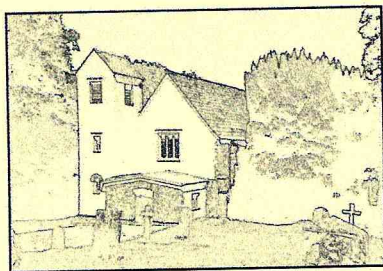


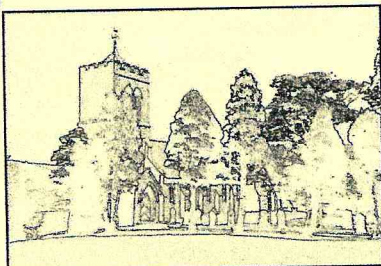
# **Parish News**

**Egton-cum-Newland  
Lowick with Blawith  
and Colton**



**St Mary  
the Virgin**

**St Luke**



**Holy Trinity**

**July 2019**

# Who's Who?

|                                            |                       |                                 |              |
|--------------------------------------------|-----------------------|---------------------------------|--------------|
| Vicar                                      | Rev'd B. Streeter     | The Vicarage, Penny Bridge      | 861668       |
| <b>Brian and Anne's rest day is Friday</b> |                       |                                 |              |
| Retired Priests                            | Rev'd J. Henson       | Woodside Cottage, Colton        | 861800       |
|                                            | Rev'd. D. Bickersteth | "Sunny Brae", Greenodd          | 861184       |
|                                            | Rev'd H. Welch        | 10 Bobbin Mill, Spark Bridge    | 861068       |
|                                            | Rev'd I. Swift        | ijeswift@googlemail.com         | 01539 521337 |
| Local Lay Minister :                       | Mrs B Watson          | Rosegarth, Penny Bridge         | 861638       |
| Lay Reader :                               | Mrs P Priestley       | Green House Farm, Bandrake Head | 861866       |

## Holy Trinity, Colton

|                  |                |                             |        |
|------------------|----------------|-----------------------------|--------|
| Churchwarden     | Mr J Tarr      | 5 Appletree Road, Ulverston | 586174 |
| PCC Secretary    | Mrs R Tarr     | 5 Appletree Road, Ulverston | 586174 |
| PCC Treasurer    | Mr N Priestley |                             |        |
| Gift Aid Contact | Mr J Tarr      | 5 Appletree Road, Ulverston | 586174 |
| Colton News      | Mr D Wroe      | Barnside, Bouth             | 861275 |

## St Mary the Virgin, Egton-cum-Newland

|                     |                |                         |        |
|---------------------|----------------|-------------------------|--------|
| Churchwardens       | Mr D Lancaster | Wetherlam, Greenodd     | 861632 |
|                     | Mrs B Watson   | Rosegarth, Penny Bridge | 861638 |
| PCC Secretary       | Mrs J Hallatt  | Fairholme, Penny Bridge | 861673 |
| PCC Treasurer       | Miss C Styles  | The Nook, Bouth         |        |
| Gift Aid Contact    | Mr E Line      | Rosegarth, 1 Ellis Wood | 861198 |
| News Editor         | Send items to  | email@chatnow.org.uk    | 885249 |
| Penny Bridge School |                |                         | 861307 |

## St Luke, Lowick with Blawith

|                  |               |                             |        |
|------------------|---------------|-----------------------------|--------|
| Churchwardens    | Mr S Wood     |                             |        |
|                  | Mrs S Wood    | The Cottage, Water Yeat     | 885213 |
| PCC Secretary    | Mrs M Calvert | Beckside House, Blawith     | 885498 |
| PCC Treasurer    | Mr B Mitchell | Auburne Cottage, Lowick Grn | 885691 |
| Gift Aid Contact | Mr B Mitchell | Auburne Cottage, Lowick Grn | 885691 |
| News Editor      | Send items to | email@chatnow.org.uk        | 885249 |

Sunny Brae, Greenodd

Dear Friends

July is a peak month for holidays, especially once the schools finish for the summer break. Gillian and I took flight at the end of May and travelled to far off Alaska and North Western Canada. It's an amazing area of wilderness, we encountered a number of bears and a variety of large breed deer plus many sightings of bald eagles in our travels. I even saw a huge grizzly swimming across a fjord in Alaska. I recommend the area if you are interested in wilderness wild life.

We took the Yukon trail from Skagway in Alaska following the gold prospectors of the late nineteenth century. Skagway today has a resident population of about the size of Greenodd and Penny Bridge, but it swells in the summer to cope with the daily invasion of visitors arriving by cruise liners. I have never seen so many churches, I looked up the number and found a web site with a list of the best thirty churches in Skagway! They all look used and in good order, I guess you could probably go to a different church each Sunday of the season from Trinity to Christmas!

America is still a 'religious' nation, but only the Lord knows the commitment of each heart. Jesus prayed that his followers may be one, that the world may believe (John 17). How we have ignored His longest recorded prayer! Of course unity is not uniformity; the Keswick Convention, which gathers Christians in their thousands every July, has the banner, 'for you are all one in Christ Jesus' (Gal 3:28). True followers of Christ know their unity in the Spirit, but it's also good when we worship and witness together in unity.

On our Alaskan cruise, the liner put on a daily Mass for the Roman Catholics, but only provided a smallish room for Sunday worship for all other Christians. I found myself taking a lead in an hours worship on Sunday, we struggled to sing, but it was good to pray with believers from many nations. No provision had been made for the service time and if I had known I would have prepared an act of worship, still we did our best. The following Sunday we went to early Communion in the Anglican cathedral in Vancouver, it started

late as the person responsible for unlocking didn't turn up! But once under way the familiar words from the Book of Common Prayer created a sense of unity amongst the gathered congregation and dean gave a lengthy homily (for 8-15 a.m.)

Holidays began in medieval times as 'holy days', for they were the only breaks many had from daily grind. Today it's good to take opportunity if away from home, to worship in different settings and meet fellow believers. It's good to recognise our unity in Christ. But how can we create further unity of witness here in the Crake Valley? Our shared services and shared meals are a major contribution to our unity and witness. One day, in the new Heaven and Earth, we will be a part of the great cloud of witnesses worshipping the Lamb upon the throne! If that idea doesn't appeal, then will you be happy in Heaven? It's good to start practicing for the new life in Christ, which really begins in the here and now.

So enjoy your holiday's and if possible join a local congregation to experience others in worship. It's what Jesus asks of us – that we practice unity and love.

Yours in Christ, David

## **RESIGNATIONS AT PENNY BRIDGE CE ACADEMY**

A number of parents whose children attend Penny Bridge CE Academy have asked me why I did not lead the School Easter Service at Penny Bridge Church last April as I usually do, and a few children have commented that they have not seen me at the school for a while. It is important that I now explain why.

At the end of February of this year I took the reluctant decision to resign as a governor from the governing board of the school, as have 3 other governors too.

As a consequence, I believe that I cannot in good conscience carry out my usual activities in support of the school.

*Revd. Brian Streeter*



## Services and Rotas for July 2019

|                        |                                            |              |                                                               |
|------------------------|--------------------------------------------|--------------|---------------------------------------------------------------|
| <b>7<sup>th</sup></b>  | <b>Third Sunday after Trinity (green)</b>  |              |                                                               |
| <b>St. Luke</b>        | Lowick                                     | 9.30 am      | Holy Communion (BCP) (Rev Brian Streeter)                     |
| <b>Holy Trinity</b>    | Colton                                     | 9.30 am      | Morning Worship (Donald Wroe)                                 |
| <b>St. Mary</b>        | Penny Bridge                               | 11.00 am     | Morning Worship (Rev Brian Streeter)                          |
| Readings:              | First Reading                              | Revelation   | 2.12 - 17                                                     |
|                        | Second Reading                             | Matthew      | 10.26 - 39                                                    |
| Readers:               | Lowick                                     | A. Naylor    | J. Baxter                                                     |
|                        | Colton                                     | J. Pickles   | G. Wallace                                                    |
| Sidesmen:              | Penny Bridge                               | B. Watson    | D. Lancaster                                                  |
|                        | Lowick                                     | S. Wood      | J. Wood                                                       |
|                        | Colton                                     | S. King      |                                                               |
|                        | Penny Bridge                               | J. Lancaster | D. Lancaster                                                  |
| <b>14<sup>th</sup></b> | <b>Fourth Sunday after Trinity (green)</b> |              |                                                               |
| <b>St. Mary</b>        | Penny Bridge                               | 10.30 am     | Combined Service of Holy Communion (CW1) (Rev Brian Streeter) |
| Readings:              | First Reading                              | Revelation   | 2.18 - 29                                                     |
|                        | Second Reading                             | Mark         | 1.14 - 15                                                     |
| Readers:               | Penny Bridge                               | S. James     | C. Styles                                                     |
| Sidesmen:              | Penny Bridge                               | C. Line      | E. Line                                                       |
| <b>21<sup>st</sup></b> | <b>Fifth Sunday after Trinity (green)</b>  |              |                                                               |
| <b>St. Luke</b>        | Lowick                                     | 9.30 am      | Morning Worship (Rev Harry Welch)                             |
| <b>Holy Trinity</b>    | Colton                                     | 9.30 am      | Holy Communion by Extension (CW1) (Peter Fox)                 |
| <b>St. Mary</b>        | Penny Bridge                               | 11.00 am     | Holy Communion by Extension (CW1) (Peter Fox)                 |
| Readings:              | First Reading                              | Revelation   | 3.1 - 6                                                       |
|                        | Second Reading                             | Matthew      | 23.27 - 30                                                    |
| Readers:               | Lowick                                     | E. Wardle    | M. Calvert                                                    |
|                        | Colton                                     | S. Lydon     | R. Smith                                                      |
| Sidesmen:              | Penny Bridge                               | R. Long      | D. Lancaster                                                  |
|                        | Lowick                                     | S. Wood      | S. Wood                                                       |
|                        | Colton                                     | S. Dean      |                                                               |
|                        | Penny Bridge                               | R. Long      | T. Long                                                       |
| <b>28<sup>th</sup></b> | <b>Sixth Sunday after Trinity (green)</b>  |              |                                                               |
| <b>St. Luke</b>        | Lowick                                     | 9.30 am      | Methodist Communion (Rev Graham Ransom)                       |
| <b>Holy Trinity</b>    | Colton                                     | 9.30 am      | Holy Communion (CW1) (Rev Brian Streeter)                     |
| <b>St. Mary</b>        | Penny Bridge                               | 11.00 am     | Holy Communion (CW1) (Rev Brian Streeter)                     |
| Readings:              | First Reading                              | Revelation   | 3.7 - 13                                                      |
|                        | Second Reading                             | John         | 3.14 - 27                                                     |
| Readers:               | Lowick                                     | A. Naylor    | G. Ransom                                                     |
|                        | Colton                                     | S. Lydon     | G. Wallace                                                    |
| Sidesmen:              | Penny Bridge                               | C. Styles    | D. Lancaster                                                  |
|                        | Lowick                                     | S. Wood      | S. Wood                                                       |
|                        | Colton                                     | S. Smith     |                                                               |
|                        | Penny Bridge                               | B. Law       | J. Law                                                        |

# Getting to know Jesus better...

This month we continue to look at John, chapter 5

English Standard Version of the Bible

**Notes by Matt Rich, pastor of Bethany Christian Church, Ulverston**

You search the Scriptures because you think that in them you have eternal life; and it is they that bear witness about me, yet you refuse to come to me that you may have life. I do not receive glory from people. But I know that you do not have the love of God within you.

I have come in my Father's name, and you do not receive me. If another comes in his own name, you will receive him. How can you believe, when you receive glory from one another and do not seek the glory that comes from the only God? Do not think that I will accuse you to the Father. There is one who accuses you: Moses, on whom you have set your hope. For if you believed Moses, you would believe me; for he wrote of me. But if you do not believe his writings, how will you believe my words?"

After this Jesus went away to the other side of the Sea of Galilee, which is the Sea of Tiberias. And a large crowd was following him, because they saw the signs that he was doing on the sick. Jesus went up on the mountain, and there he sat

*What Jesus is talking about in this section is how the whole of the Old Testament is about Him, or pointing to Him. It doesn't mention Jesus by name, but the stories, the promises, the events and the predictions are all about how someone special from God was coming and He was going to rescue them by suffering in their place.*

*Jesus is explaining that all the books that Moses wrote point to Him... if the people don't turn and follow Him they are rejecting both Jesus and Moses, who they claim to follow!*

down with his disciples. Now the Passover, the feast of the Jews, was at hand. Lifting up his eyes, then, and seeing that a large crowd was coming toward him, Jesus said to Philip, "Where are we to buy bread, so that these people may eat?" He said this to test him, for he himself knew what he would do.

Philip answered him, "Two hundred denarii worth of bread would not be enough for each of them to get a little." One of his disciples, Andrew, Simon Peter's brother, said to him, "There is a boy here who has five barley loaves and two fish, but what are they for so many?"

Jesus said, "Have the people sit down." Now there was much grass in the place. So the men sat down, about five thousand in number. Jesus then took the loaves, and when he had given thanks, he distributed them to those who were seated. So also the fish, as much as they wanted. And when they had eaten their fill, he told his disciples, "Gather up the leftover fragments, that nothing may be lost." So they gathered them up and filled twelve baskets with fragments from the five barley loaves left by those who had eaten. When the people saw the sign that he had done, they said, "This is indeed the Prophet who is to come into the world!"

*Jesus is God and always knows the right and best thing to do - He always has a good plan.*

*Some people try to explain away miracles like this one because they don't seem possible... but that is to completely miss the point. A miracle is meant to be something impossible and it is there to show us that Jesus is different to the rest of us and that people should listen to Him. At the end of the miracle we can see that the people were shocked by what had happened... they wouldn't have been shocked if they had all just got their own bread and fish out to eat... which is what some people like to claim happened!*

# Conserving Coniston & Crake Project Update

We have lots of opportunities coming up to get involved from coppicing work to reedbed restoration.

Volunteers are currently carrying out basic surveys of buffer strips that have been created through fencing projects, to record plant and invertebrate species.

We're also looking for a small number of volunteers in July to help with our fish monitoring programme where we carry out juvenile fish surveys using electro-fishing techniques. We are also looking to hold a demonstration session of this if there is enough interest. Please get in touch if you would like to be involved.

## **Family Activity Day 31st July 10am – 3pm. Free, drop-in.**

Join the Conserving Coniston & Crake team and the National Trust for a day of fun freshwater activities on the edge of Coniston water at Hoathwaite Campsite. Get arty with crafts, skim stones and look for minibeasts in the beck. It's also International Year of the Salmon so make a willow fish & play the Salmon Run game. Limited parking but you can walk along the shore to the site.

Look on our website for more details. We'll also be at the summer shows so drop in and say hello.

Kath Smith,

Communities & Engagement: [kath@scrt.co.uk](mailto:kath@scrt.co.uk)

mob: 0782573109 or office 01539 530047

*Conserving Coniston & Crake is a 3-year HLF project with the aim of improving water quality, habitat and biodiversity in the catchment area, through conservation activities and community engagement. The project, initiated by the Coniston & Crake Catchment Partnership, is managed by South Cumbria Rivers Trust and supported by The National Trust and the Lake District National Park Authority.*



Blawith And Subberthwaite

Boon Day



Saturday 20<sup>th</sup> July, 10am, Old Church Blawith  
(Weather Permitting)

Georgie and Liam welcome us once again to their lovely home in the converted church at Blawith. Please bring a contribution to the lunch, all drinks will be provided.

You are welcome to come along at any time during the day to help us in our continued efforts to maintain the church yard as a healthy, thriving environment for all to enjoy.

You will need basic gardening tools (e.g. trowel and rake) plus strong shoes, gloves and old clothes.

Hope to see you there.

Diana (Parish Council)

Simon (Parish Church Council)



# LOWICK SHOW

Saturday 7<sup>th</sup> September 2019

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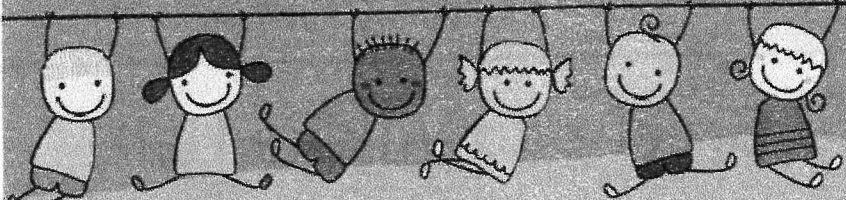
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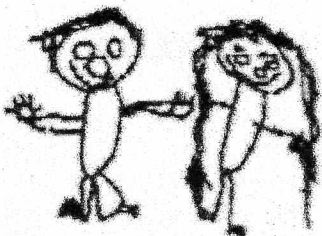
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Lisa Grave 01229 861834

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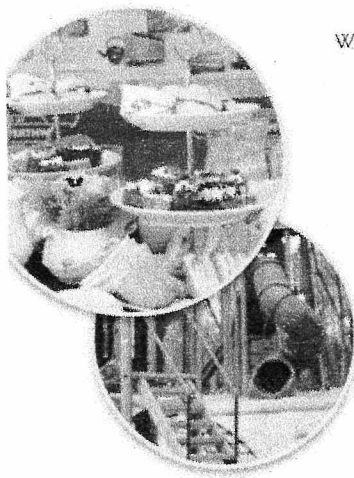
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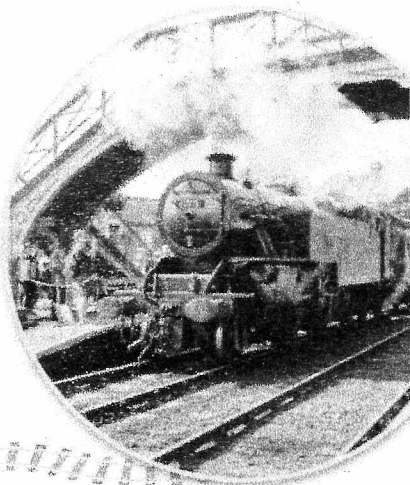
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**[info@thebakehousegreenodd.co.uk](mailto:info@thebakehousegreenodd.co.uk)**

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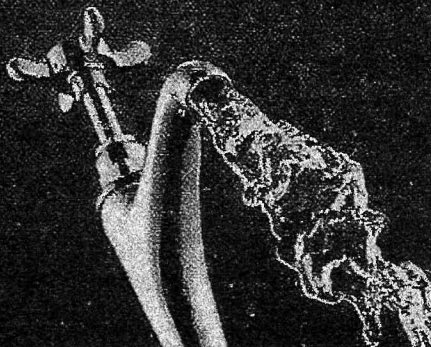


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# **BLAWITH & SUBBERTHWAITE PARISH COUNCIL**

[www.bspc.btck.co.uk](http://www.bspc.btck.co.uk) email: [blawithclerk@gmail.com](mailto:blawithclerk@gmail.com)

B&S PCs most recent meeting was on 10<sup>th</sup> June, 2019.

Present were: Councillors: Ian Jones (Chairman), Richard Sanderson (Vice-Chair), Bill Fox, Diana Rutherford and Gill Wardle, District Cllr Anne Hall; District Cllr Ian Wharton & County Cllr Matt Brereton.

Cllr Wharton introduced himself and was welcomed as a new District Councillor. He is raising the issue of wild camping in the area and problems that occur such as littering and fires, damage to trees. He is talking with various agencies about measures to limit the negative effects whilst still encouraging people to enjoy the area. Signage was suggested and Cllr Rutherford will take that to the school as a possible Childrens project.

Highways issues – the whitelining on the narrow stretch between Blawith & Water Yeat will be corrected by Highways back to whitelines along the sides of the road. Speed data strips are being considered at a few locations. Cllr Brereton is co-ordinating a multi Parish letter to Highways England and the Minister for Transport regarding the recent gridlocked area following an accident on the A590. All agree that there needs to be a proper plan by Highways & the Police to manage diversions in similar circumstances.

The Boon Day is planned for 20<sup>th</sup> July - everyone to bring food to share. Contact Cllr Rutherford for any further details.

Please check agendas before the meetings & for full details of the minutes, which can be viewed at [www.bspc.btck.co.uk](http://www.bspc.btck.co.uk)  
The next meeting will be held on Monday 12th July 2019

Any items for the next Agenda should be sent to the Clerk at [blawithclerk@gmail.com](mailto:blawithclerk@gmail.com) by 5th July.

# **Lowick Parish Council**

The last Parish Council meeting was held on 16 May. This was the date of the Annual General Meeting and John Longmire decided to step down as Chairman. The new Chairman for 2019/2020 is Graham Sanderson. Jo Edmondson agreed to remain as Vice Chairman.

The Annual Parish Meeting was also held and the Annual Report adopted by Councillors. This can be viewed on the website.

Our new Police Community Support Officer, Debbie Ross attended the meeting. She reported only three incidents since March but referred to the theft of all terrain buggies in the south of the county and urged farmers and others to ensure keys not left in unattended vehicles.

The Council is still awaiting a response from CCC Highways about various traffic issues that crop up regularly. Councillor Ingham will prepare details and an email will be sent to our County Councillor Matt Brereton. It is hoped that his support will be helpful in getting some action with Lowick's particular problems.

As part of the Parish Plan, Councillors have agreed a deadline of 30 June to prepare their individual input which will help form part of the Plan. A further newsletter will be delivered to properties within the next six to eight weeks. So, if you have any items of interest, contact any Councillor or the Clerk.

Mr Ellwood, Chairman of Lowick Green Management Committee, with local help and support, has improved the parking area outside Cosy Cottage/Green View/Rose Cottage.

In relation to the issue about an unofficial residential development just over the parish boundary with Blawith, Councillors were informed that the Lake District Special Planning Board have issued an enforcement notice for vehicles and the caravan to be removed. There is a six week compliance period.

Councillors had received documents in relation to the Annual Audit of Accounts. Mr Tim Gooding acted as our Internal Auditor. Many thanks to him for undertaking this task.

Councillors approved the accounts. The financial information will be published on the website and a formal notice that the accounts can be inspected will be placed on the website and the notice boards.

The next meeting of the Parish Council will take place on 18 July at 7.30pm in Lowick Community Hall. All are welcome.

Remember to use the website **lowickpc.wordpress.com** for information about your parish and your parish council.

### **STOP PRESS:**

Residents will be aware of the Southern Boundary Partnership in which the Lake District National Park and Friends of the Lake District have been engaging with local Parishes.

A joint meeting with Blawith and Egton to share information has been arranged at Lowick Community Hall on Wednesday 3rd July between 17.30 and 19.30. Please drop in and find out about the proposals and to share your opinions.

## **CUMBRIA COUNTY COUNCIL**

### **LOWICK AND OXEN PARK**

## **VOLUNTARY SOCIAL CAR SCHEME**

The Voluntary Car Scheme provides transport to members of the community of any age (under 16's must be accompanied by an adult, appropriate car/booster seats must be supplied) who cannot make their journey by public or private transport.

Typical journeys include hospital appointments and visiting,  
Doctor's or Dentist's appointments

### ***TRANSPORT DIFFICULTIES?***

### ***WE MAY BE ABLE TO HELP***

***The local contact number is 01229 885498***

## **"Community Conversations"**

### **The proposed Southern Boundary Extension of the Lake District National Park**

Friends of the Lake District have submitted a formal request to extend the southern boundary of the Lake District National Park to Natural England (NE) for its consideration. The extension being proposed incorporates the area between Silecroft and Grange-over-Sands to include the Furness and Cartmel peninsulas and the majestic estuaries of the Duddon, Leven and Kent rivers. The local communities have long been aware of the quality of the landscape of this area and its close relationship and resemblance to the landscape character, geology, cultural history and wildlife of the adjacent National Park.

The recent expansion to the Lake District's eastern boundary in 2016 and the award of World Heritage Status to the National Park in 2017 provided further impetus to parish councils to act on behalf of their communities and to resolve what many felt to be the 'unfinished business' of the establishment of National Parks 70 years ago. This work has been ongoing amongst a substantial number of Parish Councils since 2018 as the 'Southern Boundary Partnership' (SBP) in partnership with the landscape charity Friends of the Lake District, an organisation that was instrumental in the extension to the eastern fringes of the National Park in 2016, and with unique expertise in the protection and enhancement of Lake District and Cumbrian landscapes.

Following its research findings, and with the support of the SBP, Friends of the Lake District has authored and submitted a proposal to Natural England stating that a strong and urgent case can be made for a further boundary extension to the Lake District National Park. The SBP has organised a number of 'community conversation' events for local residents and businesses to discuss this proposal for a southern boundary extension and to view the research and mapping submitted to Natural England. The 'community conversations' are in advance of the formal process for National Park designation and are being held as follows:

- 26<sup>th</sup> June - Thwaites Village Hall, The Green, Millom  
5.30pm – 7.30pm
- 1<sup>st</sup> July - Grange, Victoria Hall  
6.00pm – 7.30pm
- 3<sup>rd</sup> July - Lowick Community Hall  
5.30pm – 7.30pm
- 8<sup>th</sup> July - Victory Hall, Broughton in Furness  
6.30pm – 8.30pm

The final decision for any extension to the southern boundary of the Lake District will rest with Natural England and the Secretary of State for the Environment but it may be that scrutiny of the evidence will not begin until the outcomes of the Government's Glover Review of National Parks are revealed in the Autumn. Even then, as was the case with the 2016 extension to the Lake District and the Yorkshire Dales, the process could be a protracted one. A substantial consultation would be required and would involve the county council, the district councils, and the National Park Authority and parish councils who have land within the area to be designated. As good practice, Natural England would also, throughout the consultation process, seek engagement with key stakeholders and the general public. The outcome of such a consultation may lead to changes to the proposed extension.

### **Greenodd and Haverthwaite medical equipment fund**

The Annual General Meeting of the equipment fund will take place on Monday 8th July 2019 at 2pm, in the meeting room at Haverthwaite surgery. All welcome

# **Thank you!**

## **Open Garden**

Judith and Graham Sanderson would like to thank everyone who baked, helped and visited their open garden days at Langholme Mill. They raised a massive £893 which will be split between National Garden Scheme charities and Crake Valley First Responders

## **Anonymous Donation**

Another £100 donation (9th in 9years, a total of £900) for the "Church Organ Fund" from the 'phantom' donor. Again, this generous giving is very much appreciated.

Ed Line (Gift Aid Contact – Penny Bridge Church)

## **Egton cum Newland Church**

Many, many thanks to all who contributed, financially, by way of planned giving in 2018. Individual letters to all will be sent out over the next few weeks setting down total giving, whether Gift Aided or not, for the tax year ended 5th April, 2019. If anyone else would like to commit to planned giving would they please telephone the Gift Aid Contact on 01229 861198.

Thank you, your giving is very much appreciated.  
Ed Line – Gift Aid Contact

# CHURCH SERVICES

The Sunday Services are outlined in the Magazine with the readings. Please note that the celebrant at all services of Holy Communion will be either the Rev'd Brian Streeter, Rev'd Joanna Henson, Rev'd David Bickersteth or Rev'd Harry Welch.

If anyone requires sick visiting, pastoral advice or home communion, please contact the Vicar (861668).

## **Tottlebank Baptist Church**

Tottlebank Baptist Church welcomes you to our Sunday Services at 10.30 am and midweek meetings on Wednesdays 7.15pm  
Our Minister is Rev. Michael Bonser.

Enquiries to...

Margaret Carter, (Hon.Sec.) [secretary@tottlebank.org.uk](mailto:secretary@tottlebank.org.uk)  
tel: 015395 36763  
or Jane Pape 015395 32868

## **August Parish Magazine**

Please can all items for the magazine be emailed to Matt Rich  
[email@chatnow.org.uk](mailto:email@chatnow.org.uk)

**If you don't have a computer please find a friend who can email your report in, rather than delivering it by hand**

I will always reply to let you know I have received your email.  
If you don't get a reply in a few days then please send it again.

Items for the next magazine to be in by Sunday 21st July



## List of Useful Contact Details

|                                 |               |
|---------------------------------|---------------|
| AGE UK (Kendal)                 | 01539 728180  |
| ALCOHOLICS ANONYMOUS            | 08457 697555  |
| BRITISH RED CROSS               | 01229 835410  |
| CHILDLINE                       | 0800 1111     |
| CITIZENS ADVICE BUREAU          | 01539 447185  |
| HIGHWAYS HOTLINE                | 0845 609 6609 |
| SAMARITANS                      | 01229 825656  |
| SOUTH LAKELAND DISTRICT COUNCIL | 01539 733333  |
| ULVERSTON LIBRARY               | 01229 404151  |
| GREENODD POST OFFICE AND STORE  | 01229 861201  |

P. O. Hours are:

Monday 1.30pm - 5.30pm

Tuesday 9.00am - 12.30pm

Friday 9.00am - 12.30pm

### LOCAL PARISH COUNCILS (CLERKS)

|                         |                                                                                  |
|-------------------------|----------------------------------------------------------------------------------|
| BLAWITH & SUBBERTHWAITE | <a href="mailto:blawithclerk@gmail.com">blawithclerk@gmail.com</a>               |
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| EGTON-WITH-NEULAND      | <a href="mailto:enmoparishcouncil@hotmail.com">enmoparishcouncil@hotmail.com</a> |
| LOWICK                  | 01229 885685                                                                     |

Please let us know of suggestions for other numbers