	885258
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	Rev'd. D. Bickersteth	"Sunny Brae", Greenodd	861184
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Commissioned Lay Minister :

	Mrs B Watson	Rosegarth, Penny Bridge	861638
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Holy Trinity, Colton

Churchwarden	Mr J Tarr	5 Appletree Road, Ulverston	586174
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PCC Secretary	Mrs R Tarr	5 Appletree Road, Ulverston	586174
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PCC Treasurer	Mr N Priestley		
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Gift Aid Contact	Mr J Tarr	5 Appletree Road, Ulverston	586174
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Colton News	Mr D Wroe	Barnside, Bouth	861275
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St Mary the Virgin, Egton-cum-Newland

Churchwardens	Mr D Lancaster	Wetherlam, Greenodd	861632
	Mrs B Watson	Rosegarth, Penny Bridge	861638

PCC Secretary	Mrs J Hallatt	Fairholme, Penny Bridge	861673
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PCC Treasurer	Miss C Styles	The Nook, Bouth	
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Gift Aid Contact	Mr E Line	Rosegarth, 1 Ellis Wood	861198
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News Editor	Send items to	email@chatnow.org.uk	885249
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Penny Bridge School			861307
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St Luke, Lowick with Blawith

Churchwarden	Mr S Wood	The Cottage, Water Yeat	885213
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PCC Secretary	Mrs M Calvert	Beckside House, Blawith	885498
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PCC Treasurer	Mr B Mitchell	Auburne Cottage, Lowick Grn	885691
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Gift Aid Contact	Mr B Mitchell	Auburne Cottage, Lowick Grn	885691
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News Editor	Send items to	email@chatnow.org.uk	885249
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Dear Friends

We are well into this New Year now, and I hope you are able to look forward positively to all that life will bring in the forthcoming year.

There are certainly new things to look forward to in the Benefice.

People who don't "do" church , often say these things about it

- It's dull
- I feel conspicuous in a small congregation
- I can't find my way round the Prayer Book
- The hymns are like dirges
- It's always cold in churches
- Nobody speaks to you

They are commonly held reasons, and we are trying to address them as best we can to encourage you to join us. I would really like you to just try church on the second Sunday in the month and tell us how we are succeeding. It is seeking to be different, the 3 congregations come together in one of the churches, which means that you would not be conspicuous, and there will be one near you every three months (although that is no reason not to travel a few miles to the one where the service is happening).

What you find may surprise you. We have turned up the heating, there are no complicated books to find your way around, we are moving away from those dirge like hymns and the language is respectful but the kind of English you speak; **plus**, you may even get a video during the time for reflection. And to round it off – we share food together after the service.

Just to remind and encourage you, here is what Paul wrote to the Christian family in Rome...

“For all who are led by the Spirit of God are children of God. So you have not received a spirit that makes you fearful slaves. Instead, you received God’s Spirit when he adopted you as his own children. Now we call him, “Abba, Father.” For his Spirit joins with our spirit to affirm that we are God’s children. And since we are his children, we are his heirs. In fact, together with Christ we are heirs of God’s glory.....”

We are all family with one Father, and that includes you. Please join us, we would love to welcome you.

With love and prayers for you all
Your sister in Christ
Joanna

P.S. Watch this space, we have more plans!

New Minister at Tottlebank Baptist

Tottlebank Baptist Church is delighted to announce that we have a new minister. The Rev. Michael Bonser and his wife, Val, will be joining us on 1st March. Michael is currently pastor of Viewfield Baptist Church, Dunfermline, Fife, where he has been since February 2007. He moved there from Lancaster Baptist Church, and before that was pastor at Stanton Road Baptist Church, Luton.

We will be holding an Induction Service for Michael and Val on Saturday 4th March at 2pm As I’m sure you are aware, our building is small, so unfortunately we are unable to offer an open invitation to everyone, but we will be sending invitations to all the visiting preachers we have had the joy of welcoming over the last two years, as well as folk from the other churches in South Lakes who have supported us. Thank you for your understanding.

Margaret Carter, Secretary, Tottlebank Baptist Church.

Services and Rotas for February 2017

5th		Fourth Sunday before Lent (Green)	
St. Luke	Lowick	9.30 am	Holy Communion (CW2) (Rev. Brian Streeter)
Holy Trinity	Colton	9.30 am	Morning Worship (Pam Priestley)
St. Mary	Penny Bridge	11.00 am	Morning Worship (Rev. Brian Streeter)
Readings:	O.T. Reading	Ruth ch.1	
	Gospel	Matthew ch. 5 vv 13-20	
Readers:	Lowick	J. Baxter	A. Naylor
	Colton	S. Smith	G. Wallace
	Penny Bridge	C. Styles	
Sidesmen:	Lowick	B. Mitchell	
	Colton	S. King	
	Penny Bridge	B. Law	J. Law
12th		Third Sunday before Lent (Green)	
BENEFICE SERVICE	ST. LUKE'S LOWICK	10.30 am	(Rev. Brian Streeter)
Readings:	O. T. Reading	Ruth ch. 2	
	Gospel	Matthew ch. 5 vv 21-37	
Readers:		E. Wardle	M. Colvert
Sidesmen:	Lowick	S. Wood	
19th		Second Sunday before Lent (Green)	
St. Luke	Lowick	9.30 am	Holy Communion (Rev. David Gregg)
Holy Trinity	Colton	9.30 am	Morning Worship (Rev. Joanna Henson)
St. Mary	Penny Bridge	11.00 am	Holy Communion (Rev. Brian Streeter)
Readings:	O. T. Reading	Ruth ch. 3	
	Gospel	Matthew ch. 6 vv 25-34	
Readers:	Lowick	J. Gregg	D. Gregg
	Colton	R. Smith	G. Pickles
	Penny Bridge	A. Streeter	R. Long
Sidesmen:	Lowick	J. Gregg	
	Colton	S. Smith	
	Penny Bridge	R. Long	T. Long
26th		Sunday next before Lent (Green)	
St. Luke	Lowick	9.30 am	Methodist Service (Rev. Dr. David Jackson)
Holy Trinity	Colton	9.30 am	Holy Communion (Rev. David Bickerstedt)
St. Mary	Penny Bridge	11.00 am	Morning Worship (Rev. Brian Streeter)
Readings:	O. T. Reading	Ruth Ch. 4	
	Gospel	Matthew ch. 17 vv 1-9	
Readers:	Lowick	G. Mitchell	B. Mitchell
	Colton	J. Tarr	I. Pirnie
	Penny Bridge	C. Sadler	
Sidesmen:	Lowick	G. Mitchell	
	Colton	S. Dean	
	Penny Bridge	D. Lancaster	J. Lancaster

Getting to know Jesus better...

We are half way through chapter 12 of the book of Mark
New Living Translation of the Bible - Notes are by Matt Rich

13 Later the leaders sent some Pharisees and supporters of Herod to trap Jesus into saying something for which he could be arrested. 14 "Teacher," they said, "we know how honest you are. You are impartial and don't play favourites. You teach the way of God truthfully. Now tell us - is it right to pay taxes to Caesar or not? 15 Should we pay them, or shouldn't we?" Jesus saw through their hypocrisy and said, "Why are you trying to trap me? Show me a Roman coin, and I'll tell you." 16 When they handed it to him, he asked, "Whose picture and title are stamped on it?" "Caesar's," they replied. 17 "Well, then," Jesus said, "give to Caesar what belongs to Caesar, and give to God what belongs to God." His reply completely amazed them.

18 Then Jesus was approached by some Sadducees - religious leaders who say there is no resurrection from the dead. They posed this question: 19 "Teacher, Moses gave us a law that if a man dies, leaving a wife without children, his brother should marry

Jesus knew the difference between people with genuine questions and those that only had an aim to prove Him wrong... when you have questions about faith and God, are you hoping to prove that it is all false and wrong, that God doesn't exist and it is all made up? Or, do you ask questions because you really want to know the truth and find out if God is really there and cares about you?

Again the religious leaders were trying to think of questions to show that Jesus was false and not from God. This particular group focused on trying to prove that we don't live on when we die - that there is no afterlife. But Jesus

the widow and have a child who will carry on the brother's name. 20 Well, suppose there were seven brothers. The oldest one married and then died without children. 21 So the second brother married the widow, but he also died without children. Then the third brother married her. 22 This continued with all seven of them, and still there were no children. Last of all, the woman also died. 23 So tell us, whose wife will she be in the resurrection? For all seven were married to her." 24 Jesus replied, "Your mistake is that you don't know the Scriptures, and you don't know the power of God. 25 For when the dead rise, they will neither marry nor be given in marriage. In this respect they will be like the angels in heaven.

26 "But now, as to whether the dead will be raised - haven't you ever read about this in the writings of Moses, in the story of the burning bush? Long after Abraham, Isaac, and Jacob had died, God said to Moses, 'I am the God of Abraham, the God of Isaac, and the God of Jacob.' 27 So he is the God of the living, not the dead. You have made a serious error."

explained to them that the reason it didn't seem to make sense to them that people lived on after death was because they had misunderstood things. Jesus explained that when we die we will be different to how we are now, things will not just be the same! One thing He made clear was that we do live on after death - dying is not the end of us. Jesus didn't go into all the details and tell us exactly how things would be when we die, but He did say that we do not become angels but that in 'some ways' we will be like the angels! In other places in the Bible Jesus taught that there are two places people go to when they die - a fantastic place and an awful place.

The people Jesus was talking to did not believe anybody lived on after dying - but Jesus said to them that thinking like they do is a serious error! Would Jesus say that you are believing a serious error too? The reason this is a serious error is because, if we don't choose to follow Jesus now while we are alive, then the consequences of rejecting Him don't just stop when we die - the consequences of rejecting Jesus go on forever.

Benefice Lunch

From the beginning of 2017, the parishes in the Benefice, Holy Trinity, Colton, St. Luke's, Lowick with Blawith and St. Mary's, Egton cum Newland, have started to follow a new pattern of worship.

On the second Sunday of the month, the parishes are now getting together for a joint benefice service, at 10.30am, rotating round the churches of the three parishes each month. This month, on 12th February, we are holding the joint service at St. Luke's, Lowick with Blawith. The service will then be followed by a light lunch in the Lowick Community Hall.

You are warmly invited to come to the service and lunch, or if you would prefer, simply come and join us for food and friendship at 11.30am at Lowick Community Hall.

Brian Streeter

Penny Bridge Church Boiler Appeal

As many of you will know, we have been holding our church services in Greenodd Village Hall by kind permission and support from the Village Hall Committee. This, after our church central heating boiler was declared unfit for further use.

I write to you all, to appeal for donations towards a new central heating boiler which will cost us £6,384. I am confident that we can raise this amount as I have already received £1,226 towards the cost.

As a community, we have over the past few decades, been faced with the need to work together and support one another to retain our rural way of life. We have raised funds for our village hall, supported the retention of our Post Office and we are still able to go to our village hall as a local surgery. We have our local shops, pubs and local industries, and a thriving school. There are many

local societies and clubs using these facilities and there is a very close relationship with our neighbouring churches in this area. It is apparent that there is a genuine desire to keep these assets so vital for the survival of rural communities.

This positive attitude means that we still have our vicarage too, with our vicar Brian, and his wife Anne, serving this church and the churches at Colton and Lowick with Blawith, with the vital help of Revds David Gregg, Joanna Henson and David Bickersteth.

So please, if you can help, send in your donations to myself, Dave Lancaster (churchwarden). I live just opposite the school and can be reached on (01229) 861632. If you wish to forward cheque(s) by post, please make them payable to: P.C.C. of Egton-cum-Newland.

Mr. D. E. Lancaster,
Wetherlam, Mt. Pleasant, Greenodd, Cumbria. LA12 7RF

Children in Distress

Happy New Year and a huge thank you. Our December 2016 5p collection raised £317.00 to sponsor two children for the next 12 months.

As usual the next collection will be December 2017, so please continue to collect your 5p coins during this next year. Anyone who wishes to join in the next 5p collection is more than welcome. If we have any extra money we will be able to send the girls a Christmas or birthday present.

I will display the most recent newsletter I have received in the church and post office, to show all of the girls' progress.

It just goes to show all those 5p coins do add up. So thanks again for all your generosity.

Helen Courtman

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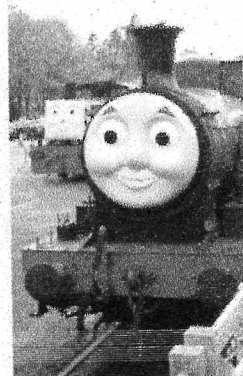
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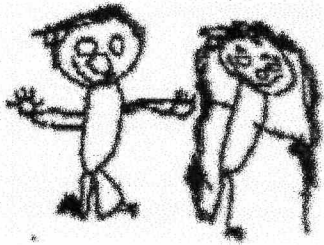
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Dear all

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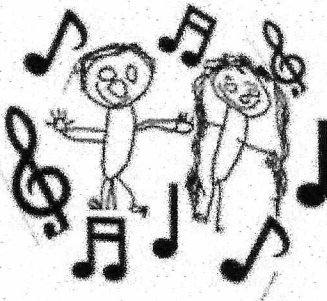
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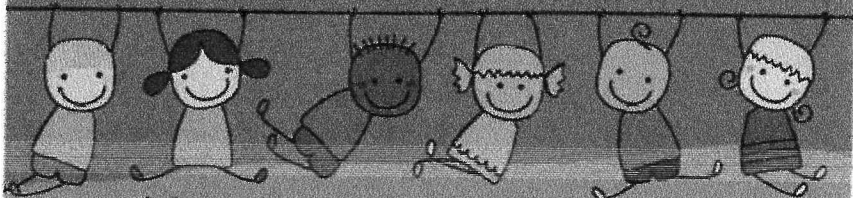
£1.50 for 1 child or £2 per family

Includes snack and drink

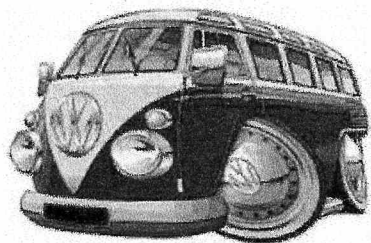
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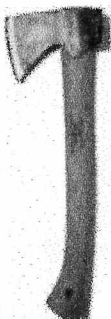
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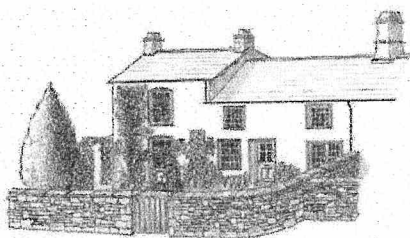
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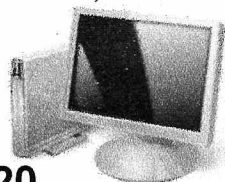
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The Royal Oak

Spark Bridge, Nr Ulverston LA12 8BS 01229 861006

royaloaksparkbridge@gmail.com

Find us on Facebook: www.facebook.com/theroyal oaksparkbridge

WINTER WARMER MENU

Starting October 31st 2016

**2 COURSES
FOR £7.95**

**3 COURSES
FOR £9.95**

MON - FRI 12-3 5-8.30pm

SOUP & SUNDAY ROAST

SERVED EVERY SUNDAY 12-8PM

£8.95

Terms and conditions apply. Two Courses can be a starter and main or main meal and dessert. This offer ends on 28th February 2017. The management reserves the right to remove any of these offers at any time. Offers are only available stated days, not available on the following dates, 24/12/16, 25/12/16, 26/12/16, 31/12/16, 24/01/17, 14/02/17. This offer can not be used in conjunction with any other offer.

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Afternoon Teas for **2-10** people. Bookings essential

Open Tuesday to Saturday

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CUMBRIA COUNTY COUNCIL

LOWICK AND OXEN PARK VOLUNTARY SOCIAL CAR SCHEME

The Voluntary Car Scheme provides transport to members of the community of any age (under 16's must be accompanied by an adult, appropriate car/booster seats must be supplied) who cannot make their journey by public or private transport.

Typical journeys include hospital appointments and visiting,
Doctor's or Dentists appointments

TRANSPORT DIFFICULTIES?

WE MAY BE ABLE TO HELP

The local contact number is 01229 885498

Water Yeat Village Hall
presents
Lakeland churches



A talk by Andy Lowe

Thursday 16th February

Doors open at 7:00 for a 7:30pm start
£3 entry, including tea/coffee on arrival.

We are very pleased to welcome back

Andy Lowe to give us another
fascinating talk on Lakeland life, history
and architecture

charity no 222932 (find us off the A5084 to Coniston - postcode LA12 8D))
For details of other events see www.wateryeatvillagehall.org.uk

WATER YEAT VILLAGE HALL

Presents



Ulverston Victoria High School Swing Band

UVHS Swing Band is currently regarded as one of the top UK school jazz ensembles. Students aged between 14 & 18, make up the band which is busy throughout the year giving public concerts. Holders of the national Specialist Schools and Academies Trust award as top state school band.

The band has appeared live on TV in the UK (Blue Peter), Belgium and Barcelona (International Music Festival), as well as being featured on BBC Radio 2 and Classic FM.

With a very mixed repertoire from 1920s swing, through Glenn Miller numbers to Michael Buble, as well as making the odd detour into soul, jazz rock, funk and power ballads an evenings entertainment is guaranteed.

FRIDAY 17th FEBRUARY 2017

7:45pm, doors open 7:15pm

Tickets: £6.50p



Visit us on Facebook and at: www.wateryeatvillagehall.org.uk

Charity No. 222932

Tel: 01229 885205 for further information.

(find us off the A5084 to Coniston - post code for Sat Nav: LA12 8DJ)

Penny Bridge CE Academy

We are very pleased to be contributing articles to The Benefice Parish Council Magazine. We hope our regular updates will provide you an insight into the life at our thriving village school.

Being in the throes of school life for the last twenty years I got used to and maybe at times took for granted the many ways Penny Bridge Academy celebrates so much of life. Writing this article and looking back through the school diary made me realise just how much the school provides. The first term began with an exciting new topic "Journeys", with a theatre group visiting the school to perform The Wizard of Oz, which ensured all children were excited about the term ahead. Following this Jenna Downing (World Inline Skater) visited school to speak to the children and started our Be The Best You Can Be project. We quickly moved onto two celebrations of Harvest and hosting a lovely pie and pea supper evening. A successful science week followed, with many parents generously providing their skills and talents and local firms providing interesting workshops. The magic of Christmas followed with Carol Services, talent shows, parties, Christmas jumper days and the moving Infant Nativity play (which always makes me proud and cry). The whole enjoyed their end of term trip to the Roxy Cinema to see a film, which was a lovely treat.

The term ahead is full of excitement, with school trips, sports activities and much loved and valued occasions arranged by Ms Smolinski and the parents such as discos and film showings.

As a school we are forward thinking and continually looking for ways to improve. We are currently looking at our Literacy provision and invested in training staff and buying resources to enable us to teach using Read Write Inc. This is a whole school initiative aimed at improving standards in reading, writing and spelling even further.

Alongside the academic standards at the school we continue to be dedicated to the development of children as kind and compassionate individuals. Children are constantly praised by

staff for having good manners, being helpful and showing care to one another. Our Christian Value "Hope" is the focus for collective worship this half term. A very special time at our school is collective worship, which happens straight after lunch. This is a time we can all get together as a school and is a time for calm and reflection. We are very fortunate to have such close links with Brian Streeter who regular visits school and engages the children in interesting and thoughtful collective worship. Praise assemblies continue to be held as a monthly for parents, which are a celebration of good work, and certificates are awarded.

Mrs Jill Armstrong

My Life at Penny Bridge CE Academy

My name is Evie and I am 6, nearly 7. I always enjoy myself in lessons plus I am in Swaledale Class, which is Year 2.

Our topic is Castles and Fairy tales and we have lots of books about them. We also have a story corner with piles and piles of books!

Our topic in Geography was Africa ' and I really enjoyed especially the painting and making the necklaces. In maths we have been learning partitioning and adding numbers like $23+46=$ which is very easy!

We have a school council. There is an after school club on a Tuesday called 'Gymnastics Club' and I go to it and we are learning a routine.

We get our own tray with our belongings in. Our teachers are Mrs Armstrong and Miss Sharp and they are very kind. Our school is very old and it is made of stone and bricks and the outside field is fantastic. Our classroom is big and colourful and we have lots of displays on the walls.

I really love going to school!

Evie Coates

Lowick Show Coffee Morning

Thursday 23rd February

The Coronation Hall, Ulverston

9.30am-11.30am

**Coffee and Biscuits
Raffle and Assorted Stalls**

Everyone Welcome

Greenodd & District Horticultural Society

ANNUAL GENERAL MEETING

Greenodd Village Hall

**Tuesday February 21st
at 7.30pm**

ALL WELCOME

certainly opened our eyes and gave us an animated meeting. We do have one spare book each month so if anyone would like to join us please say. The only requirement is that you are a member of our W.I., blackmail or what! All welcome, W.I. meetings are held on second Tuesday of the month 7.30pm. G.V.H. and Bookclub on second Monday of the month at 10.15am. at various homes. For more information call 07519144799.

Blawith & Subberthwaite Parish Council

B&S PCs most recent meeting was on 9th January 2017
Present were: Councillors Ian Jones (Chairman), Richard Sanderson (Vice-Chair), Diana Rutherford & Gill Wardle, PCSO Paul Harris, Charlotte Hall from Coniston & Crake Catchment Project and 3 members of the public

Charlotte Hall gave a short presentation updating the Parish Council of the work carried out by the Conserving Coniston & Crake Catchment HLF Project in the last year. This project is about protecting, monitoring and restoring the freshwater environment on Coniston Water, the river Crake and the wider catchment area through a program of conservation, community engagement and education.

The notification about Heritage Lottery funding for the next stage of this project will be in March.

Volunteers play a very important role in this project and work. If you are interested in learning more or volunteering, either contact Charlotte on 015395 30047 or view the projects website at <https://ccc.scrf.co.uk>

The Council has submitted their response to the National Grid consultation and this response can be viewed on the Parish Council website. There will be ongoing monitoring of these plans.

The next Council meeting will be held on Mon 13th February, 2017. Any items for the next Agenda should be sent to the Clerk at blawithclerk@gmail.com by 6th February, 2017.

Please check agendas before the meetings & for full details of the minutes, which can be viewed at www.bspc.btck.co.uk

News from Egton cum Newland W.I.

Members saw out the old year with a December meeting consisting of little business, plenty of eating, some drinking and a lot of amusement as we were richly entertained by two of our stalwart members. Now we look to the future for an inspirational program of speakers.

We started with Johan Hoving from River Deep/ Mountain High based on our doorstep at Lowick. He and his wife have built up a very successful outdoor activity centre. His talk, aided by a stream of screened photos, was very informative, relaxed and amusing. It was encouraging too, to the extent that later in the year a group of us feel inspired enough to have a go! This will most likely entail canoeing and archery but watch this space for an update.

The following information may entice you to join us for an evening. Feb 14th: Geoff Cooper "Cuba", "Going it Alone"; March 14th Dan Critchley from The Rusland movement Furniture; April 11th Ruth Sutton "Writing a Novel". It is great that local business people are prepared to come and talk to groups like us, a first time for a couple of them, and it is good to know what is going on on your doorstep and to be able to spread the word for them too.

Our book club is now well established and we are all encouraged to finish the given book so that we can join in the group discussion. We've had an interesting variety so far. We began with "The Island" by Victoria Hislop, a historical novel about Spinalonga an island off the coast of Crete. It was Greece's Leper Colony for much of the 20th century, only closing in as recently as 1957! We've since read Sense and Sensibility by Jane Austine, set in South west England, London and Sussex between 1792-97.. It tells the story of two sisters, both of age to marry who experience love, romance and heartbreak. Guess we've all been there but it was a little different in those days! At our last get together we discussed "The Road Home" by Rose Tremain. It tells us the lot of the economic migrant (Lev), who comes to Britain from an unnamed Eastern European Country ,to seek work so that he can send money back home to support his mother and little daughter. It

Lowick Parish Council

It has been announced by BT that because of very low usage of some public telephone boxes in South Lakeland they are intending to withdraw the service and remove the boxes in the next few months. One of these is the box at Lowick Bridge. As a Parish Council we have been asked to coordinate any responses to this proposal by the end of February. If anyone wishes to pass comment please respond to the Clerk, Mrs Irene Jewell, at: irene.jewell@me.uk .

Can we also repeat some information in the past two months' magazines about the need for smoke alarms. If they are battery operated then they need to be checked every month that they are active and working, and, if you haven't any, they can be fitted for FREE by Cumbria Fire Service at your convenience by telephoning 0800 358 4777.

Can you solve the word ladder?

LEAD

BALL

HAND

LOST

LOAD

GOAD

GOLD

GOAL

FOUL

DREW

CHURCH SERVICES

The Sunday Services are outlined in the Magazine with the readings. Please note that the celebrant at all services of Holy Communion will be either the Rev'd Brian Streeter, the Rev'd Joanna Henson, the Rev'd David Gregg or the Rev'd David Bickersteth.

If anyone requires sick visiting, pastoral advice or home communion, please contact the Vicar (861668).

Tottlebank Baptist Church

Services at 10.30 am every Sunday.

We are very grateful for the support of local ministers who have come forward to fill our pulpit so willingly.

Enquiries: Margaret Carter: 015395 36763
Jane Pape: 015395 32868
secretary@tottlebank.org.uk

March Parish Magazine

Please can all items for the magazine be emailed to Matt Rich
email@chatnow.org.uk

If you don't have a computer please find a friend who can email your report in, rather than delivering it by hand

I will always reply to let you know I have received your email.
If you don't get a reply in a few days then please send it again.

Items for the next magazine to be in by Sunday 19th February

List of Useful Contact Details

AGE UK (Kendal)	01539 728180
ALCOHOLICS ANONYMOUS	08457 697555
BRITISH RED CROSS	01229 835410
CHILDLINE	0800 1111
CITIZENS ADVICE BUREAU	01539 447185
HIGHWAYS HOTLINE	0845 609 6609
SAMARITANS	01229 825656
SOUTH LAKELAND DISTRICT COUNCIL	01539 733333
ULVERSTON LIBRARY	01229 404151
GREENODD POST OFFICE AND STORE	01229 861201

P. O. Hours are:

Monday 1.30pm - 5.30pm

Tuesday 9.00am - 12.30pm

Friday 9.00am - 12.30pm

LOCAL PARISH COUNCILS (CLERKS)

BLAWITH & SUBBERTHWAITE	blawithclerk@gmail.com
COLTON	01229 861408
EGTON-WITH-NEULAND	enmoparishcouncil@hotmail.com
LOWICK	01229 885685

If you have any suggestions for other numbers
please contact David Gregg - 885258