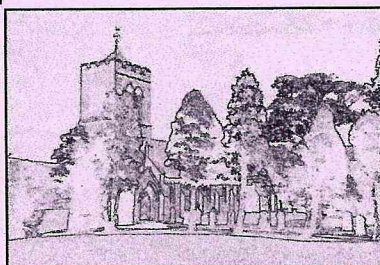


Parish News

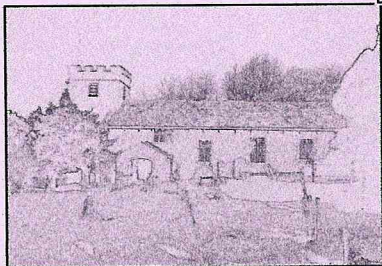
**Egton-cum-Newland
Lowick with Blawith
and Colton**



**St Mary
the Virgin**



St Luke



Holy Trinity

December 2019

Who's Who?

[illegible]

Retired Priests	Rev'd J. Henson	Woodside Cottage, Colton	861800
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Rev'd. D. Bickersteth "Sunny Brae", Greenodd 861184

Rev'd H. Welch 10 Bobbin Mill, Spark Bridge 861068

Rev'd I. Swift ijeswift@googlemail.com 01539 521337

Local Lay Minister : Mrs B Watson Rosegarth, Penny Bridge 861638

Lay Reader : Mrs P Priestley Green House Farm, Bandrake Head 861866

Holy Trinity, Colton

Churchwarden Mr J Tarr 5 Appletree Road, Ulverston 586174

PCC Secretary Mrs R Tarr 5 Appletree Road, Ulverston 586174

PCC Treasurer Mr N Priestley

Gift Aid Contact Mr J Tarr 5 Appletree Road, Ulverston 586174

St Mary the Virgin, Egton-cum-Newland

Churchwardens Mr D Lancaster Wetherlam, Greenodd 861632

Mrs B Watson	Rosegarth, Penny Bridge	861638
--------------	-------------------------	--------

PCC Secretary Mrs J Hallatt Fairholme, Penny Bridge 861673

PCC Treasurer Miss C Styles The Nook, Bouth

Gift Aid Contact Mr E Line Rosegarth, 1 Ellis Wood 861198

Penny Bridge School	861307
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St Luke, Lowick with Blawith

Churchwardens	Mr S Wood		
	Mrs S Wood	The Cottage, Water Yeat	885213

Mrs S Wood	The Cottage, Water Yeat	885213
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PCC Secretary Mrs M Calvert Becksde House, Blawith 885498

PCC Treasurer Mr B Mitchell Auburne Cottage, Lowick Grn 885691

Gift Aid Contact Mr B Mitchell Auburne Cottage, Lowick Grn 885691

News Editor Send items to admin@conistonandcrakechurches.co.uk

Pastoral letter - December

Dear Friends

At this time of year we are beginning to turn our thoughts to Christmas and it is fairly common to write a Christmas to do list, for example.....

- Buy presents
- Wrap gifts
- Send gifts
- Shop for food
- Go and see the lights

Perhaps we could change that and make a new list!
So here's a NEW Christmas to do list

- Be PRESENT. Don't make excuses not to join in.
- WRAP someone in a hug – a lot of people never get a hug and it might be the nicest thing they receive this Christmas. Go on.....don't be shy!
- SEND peace
- Donate FOOD. Now is the time to start to give our local food bank a head start by giving Christmas goodies so that no-one is left out.
- Come to worship THE LIGHT OF THE WORLD!

Who is this light of the world. It is Jesus!

John writes:

In the beginning the Word already existed.

The Word was with God, and the Word was God.

He existed in the beginning with God.

God created everything through him,

and nothing was created except through him.
The Word gave life to everything that was created,
and his life brought light to everyone.
The light shines in the darkness,
and the darkness can never extinguish it.

Jesus can and will bring light into your life too, if you only ask.

Wishing you all a peaceful time this Christmas
Your sister in Christ
Joanna

PS. A thought.....When did Jesus say you should buy so much stuff to celebrate his birthday?

January Parish Magazine

The new Benefice Magazine is due to launch in January 2020; this will replace the existing Coniston and Torver Parish Newsletter and the Egton cum Newland, Lowick with Blawith and Colton Parish News.

Due to the Christmas holidays, the deadline for inclusion for JANUARY is **Sunday 8th December** – please forward all your news and “What’s On” items to

admin@conistonandcrakechurches.co.uk

or leave at the Vicarage by 6th December. Please also send information about any regular events that can be added to the calendar.

If you would like to advertise in the new Benefice Magazine, please contact Juliet on 07884 232281.

Services and Rotas for December 2019

1st	First Sunday of Advent (purple)		
St. Luke	Lowick	9.30 am	Holy Communion (CW1) (Rev Ian Swift)
Holy Trinity	Colton	9.30 am	Morning Worship (Donald Wroe)
St. Mary	Penny Bridge	11.00 am	Morning Worship (Pam Priestley)
Readings:	First Reading	Isaiah	2.1 - 5
	Second Reading	Matthew	24.36 - 44
Readers:	Lowick	A. Naylor	J. Baxter
	Colton	TBA	
	Penny Bridge	C. Sadler	S. James
Sidesmen:	Lowick	S. Wood	J. Wood
	Colton	S. King	
	Penny Bridge	B. Law	J. Law
6th	Friday		
St. Luke	Lowick	6pm	Carols and Candlelight (Peter Fox)
8th	Second Sunday of Advent (purple)		
Holy Trinity	Colton	10.30 am	Combined Service of Holy Communion (CW1) (Rev Harry Welch)
Readings:	First Reading	Isaiah	11.1 - 10
	Second Reading	Matthew	3.1 - 12
Readers:	Colton	TBA	
Sidesmen:	Colton	M. Sanders	
15th	Third Sunday of Advent (purple)		
St. Luke	Lowick	9.30 am	Morning Worship (Peter Fox)
Holy Trinity	Colton	9.30 am	Morning Worship (Rev Joanna Henson)
St. Mary	Penny Bridge	11.00 am	Holy Communion by Extension (Peter Fox)
Readings:	First Reading	Isaiah	35.1 - 10
	Second Reading	Matthew	11.2 - 11
Readers:	Lowick	E. Wardle	M. Calvert
	Colton	TBA	
	Penny Bridge	B. Watson	D. Lancaster
Sidesmen:	Lowick	B. Mitchell	G. Mitchell
	Colton	R. Smith	
	Penny Bridge	R. Long	T. Long
22nd	Fourth Sunday of Advent (purple)		
St. Luke	Lowick	9.30 am	Methodist Communion (Rev Graham Ransom)
Holy Trinity	Colton	3.00 pm	Carol Service (Pam Priestley)
St. Mary	Penny Bridge	11.00 am	Carol Service (Rev Joanna Henson)
Readings:	First Reading	Isaiah	5.2 - 5a
	Second Reading	Matthew	1.18 - 25
Readers:	Lowick	B. Mitchell	G. Mitchell
	Colton	TBA	
Sidesmen:	Lowick	J. Wood	S. Wood
	Colton	S. Dean	S. Smith
	Penny Bridge	E. Line	C. Line
24th	Christmas Eve (purple)		
St. Luke	Lowick	3pm	Childrens' Service (Rev Joanna Henson and Pam Priestley)
Sidesmen:	Lowick	G. Mitchell	B. Mitchell
25th	Christmas Day (white)		
St. Luke	Colton	10.30am	Combined Service of Holy Communion (CW1)(Rev Joanna Henson)
29th	Second Sunday of Christmas (white)		
St. Mary	Penny Bridge	10.30 am	Combined Service of Holy Communion (CW1)(Rev Harry Welch)
Readings:	First Reading	Isaiah	63.7 - 9
	Second Reading	Matthew	2.13 - 23
Readers:	Penny Bridge	C. Sadler	S. James
Sidesmen:	Penny Bridge	D. Lancaster	J. Lancaster

Getting to know Jesus better...

This month we finish looking at John chapter 6

English Standard Version of the Bible

Notes by Matt Rich, pastor of Bethany Christian Church, Ulverston

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Truly, truly, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Whoever feeds on my flesh and drinks my blood has eternal life, and I will raise him up on the last day.

For my flesh is true food, and my blood is true drink. Whoever feeds on my flesh and drinks my blood abides in me, and I in him. As the living Father sent me, and I live because of the Father, so whoever feeds on me, he also will live because of me.

This is the bread that came down from heaven, not like the bread the fathers ate, and died. Whoever feeds on this bread will live forever." Jesus said these things in the synagogue, as he taught at Capernaum.

All of Jesus' talk about them needing to eat His flesh and blood was beginning to confuse them as they kept convincing themselves that He was talking about literal, physical food. A few moments later later Jesus explains that whoever feeds on Him will live forever - this makes it clear that He is not describing physical things!

What Jesus is actually referring to is how they (and we) need to so rely on, and depend on, His death on the cross in our place that its like food to our bodies - food that gives us life! But in this case, spiritual life. He is saying that in the same way that to live physically we need real physical food, to live spiritually we all need to rely on His body being killed and His blood being spilled. This is the spiritual food that we all need!

When many of his disciples heard it, they said, "This is a hard saying; who can listen to it?" But Jesus, knowing in himself that his disciples were grumbling about this, said to them, "Do you take offence at this? Then what if you were to see the Son of Man ascending to where he was before? It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life. But there are some of you who do not believe." (For Jesus knew from the beginning who those were who did not believe, and who it was who would betray him.) And he said, "This is why I told you that no one can come to me unless it is granted him by the Father."

After this many of his disciples turned back and no longer walked with him. So Jesus said to the Twelve, "Do you want to go away as well?" Simon Peter answered him, "Lord, to whom shall we go? You have the words of eternal life, and we have believed, and have come to know, that you are the Holy One of God." Jesus answered them, "Did I not choose you, the Twelve? And yet one of you is a devil." He spoke of Judas the son of Simon Iscariot, for he, one of the Twelve, was going to betray him.

Jesus explained that His words contain spiritual truth that people need to rely on and believe.

When Jesus was here on earth He knew who really believed and who didn't. It is the same today, He knows now who really believes and who doesn't.

When times are tough, how we act shows what we really believe about God. Peter was convinced that Jesus was the one who had come to rescue him and that He needed to keep following Jesus no matter how hard life became - is that what you think?

Prayer Hour

First Wednesday of each month, an opportunity to meet for just one hour in Penny Bridge church, to pray for items posted on the prayer board, for the churches in our Benefice, for our communities, and for the wider world.

Next Prayer Hour: **Wednesday 4th December, 10am-11am.**

Coffee and Chat

At a recent Coffee and Chat during a Flu vaccination clinic several people said they were unaware of these regular meetings. If you are not aware of them we hold a "Coffee and Chat" session once a month on the 3rd Wednesday of the month 10.30-11.30am. In Greenodd Village Hall. There is no charge for this as costs are covered by Haverthwaite Surgery. However everyone is welcome and you don't need to be a patient at the surgery to join us. There will simply be a cup of coffee/tea and biscuits and someone to talk to.

The next one is Wednesday 20th November.

Please do come and join us.

Changes coming soon to the Magazine

We would like local businesses to benefit from advertising to our newly enlarged readership at extremely reasonable rates – a small advert will cost less than £40 per year for monthly publication and would include advertising on our new Coniston and Crake Churches website, due to go live shortly.

If you do not currently advertise and would like to know more,

admin@conistonandcrakechurches.co.uk

07884 232281

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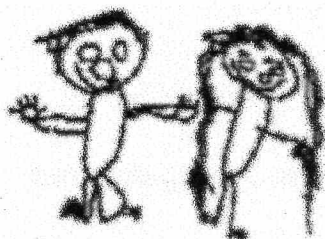


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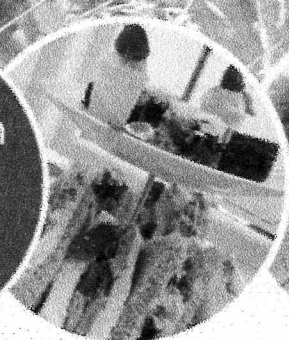
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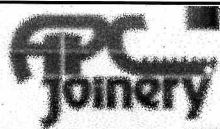
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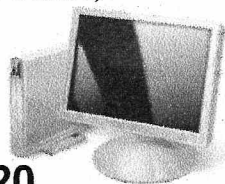
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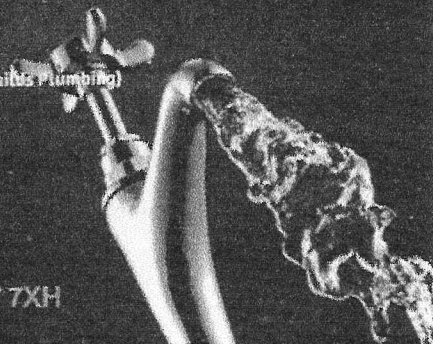
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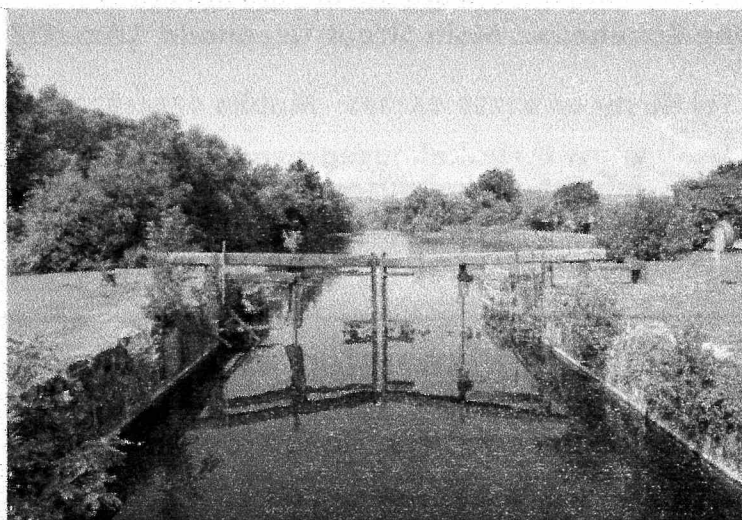


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Chairman of the Ulverston Canal Regeneration
Group to give an illustrated talk



ULVERSTON CANAL – PAST, PRESENT AND FUTURE

**THURSDAY, 28th NOVEMBER 2019 at
7.30pm**

£3 includes tea/coffee/biscuit on arrival

For details of other events, see our website www.wyvvh.btck.co.uk

Carols & Candlelight At St. Luke Lowick

On

Friday 6th December

6:00 till 7:00pm

Refreshments Afterwards In

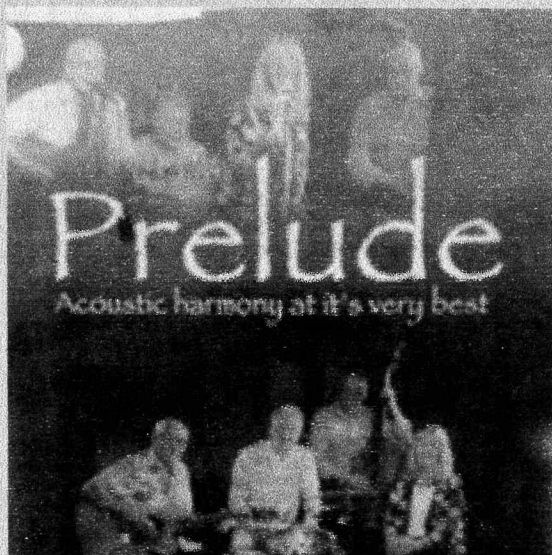
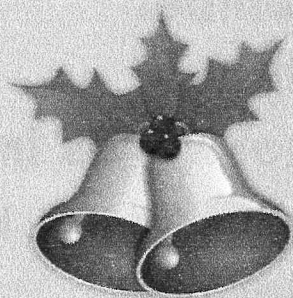
Lowick Community Hall

All Most Welcome



WATER YEAT VILLAGE HALL S

Festive Pie & Peas Christmas Party with



The legendary folk-rockers, who provided backing vocals on Ralph McTell's massive hit *The Streets of London*, are still thrilling audiences around the country with their unique mix of self-penned material and their favourite songs by the likes of Paul Simon, James Taylor, Roy Orbison and, of course, their 70s hit acapella version of Neil Young's *After the Goldrush*.

FRIDAY, 13TH DECEMBER at 7.30pm,
£10 ON THE DOOR or OR FROM www.wegotickets.com/wateryeatvillagehall

LOCALLY COOKED PIE & PEAS/VEG OPTION AT THE
INTERVAL +£6

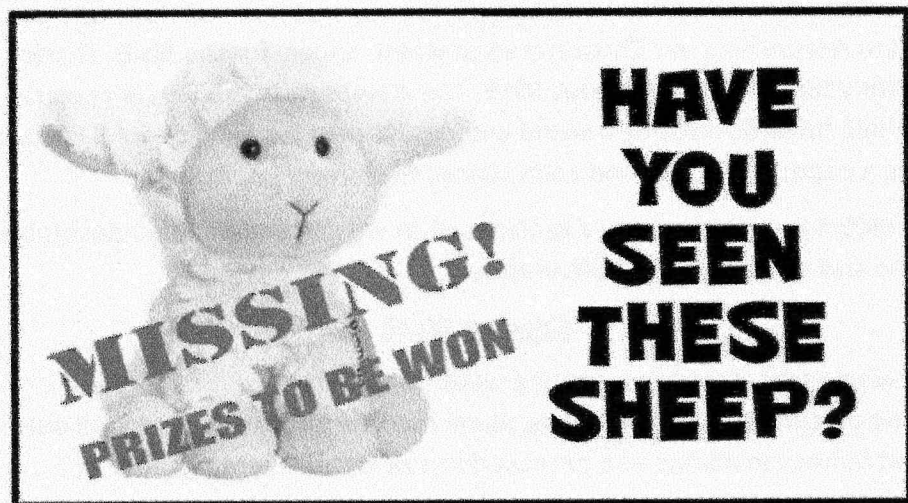
Order in advance by Sunday 8th December from

j.siddle@live.uk 01229 885200 *Cabaret-style seating.*

Bring your own drinks and nibbles. SATNAV LA12 8DJ

SHEEP MISSING!

Help Needed...



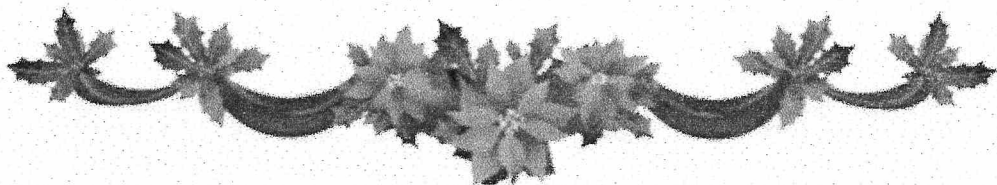
Ulverston Shops

25th November-15th December

A shepherd was on his way to Bethlehem to visit Jesus and took a path though Ulverston where he lost his sheep - He needs your help! Visit the shops listed to find them. Each sheep has a name - find all the sheep to discover the secret message!

FREE TRAIL GUIDE
at Cornerstone Bookshop

or **DOWNLOAD** from
www.Bethany.org.uk



Penny Bridge CE Academy

December Newsletter

We are relaunching our Christmas used stamp appeal for the RNIB. Thank you for your efforts throughout 2019. The stamps raise money for research and help towards creating a world without barriers for blind people. Please leave a paper margin around each stamp, this is very important.

The RNIB has sent everyone a braille card so we can understand how braille works and appreciate the skills involved.

Creative Week

The whole school spent an exciting week on topics based around the theme of 'survival'. We built dens, made models, wrote poetry, found out about famous explorers and produced lots of creative writing.

Sports News

Members of years 5 & 6 won the Inter schools Athletics competition against seven local primary schools. Speed bounce, triple jump, obstacle races, javelin and running were a few of the events we participated in.

Merry
Christmas

From Penny Bridge Academy

Marley (Year 5, age 10)



CHURCH SERVICES

The Sunday Services are outlined in the Magazine with the readings. Please note that the celebrant at all services of Holy Communion will be either the Rev'd Brian Streeter, Rev'd Joanna Henson, Rev'd David Bickersteth or Rev'd Harry Welch.

If anyone requires sick visiting, pastoral advice or home communion, please contact the Vicar (861668).

Tottlebank Baptist Church

Tottlebank Baptist Church welcomes you to our Sunday Services at 10.30 am and midweek meetings on Wednesdays 7.15pm

Enquiries to...

Jane Pape 015395 32868

January Parish Magazine

The new Benefice Magazine is due to launch in January 2020; this will replace the existing Coniston and Torver Parish Newsletter and the Egton cum Newland, Lowick with Blawith and Colton Parish News.

Due to the Christmas holidays, the deadline for inclusion for JANUARY is **Sunday 8th December** – please forward all your news and “What’s On” items to

admin@conistonandcrakechurches.co.uk

or leave at the Vicarage by 6th December. Please also send information about any regular events that can be added to the calendar.

If you would like to advertise in the new Benefice Magazine, please contact Juliet on 07884 232281.

List of Useful Contact Details

AGE UK (Kendal)	01539 728180
ALCOHOLICS ANONYMOUS	08457 697555
BRITISH RED CROSS	01229 835410
CHILDLINE	0800 1111
CITIZENS ADVICE BUREAU	01539 447185
HIGHWAYS HOTLINE	0845 609 6609
SAMARITANS	01229 825656
SOUTH LAKELAND DISTRICT COUNCIL	01539 733333
ULVERSTON LIBRARY	01229 404151
GREENODD POST OFFICE AND STORE	01229 861201

P. O. Hours are: Monday 1.30pm - 5.30pm
Tuesday 9.00am - 12.30pm
Friday 9.00am - 12.30pm

LOCAL PARISH COUNCILS (CLERKS)

BLAWITH & SUBBERTHWAITHE	blawithclerk@gmail.com
COLTON	coltonpc@btinternet.com
EGTON-WITH-NEWLAND	enmoparishcouncil@hotmail.com
LOWICK	01229 885685

LOCAL DISTRICT COUNCILLORS

ANNE HALL	anne.hall@southLakeland.gov.uk
IAN WHARTON	ian.wharton@southLakeland.gov.uk
TRACY COWARD	tracy.coward@southLakeland.gov.uk

CUMBRIA COUNTY COUNCIL

LOWICK AND OXEN PARK

VOLUNTARY SOCIAL CAR SCHEME

The Voluntary Car Scheme provides transport to members of the community of any age (under 16's must be accompanied by an adult, appropriate car/booster seats must be supplied) who cannot make their journey by public or private transport.

Typical journeys include hospital appointments and visiting, Doctor's or Dentist's appointments

TRANSPORT DIFFICULTIES?

WE MAY BE ABLE TO HELP

The local contact number is 01229 885498