

Coniston and Crake Valley News

Serving the parishes of Colton, Coniston and
Torver, Egton cum Newland & Lowick with Blawith



April 2020 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"



Revd Brian Streeter
The Vicarage,
Penny Bridge,
LA12 7RQ

vicar@conistonandcrakechurches.co.uk

01229 861668
07505 048736

*Brian works for Filling Station on Thursday
Brian and Anne's rest day is Friday*

RETIRED MINISTERS

Revd David Bickersteth
Revd Joanna Henson
Revd Ian Swift
Revd Harry Welch

david.bickersteth@conistonandcrakechurches.co.uk
joanna.henson@conistonandcrakechurches.co.uk
ian.swift@conistonandcrakechurches.co.uk
harry.welch@conistonandcrakechurches.co.uk

01229 861184
01229 861800
01539 521337
01229 861068

LAY MINISTERS

Hazel Bowness
Peter Fox
Pamela Hull
Linda Inman
Vivienne Plummer
Pam Priestley
Val Towndrow
Richard Wood
Donald Wroe

hazel.bowness@conistonandcrakechurches.co.uk
peter.fox@conistonandcrakechurches.co.uk
pamela.hull@conistonandcrakechurches.co.uk
linda.inman@conistonandcrakechurches.co.uk
viv.plummer@conistonandcrakechurches.co.uk
pam.priestley@conistonandcrakechurches.co.uk
val.towndrow@conistonandcrakechurches.co.uk
richard.wood@conistonandcrakechurches.co.uk
donald.wroe@conistonandcrakechurches.co.uk

01539 431869
01229 716124
01539 441997
01539 441777
01229 885636
01229 861866
01229 773988
01229 885253
01229 861275

SAFEGUARDING OFFICER

Juliet Caldwell

safeguarding@conistonandcrakechurches.co.uk

07884 232281

ADMINISTRATOR & MAGAZINE EDITOR

Marion Swift

admin@conistonandcrakechurches.co.uk

01229 861668

PASTORAL TEAM LEADER

Barbara Watson

barbara.watson@conistonandcrakechurches.co.uk

01229 861638

CONISTON & TORVER ADMINISTRATOR

Pat Fox

pat.fox@conistonandcrakechurches.co.uk

01229 716124

CHURCHWARDENS

Holy Trinity, Colton

John Tarr

john.tarr@conistonandcrakechurches.co.uk

01229 586174

St Luke's, Lowick with Blawith

Simon Wood
Sue Wood

simon.wood@conistonandcrakechurches.co.uk
sue.wood@conistonandcrakechurches.co.uk

01229 885213
01229 885213

St. Mary's, Penny Bridge

David Lancaster
Barbara Watson

barbara.watson@conistonandcrakechurches.co.uk

01229 861632
01229 861638

St Andrew's, Coniston & St. Luke's, Torver

Nick Monk
Linda Inman

nick.monk@conistonandcrakechurches.co.uk
linda.inman@conistonandcrakechurches.co.uk

015394 41255
015394 41777

JOINT CONISTON CHURCHES CHILDREN'S & YOUTH WORKER

Charlie Day

charlieccyw@gmail.com

07788187718

Pastoral Letter

Dear friends,

How do you want to be remembered? This thought was prompted by a report I saw in a newspaper. A woman had been murdered and the only thing the journalist could use to illustrate the woman's life, her legacy as it were, was, 'she had trained Princess Anne's dogs'. I would like to think there were other glorious achievements of her life more worthy of mention in that three inch column report.

Above the head of Jesus on the cross on Good Friday was a board on which was written 'King of the Jews'. This epitaph was ordered by Pontius Pilate, not as a declaration but rather an insult to those who had brought Jesus before him for sentencing. As Jesus died on the cross He uttered a sentence which showed the depth of His Love for us and the depth of our need for that Love. He said, "Forgive them Father for they do not know what they are doing". His subsequent Resurrection revealed the power of such God-given forgiveness. However the Lord's word from on the cross is not His last word. His last word has yet to be spoken: His judgement upon the earth and all who have lived thereon has yet to come.

When the Jesus returns, at a time appointed but yet to be fulfilled, there will be a gathering of all who are living and have lived and died on earth. There will then be a separation as He calls to Himself those who received Him as Lord and Saviour during their time on earth, calling them home to a place where there is no more pain, no more sorrow, no more regret, for as His Word promises, "He will wipe away every tear from their eyes". This is our Lord's Legacy to His people. A Legacy which changes lives today and gives Hope for the future. If you are His and He is yours then this is your future. If He is not yours and you are not His then there is still time to come home.

We live in a generation in which the search for Truth has been sacrificed on the altar of tolerance. This is nothing new, as an Old Testament writer declared, "Everyone does what's right in their own eyes" with the ensuing chaos as a result. But the Truth is still out there if we would but seek it. It doesn't matter if the Truth is not palatable to others, it is still Truth: the truth that God exists. Our generation is not the first, nor will it be the last, to try and abandon God yet He still is God and He continues to call people home to Himself.

The Truth is, it is still possible to find Him and to be found by Him. The Truth is, His Son, our Saviour Jesus Christ is the way home. This is the message of Easter; with the intimacy of the Last Supper, the isolation of the Cross, the joy of the Resurrection and the Hope of what is yet to come.

If you are His, may Easter be a blessing to you and a reminder to live out your Legacy in the power of the Holy Spirit. If you have yet to become His, what better time of the year to receive Jesus as your Lord and Saviour, as the Way, the Truth and the Life and to let Him bring you home. Invite Him into your life now, before you turn the page, I can assure you, you will be welcomed by Him and will be called, by name, on the last day.

In Him

Harry



From the Registers

Funerals

22nd February Alissa Turner at St Mary the Virgin, Penny Bridge
Interment of Ashes
27th February Nigel Lord at St Mary the Virgin, Penny Bridge
5th March Rosemary Appleyard at St Luke's, Torver

Churches in the Coniston and Crake Valleys

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

For Services this month see page 5

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8HH

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on 015394 41594.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Saturdays at 6.00pm.

For further information contact Father Matthew Jacob on 01229 779673.

Coniston Christian Fellowship LA21 8AL

During the month of April we will not be meeting on Sunday morning. We will, however, continue to meet every Tuesday evening during term time for Bible Study. For further information, including the venue, please contact Norman and Christine Beech on 015394 41780 or Kevin and Julie Gregory on 015394 41125. See our website for more details www.conistonchristianfellowship.co.uk



The **Ruskin Museum, Coniston** are seeking a new **Curator** on a permanent contract for 3 days a week, £25,000 per annum pro rata.

Working in collaboration with the Ruskin Museum team to ensure best standards of collections management; to produce the Exhibition programme; to contribute to writing fundraising bids to potential funders

Full job description at www.conistonandcrakechurches.co.uk/news-and-publicity
Please apply by sending a covering letter and CV to Tracy Hodgson, The Ruskin Museum, Coniston, Cumbria LA21 8DU or by email: accounts@ruskinmuseum.com
Closing date: **Sunday 5th April 2020**

Church Services and Rotas for April 2020

5th Sixth Sunday of Lent - Palm Sunday			
St. Luke Torver	9.00am	Bikers' Breakfast	Rev Brian Streeter
St. Luke Lowick	9.30am	Holy Communion	Rev Harry Welch
Holy Trinity Colton	9.30am	Morning Worship	Donald Wroe
St. Mary Penny Bridge	11.00am	Morning Worship	Peter Fox
St. Andrew Coniston	11.00am	Holy Communion (BCP)	Rev Brian Streeter
9th Maundy Thursday			
St. Luke Torver	6.00pm	Holy Communion	Rev Brian Streeter
10th Good Friday			
St. Luke Lowick	2.00pm	Devotions at the Cross	Rev Brian Streeter
St. Andrew Coniston	2.00pm	Devotions at the Cross	Peter Fox
12th Easter Sunday			
St. Luke Lowick	9.30am	Holy Communion	Rev David Bickersteth
Holy Trinity Colton	9.30am	Holy Communion	Rev Joanna Henson
St Mary Penny Bridge	11.00am	Holy Communion	Rev Ian Swift
St. Andrew Coniston	11.00am	Holy Communion	Christians Together in Coniston
19th Second Sunday of Easter			
St. Luke Torver	9.00am	Informal Worship with Healing	Peter Fox
St. Luke Lowick	9.30am	Morning Worship	Rev Brian Streeter
Holy Trinity Colton	9.30am	Holy Communion	Rev Joanna Henson
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
St. Andrew Coniston	4.00pm	Explore!	Christians Together in Coniston
26th Third Sunday of Easter			
St. Luke Lowick	9.30am	Methodist Service	Rev Graham Ransom
Holy Trinity Colton	9.30am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
St. Andrew Coniston	11.00am	Holy Communion By Extension	Peter Fox
St. Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter

Parish Prayer Diary

April 2020

1st: Pray for those undertaking theology studies and ordination training to aid them in their future ministries within the Christian fellowship.

2nd: Pray for residents and staff in local care homes; that residents receive personalised care and that staff will be appreciated and work well together.

3rd: Pray for our local Young Farmers as they learn and develop the skills required for animal husbandry and working the land. Pray they will keep safe.

4th: Pray for grandparents looking after grandchildren, for each to be a blessing to the other as memories are created and shared.

5th: Palm Sunday

As we reflect on the King of kings humble entry into Jerusalem, may we by faith walk with Him on the way to the cross, which is the path of glory.

6th: Pray for ourselves at the beginning of Holy Week, that we might have a fresh awareness of all the Jesus endured on our behalf, because He loves us.

7th: As our Lent Study groups come to an end, may each participant find they now walk closer with the Lord and find it easier to hear His still, calm voice.

8th: Give thanks for those people who voluntarily give their time and talents working for a safer, equitable and flourishing community in our area.

9th: Reflect on the last Passover meal Jesus shared with his disciples and the significance of that event, commemorated at each Holy Communion service.

10th: Pray for the Good Friday Walk of Witness taking place today in our communities as we remember our Lord's walk through Jerusalem to Golgotha, and pray for our fellowship gatherings this afternoon across the benefice as we remember together the final hours of Jesus on the Cross and His death.

11th: Pray for situations which seem so dark and hopeless, offering them to God for Him to work His resurrection miracle.

12th: Sunday, Easter Day HALLELUJAH – CHRIST IS RISEN!

Celebrate with Christians all around the world, rejoicing and proclaiming together "He is risen indeed!"

13th: North Korea is the world's most dangerous place to be a Christian. Pray today for the many followers of Jesus who have to keep their faith secret.

14th: As the Summer term begins in schools, pray for the children and remember all teachers as they seek to help pupils be the best they can be.

15th: Pray for Parent and Toddlers groups across our benefice, that each adult and child may know they are loved by Jesus.

16th: Pray for a future of peace, reconciliation and reconstruction in Syria.

17th: As the Coffee and Chat session at Greenodd moves to its new monthly slot, pray it will provide good friendship and companionship to all attendees.

18th: Pray for families struggling because of redundancy, especially those with amassed debts they cannot now meet, that they will get the help needed.

19th: Sunday, the first day of the week

During worship may we open the doors of our hearts to our risen Lord that we may seek the good of others and walk with joy road of sacrifice and peace.

20th: Pray for families living in emergency or temporary accommodation whilst the Council assess their homeless situation.

21st: Pray for those who have responded to God's call to work abroad sharing the Good News of Jesus with those who have not yet heard.

22nd: Pray for our local food banks, the volunteers and the organisers.

23rd: Pray for those finding life too busy and hectic; that today they will have opportunity for 5 minutes of stillness before God to be touched by His peace

24th: Pray for those carrying responsibility of caring for our church buildings.

25th: Pray for our local businesses giving thanks for the services they provide, and their contribution to the life of our communities.

26th: Sunday, the first day of the week

Pray our worship today will give us such knowledge of His presence that we with boldness and fresh hope will be strengthened to proclaim His risen life.

27th: Pray for any you know who are in danger of drifting, asking that they may be able to refocus on Jesus, who is the Way, the Truth and the Life.

28th: Pray for our Christians in other denominations across our benefice who share with us in the mission of Jesus

29th: Pray for those experiencing bullying or harassment that they may have courage to speak out and receive the help and support available to overcome.

30th: Pray for the leaders of the various youth groups across our benefice as they seek to find ways of making the Gospel relevant to all ages.

31st: Pray for those affected by the recent floods.

AROUND THE PARISHES

Colton

Oxen Park Cinema Club

Due to the unpredictability of the coronavirus spreading the Carthouse Community Cinema will be closed until further notice. We hope to be able to show the last 3 films of the season later in the year.

This also includes the last fund raising presentation which was to be held on 3rd April

Coniston & Torver

Coniston 14 Road race—Postponed, Not Cancelled

The Coniston 14 Committee sadly had no choice but to postpone our race on Saturday 21st March. The venue is at John Ruskin School and there was concern that an outbreak of coronavirus could affect school staff, students and the wider community. We will postpone the event to a Saturday in the autumn (details to follow) and runners will be able to transfer their registrations. We know runners will be disappointed but the organisers felt that public health is the priority.



This year's race was fully booked with 1600 runners from all over the UK. As well as the postponed race in the autumn we will have another race in March 2021. This will be a special occasion as it will be the 40th Annual Road Race.

Geoff Cooper

Rawdon-Smith Trust

One of the important factors in preserving Coniston Water as a place for quiet and peaceful recreation is the role of the Rawdon-Smith Trust. Founded with the purchase of the bed of the lake, license fees are applied to charitable purposes within the five parishes surrounding Coniston Water. Trustees recently acquired Blea Brows, a site of special scientific interest and are working with local charities to improve natural habitats to encourage biodiversity. The Haws Bank permitted footpath has been upgraded and new signage has been posted from the Sacred Heart Church to let families from the campground know there is a safer way to Coniston than the road. Charities and voluntary bodies within the parishes of Coniston, Torver, Satterthwaite, Blawith & Subberthwaite and Colton are eligible to apply for grant funding.

Daniel Johnson, the Lake Warden, is the direct contact for mooring holders on Coniston Water and is authorised by the trustees to issue mooring licenses. There are still a few places available. Having recently upgraded the compound at Lake Bank, this lovely site on the south end may hold particular appeal to those in the Crake Valley. With recent directives about social distancing, sailing will be one of the most enjoyable ways to comply with these rules over the coming weeks. You can contact Dan on rst.lake.warden@rstcharity.uk. More information can be found on both grant funding and moorings at our website rstcharity.uk. The Trustees wish everyone a safe, joyful and healthy year.

Coniston First Responders

Your First Responder team continues to help those in need and now we find we could do with some help ourselves.

As with all organisations there is paperwork to be done and for us, regular equipment checks. Whilst these do not take up a huge amount of time, we thought we would ask if someone in our village may be able to help. The ideal person would be computer literate and have access to the internet and either a computer, laptop or iPad as some checks are recorded electronically. If you would like to know more then please give Helen a call on either 49026 or 07587156902. Thank You.

We also wanted to reassure everyone that we shall continue to respond to incidents in our village when asked to do so by the ambulance service.

Thank You—Valentines Night at the Coniston Institute

I would like to thank everybody who supported the Hawkshead Wind Band & The Amblesingers, on Valentines Night in the Coniston Institute. We raised £310 towards the Coniston Carers & St Mary's Hospice. Many thanks Paul Holden.

75th Anniversary of VE Day - May 8th

Coniston will be holding various events to remember the 75th Anniversary of the End of the War in Europe including, we hope, a Church Service, Military Dance (war time dress encouraged), Street Tea-party, School Poetry Competition - all over the weekend of Friday 8th May. More information to follow soon.

Rainfall, Garden House Coniston, February 2020

Total - 610.9mm (1241ins)

Wet days - 26, More than 1mm on 25 days.

Wettest day - 8th - 106.0mm (4.2ins), snow on the 23rd



Coniston Institute and Ruskin Museum – April 2020 events

Coniston Institute and Ruskin Museum

Coniston Institute is an ideal venue for meetings, parties, music, theatre, workshops, and much more. We have functions rooms and facilities to suit a whole range of gatherings. Interested in booking a room or event at the institute?

Phone Tracy Hodgson on 015394 41823 or email

conistoninstituteuk@gmail.com

Coniston Institute and the Ruskin Museum both have Facebook and Instagram pages. Follow us to keep up to date with 'what's on'

The Ruskin Museum Coniston

Don't miss these exciting exhibitions by two highly talented local artists. Beverley White takes her inspiration from the natural world around her. Living by the shores of Morecambe Bay the saltmarsh affords plenty of material for her work. Inspired by John Ruskin's philosophy, 'learning from nature' is a way of life for her.

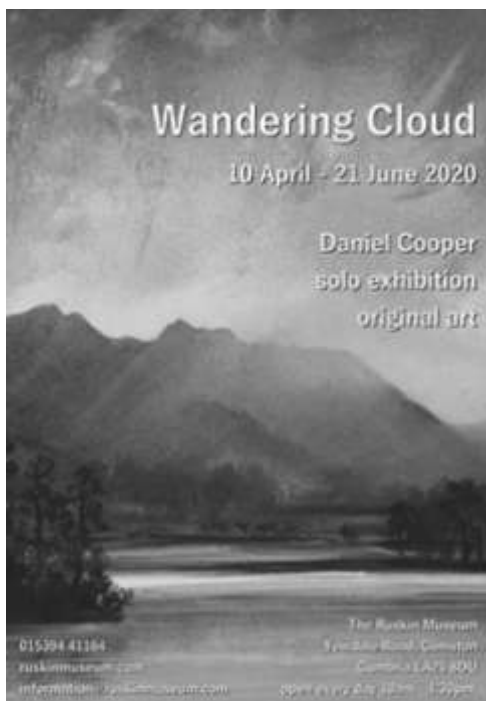
Daniel Cooper's *Wandering Cloud* exhibition will bring together new, original paintings and drawings in charcoal and mixed media, exploring the mood of sky and magnitude of the fells from around The Lake District.

For the full press release visit <http://danielleecooper.com/news.html>

A TRIUMPH OF NATURE

An Exhibition of Watercolours,
Wood Engravings and Linocuts
By local artist Beverley White

Runs until Sunday 5th April



BRANTWOOD NEWS AND VIEWS

High Season is here which means we are now open every day 10.30am-5.00pm. We have fabulous new exhibitions on show. In the Blue Gallery 'The Making of Mountains: John Ruskin and the Geology of the Hills' is now on display in the Blue Gallery (until 25 May). 'The Treasury – The John Ruskin Mineral Collection' is now open in all its splendour in the Linton Building.

Outside, the gardens are coming alive again with Spring flowers and budding trees. To find out more about our gardens and estate why not try one of our estate events. Mondays 6 April & 25 May Pond Dipping with South Cumbria Rivers Trust, Thursday 16 April Dawn chorus Walk and Wednesdays 22 and 29 April, 6 and 13 May Blossom Days. All outdoor events are weather dependent, please contact us for confirmation. Full details on our website.

In the Studio, we have 'Ruskin's Reverie' by Kate Bentley (until 10 May). Kate's exhibition is the culmination of a 19-month long residency at Brantwood. After Kate commenced her residency in September 2018 she has focused solely on its influences. Initially she was influenced by Ruskin's connection to the Pre-Raphaelites and his association with Turner, however once Kate was submerged in the residency it was the interior of Brantwood itself that formed the integral part of her work during her time as Artist in Residence. Alongside her exhibition, Kate will also be holding a 'Meet The Artist' day on Tuesday 28 April. 'Ruskin's Reverie' opens on 4 April, in the Severn Studio at Brantwood, every day 10.30am-5.00pm. Admission is included in the house or garden ticket. Kate will also be running an acrylic workshop on 29 April: Tremendous Trees & Wondrous Woodlands. This workshop in acrylics is designed for those who love trees and woodlands and would like guidance as to how to perfect their painting techniques in this area. Suitable for anyone except the complete beginner. 10.30am – 3.30pm. £90 per head. Includes lunch in the Terrace coffee house. Sally Bamber is also running a 'Flowers at Brantwood' watercolour workshop on 17 April. All materials and refreshments included. 10-5pm. £70 pp.

For all forthcoming exhibition and event details, please keep an eye on our website for updates. www.brantwood.org.uk / **015394 41396**

Egton cum Newland

Crake Valley Croquet Club

Summer is coming! Would you like to play croquet?

Croquet is a sport that combines light outdoor physical activity and "mind games" often associated with chess or snooker. It is enjoyed by people of all ages. Men and women play on equal terms and a handicapping system allows beginners to play against 'experts', learning and improving at the same time! There are two forms commonly played – Golf Croquet and Association Croquet- both played at Crake.

Crake Valley Croquet Club is on the A595 in Greenodd 100 yards from the A590 roundabout. We are an enthusiastic and welcoming club, with three lawns and all the necessary equipment needed to play. If required, some of our members are able to give instruction to visitors and new members.

We have a 'club day' on Tuesdays, run internal and external competitions, take part in the Northwest Federation League and host tournaments for players from outside clubs. Or you can still have fun and enjoyment playing more relaxed friendly games. At the moment we have a thriving U3A group who meet twice monthly and we host visits from other organisations and groups of all ages.



We have an ambitious but realistic plan to provide "Croquet for All" in the South Lakes. A visit to our website www.crakevalleycroquet.org.uk will provide you with lots of useful and interesting information especially about our new clubhouse completed in December 2019. We are grateful to the many sponsors who have supported this venture therefore guaranteeing its success.

At the moment we are planning our next event—so watch out for posters advertising National Croquet Week 11th–17th May 2020. If you would like to visit us at any time please contact our visitor secretary Sheila Thompson (sathomp13@gmail.com)

PENNY BRIDGE CE ACADEMY

April 2020 Newsletter



10 local school joined in the Ulverston Dance Platform staged at UVHS. Six weeks of consistent practice and team work allowed all Year 2 (top infants) to confidently perform their disco themed dance called "Funky Bunch". This event was hugely enjoyed by participants and audience.



The entire school took part in a Chinese Zodiac Dance Workshop lead by James Templeton, a professional dancer. The children enjoyed working together to recreate characters and story through music and movement inspired by traditional and contemporary Chinese culture.

Everyone travelled the world during creative week. Each class investigated a country (e.g. Greece, Egypt, Vietnam) looking at its culture, foods, traditional dress as well as its place in the world today. On the last day each child received a passport and they were free to visit all the countries.

The Eco group made bird boxes with Kath Smith from the Coniston and Crake project. These will be put up in the national park. Kath taught us about the various species of birds likely to use the boxes, the children were able to make some valuable contributions to the discussion.



Cumbria County Cross Country Championships is a very big event, attended by many schools.

Our team consisted of 15 children from years 3 to 6. The tracks they ran challenged the fittest e.g. climbing walls, jumping hurdles, wading through water and streams. This was an excellent event with one year 5 pupil placed in the top 8 in their age category and entered into the National Finals. Our year 5 team were placed in the top 10 in their event.

Boys and girls from years 5+6 entered the Ulverston schools gymnastics competition. The children performed vault and floor routines and exercises. All competitors excelled and had an exciting time.

The infant raised vegetable beds are now completed and (weather allowing) planting can start before Easter. We are looking forward to the day we can make soup from our seed planting.

There Are Only Solutions

Coniston CE Primary School

On Thursday 13th February, the Coniston Children's and Youth Worker, Charlie Day, led a team of volunteers from the local churches in Coniston in holding a Prayer Space day with Coniston CE Primary School and with children from each of the year groups.



The Prayer Space day was focussed on different forms of prayer. As Charlie explained, not all prayer is about putting your hands together and closing your eyes—after all the vicar, Revd. Brian Streeter, often prayed when he was driving, so that would not be a very good way to pray!

The different forms of prayer were explored by the children by looking at four of the Christian Values expressed in the school's new Vision—these being the Christian Values of respect, service, stewardship and perseverance.

The four Christian Values were each given an area and resources for the children to explore with a volunteer, and a fifth area with cushions to lie on and “Be Still” and explore silent prayer.



For respect the children were told the story of the Good Samaritan and asked to think about praying



for other people—even those we do not like! For stewardship the children were told the Creation story and were then shown pictures of how we are mistreating our planet, and to pray for healing for our planet. For service the children were told the story of Jesus washing the disciples' feet. And finally, for perseverance the children had a go at a Buzz Wire game and were asked to think about praying for what they found difficult.

Our Vision

'When love and skill work together expect a masterpiece' John Ruskin

“Coniston Church of England Primary is a welcoming, happy and supportive school rooted in faith and love where everyone flourishes through the Christian values of service, stewardship, respect and perseverance. Our understanding of every child allows us to develop their unique gifts and talents. We enjoy learning together within our school family, our community and God's wider world drawing inspiration from our beautiful Lakeland setting and the awe, wonder and joy it creates”

CRAKE VALLEY HELP

We are a group of Crake Valley residents here to help during the corona virus outbreak.

If you are self isolated or house bound without support.

We can help with : shopping,
urgent supplies,
post,
dog walking
a friendly phone call

CALL 01229 357951
select option 5 for Crake Valley

This is not a medical Help Line

To Volunteer please join Crake Valley Help Facebook Group
or phone 01229 357951 option 5 and leave a message.

Greenodd Village Hall

Coffee mornings/evenings, music shows and more

Find out what is going on in Greenodd Village Hall

www.greenoddvillagehall.co.uk

We are on Facebook... search for Greenodd & Penny Bridge Village Hall

Lowick and Blawith



Lowick Community Hall

LOOKING FOR A GREAT VENUE FOR YOUR CLASSES,
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LOWICK COMMUNITY HALL IS WARM, SPACIOUS, VERSATILE AND
COMFORTABLE *AND OFFERS EXCELLENT VALUE FOR MONEY*

*SINGLE BOOKINGS: £20.00 FOR UP TO FOUR HOURS

*SIX OR MORE BOOKINGS PER YEAR: £13.00 FOR UP TO FOUR HOURS

ACCESS TO FREE WiFi AND DATA PROJECTOR

ALSO AVAILABLE FOR FULL DAY EVENTS

FOR MORE DETAILS AND TO CHECK AVAILABILITY GO TO WWW.LOWICK.ORG.UK

OR CONTACT ROB DOVE 01229 885647 OR LISA GRAVE 01229 861834

TRANSPORT DIFFICULTIES? WE MAY BE ABLE TO HELP

Cumbria County Council

Lowick, Blawith and Oxen Park Voluntary Social Car Scheme.

The Voluntary Car Scheme provides transport to members of the community of any age (under 16's must be accompanied by an adult, appropriate car /booster seats must be supplied) who cannot make their journey by public or private transport. The charge is £0.45 per mile travelled.

Typical journeys include hospital appointments and visiting, doctor's or dentist's appointments, shopping or transport to railway station.

The local contact number is 01229 885498

WATER YEAT VILLAGE HALL

is pleased to welcome back



HUNTER MUSKETT

Reunited in 2010, they get together twice a year to perform mostly songs from their brilliant songwriters Terry Hiscock and Doug Morter (also of Magna Carta). They have their own individual style of music and guarantee to entertain with their lively repartee.

Supported by "regulars" The Elderly Brothers

Saturday 18th April at 7.30pm £12

on the door or in advance from

www.wegottickets.com/wateryeatvillagehall

Cabaret-style seating. Bring your own drinks and nibbles.

www.wyvh.btck.co.uk

www.huntermuskett.com

Reports and News

Bouth WI

This March we were treated to a talk by a member of the Kendal Mountain Rescue; little did we know roughly it costs around £50,000 a year to run by volunteers, paramedics, 4-6 general practitioners and other members of the public who have done intense training also 3 great trained dogs.

Each year the team train in January in the snow, so they keep up their training in Scotland so they are prepared for all weathers. They are not just mountain rescue, they cover rail, plane crashes, off shore and flooding incidents. He also had interesting stories to tell about people who went up the mountains unprepared and got into difficulties and had to call out the mountain rescue team, by not being dressed for the weather and hadn't got maps or suitable foot wear.

The Kendal rescue base has four off road vehicles plus one vehicle with satellite and a computer on board. The next W.I. meeting takes place on Wednesday 8 April 7:15pm, Village Hall and will be an open meeting for W.I. members in the area. The speaker is High Sheriff Diana Mathews.



Coniston Mothers' Union



Members were given a warm welcome at 3 Little Moss Close for their renewal of membership service based on Evening Prayer. The leader was Peter Fox who included an interactive talk on the bones in the spinal cord based on the reading from Ezekiel 37 v1-14.

During tea, a discussion took place to plan the programme for the rest of the year. As a result of the present uncertainty due to the coronavirus our future plans might have to be put on hold. The meeting closed with thanks for Peter Fox for leading us and Jean Edwards our host.

Hopefully our next meeting is a Deanery service at Flookburgh, to Celebrate Lady Day on 25th March. Names to Kay Shepherd **(015394) 41559**.

Rusland Horizons Report

We are watching the **impact of the coronavirus** on our lives on an hour-by-hour basis and drawing upon the best advice that we can to guide our actions. There are a number of forthcoming events, which, at the time of writing, will still take place; however, please visit our website, www.ruslandhorizons.org, for latest updates. Our event organisers have all been given advice on the precautions they should take and everyone attending should take personal responsibility to check the precautions they should be taking - visit the government website - <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>.

On a much more positive note, we welcome our **new part time project officer, Heather Whitworth**. She joins to help us all to implement our exciting and ambitious projects. Look out for her, as she gets to know everyone, and above all, please help her to help Rusland Horizons make a difference to our landscape, environment and community. You can contact her at hello@ruslandhorizonstrust.org, marking the email for her attention.

If the coronavirus crisis ends up preventing us from doing things together, but we can still get out, why not try one of the **Greenwood Trails**. You will find the trail guides on

our website. While you are out, think about your entry for the **Rusland Horizons 2021 Calendar competition**. Take some breath-taking shots, or, if confined to barracks, spend some time going through your photo collection to find your best 'Rusland Landscape' images. Competition rules are on the website.

The first informal discussion group for **Farmers and Landowners** took place recently at the White Hart. There was a great turnout and everyone thought it a good idea. The next meeting will have a speaker to answer questions on the forthcoming Environmental Land Management Scheme (ELMS) which will impact so many members of our community. Look out for the date of that meeting.

Last, but not least, we are looking for **volunteers** to join the existing, and stretched team, of trusty volunteers. Would you be prepared to give us your time and enthusiasm for both outdoor and indoor activities? It is all in a good cause and it's fun!

Young Farmers Club Report

Teams from Cumbria, Yorkshire, East Riding, Northumberland, Durham and Lancashire travelled to Longridge High School in Preston at the weekend to compete against each other at the Northern Area Weekend hosted by Lancashire YFC. Cumbria's young farmers took part in speaking and reading competitions, showed their skill in Cheer Leading, Junior Reading and Public Speaking and performed to the highest level in the Drama competition.



The Cumbria teams once again showed the other counties why they are the very best in the Northern Area and came away with a whole host of trophies and awards continuing their winning streak of previous years. The Saturday competitions got off to a fantastic start with the Cumbria B team, consisting of Skelton YFC members; Maisy Strutt, Zac Walsh and Charlotte Elliott taking first place in the Call My Bluff (21 and under) Competition. Penrith YFC were placed a very well deserved 3rd place for the Cumbria B team and the second Skelton team were placed 4th for Cumbria C.

Lowick YFC's very own, William Longmire took a well-deserved first place in the Situations' Vacant Competition for Cumbria B team. William continued his winning streak, taking on the very best of the best from other counties to take an outstanding first place in the Member of the Year Competition for the Cumbria C team.

The Cumbria A team consisting of Skelton members, Hannah Holmes, Maisy Strutt and Charlotte Elliott took a very well deserved 2nd place in the Junior Reading Competition, securing them a place in the NFYFC finals in July as did Drigg YFC's Cumbria C team of Rosie Pratt, Billy Sibbald and Sam Pratt, who were placed second in the Junior Public Speaking.

Saturday also saw teams take to the floor for the Cheer leading with the Cumbria teams taking the sports hall by storm! Wigton YFC's Cumbria A team were placed 1st for their outstanding routine and Greysouthen and Skelton YFCs Cumbria C and B teams kept the bar high taking 2nd and 3rd place respectively.

Possibly the most eagerly awaited competition of the weekend was the Drama and the young farmers did not disappoint! Brampton YFC gave an outstanding performance and secured 2nd place for Cumbria A. Drigg YFC were close behind, taking 3rd place for Cumbria B and Crook YFC were placed 4th for Cumbria C. The

success did not stop there, with Brampton YFC's Joe Bowman taking the Best Actor award and Ellie Naylor from Drigg YFC being awarded Best Actress. The Junior Best Actor and Actress Awards went to Callum Smith and Mika Armitstead both of Crook YFC respectively.

It was a good weekend for the Cumbria sports teams this year, with Raughton Head YFC's Cumbria B team placed 2nd in the Kwik Cricket. Greysouthen YFC were also placed 2nd for Cumbria C for the Ladies Netball and despite trying conditions, Raughton Head took a well deserved 2nd place for Cumbria A in the Men's Football.



Cumbria's young farmers waited anxiously for the final scores to be announced on Sunday evening. As the award for the Best Overall Team was announced, the hall erupted into cheers of joys as Cumbria A team triumphed over all others, winning first place with 105 points. Much to everyone's delight, the Cumbria B and C teams were placed joint second with 102 points each.

The top 2 teams or competitors from all speaking and sports competitions will go on to compete at the NFYFC finals at the Competitions Weekend at Stafford on the 4th

and 5th July. The top 2 from the Drama and Member of the Year will compete on Saturday 25th April at Leamington Spa.

SLDC NEWS

SLDC will continue the Local Council Tax reduction scheme next year. It Offers up to 100% reduction to those on low incomes, pensions and benefits and is part funded by removing Council Tax benefit for 2nd homes by charging 100% Council tax on properties unoccupied for over 6 months and a 50% premium on properties vacant for over 2 years. This also encourages long term vacant properties back into use.



Services will be maintained and investment in key projects will continue after South Lakeland District Council (SLDC) approved its budget plans for 2020/21 at Full Council on 25th February. SLDC's part of the Council Tax bill, will increase by 2%, equivalent to an extra £3.91 a year on a Band D property. The SLDC element is only part of the final Council Tax, the overall bill also includes the demands from Cumbria County Council, Cumbria police and the local parish councils.

Locally, it will fund projects including £9.2m to Ulverston Leisure Centre; £1.9m to Grange Lido and £6m in relation to loans to housing associations to develop affordable homes.

Other projects in the capital programme include £300,000 towards the Cross-a-Moor junction improvement on the A590.

Additional investment has also been earmarked for environment and climate change projects to improve the environmental footprint of SLDC's buildings, car parks and other facilities. This is in line with the aim of SLDC becoming Carbon neutral by 2030.

Private Water Supplies

A private water supply is any water supply to any premises that is not provided by a

water company. They mainly consist of streams, tarns, land drains, shallow wells, springs and wells.

In South Lakeland over 10% of residents rely on a private water supply - plus many of the visitors who stay overnight, the highest in England. SLDC has a statutory duty to test all supplies using more than 10 cu. m per day, generally shared or commercial supplies. Private water supplies serving a single owner occupied domestic premises are exempt from regulation but the Council will visit and sample on request.

There are some things you can do for yourself though. There are two types of contaminant, Chemical and microbiological which can risk human health. Chemicals include metals, like arsenic and fertilisers. Most risk though are microbiological and come from the faeces of warm blooded mammals. E.coli, Enterococci and Clostridium Perfringens were found in 70% of sample failures in 2019 and are most likely to have come from contamination of the water supply from faeces from livestock or wildlife and less likely septic tanks and slurry spreading.

There are some simple things you can do to reduce or eliminate this risk though, 1. Have your supply tested. 2. Cover the Water supply so detritus cannot fall in. 3. Fence off the supply, so animals can get near to the supply. 3. Fit small reservoir tanks to allow settlement or strainers on pipes. 4. Fit a UV disinfection unit.

Farmers Arms, Lowick

The meeting on 5th March at Spark Bridge Village Hall was attended by 67 people, of which 48 were local, and over 30 were willing to support further work to save the Inn. Its purpose was to see if there was sufficient interest to protect the Inn from dilapidation and try and get it back into use. It is Grade 2 listed and thus protected, so it is extremely unlikely that it will be bought by a property developer. The inn has recently been put on the market and on Friday 13th, Egton Parish Council applied to SLDC to register the Inn as an Asset of Community Value. This buys us time effectively.

Several future options were discussed including trying to buy it, partnerships and helping to find or cooperate with prospective purchasers. Also, what futures uses it may have including facilities, such as Tourist Information, a simple shop, an Arts venue.

A590 Improvements

There was public drop-in session on 24th February at Backbarrow displaying proposals by Highway England to improve road safety from Ayside to Greenodd. This includes traffic calming and speed restriction, improving junctions and crossing points, and reducing. It is part of a 6 year effort by Cllr. Sue Sanderson, Tim Farron and both Staveley and Haverthwaite councils. Over 140 people attended.

Citizens Advice

I run a small business. It's been a very difficult six months for us - we lost a contract with one of our major clients and I just haven't been able to replace it with new business. Now I've received a huge energy bill. It feels like the last straw and I'm really stressed.



The first thing to do is to call the Citizens Advice consumer service on 0808 223 1133. They can often help to resolve problems with energy suppliers. Do this quickly - if you're on a business contract and you are disconnected, an extra fee can be added to your bill, and another charge for being reconnected. Check the bill is correct and not estimated. If you are a microbusiness they can't send you a bill dating back

longer than a year. If the bill is correct, but you just can't afford it, your energy supplier might agree to a payment plan. The Business Debtline number is 0800 197 6026.

You may find switching energy companies will save you money. You could also try energy efficiency measures such as switching off computers and other equipment overnight, using energy efficient light bulbs or making sure your premises are insulated.

PARISH COUNCIL REPORTS

Egton with Newland, Mansriggs and Osmotherley Parish Council

The last ENMO Parish Council meeting was held on Tuesday 3rd March 2020. All nine of our Councillors were present together with Janet Willis (County & District Councillor) and two members of the public.

Under public discussion were concerns over the impact of the increase in Airbnb / short term daily let properties within the Parish and the access for canoes on the River Crake at Spark Bridge.

The Parish Council would also like residents to come up with ideas for donations and grants to support local groups for projects to benefit the local community. This will be on the agenda for our next meeting on Tuesday 5th May 2020. Please send in or come with ideas.

Progress is being made towards the decommissioning of Spark Bridge phone box – prior to the installation of a defibrillator. A new picnic bench has been purchased and installed at the Spark Bridge riverside picnic area.

ENMO Parish Council meet on the first Tuesday of every other month, starting from the month of January. Meetings commence at 7pm. Please visit our parish website where you can find a host of local information, current local news stories, minutes of meetings and proposed planning applications. **www.enmoparishcouncil.org.uk**

The next Parish Council meeting and the annual AGM will be held at Greenodd Village Hall on Tuesday 5th May 2020 at 7pm. All are welcome.

Cathy Child, ENMO Parish Clerk, Email: clerk@enmoparishcouncil.org.uk

Colton Parish Council

Highways and road safety

Two meetings have taken place in the last two weeks to discuss issues relating to the A590 and associated plans to improve road traffic safety. Apparently, attendance was healthy, and the outcomes will be published in due course.

Planning

The planning applications for the erection of 12m high Smart Metering poles at Nibthwaite Grange Farm (7/2020/5044) and Old Hall Farm (7/2020/5063) have been heavily commented on by parishioners such is the strength of feeling locally. Despite this, the plan for Nibthwaite has been discussed at the Planning Development committee and supported by LDNPA, the details of their findings can be found in the planning section of the website www.lakedistrict.gov.uk The plan relating to the Bouth mast is being discussed imminently at the time of writing.

Parish and other Council Elections

These have been postponed but parishioners are asked to consider whether they would like to be considered for a position on Colton Parish Council. The clerk is to

receive an update on the process in early March as there is much preparation required and it is never too early to start planning. Keep reading the website if you want to know more about what we are doing if you are interested!

For more information, contact details and meeting dates please see our website www.coltonparishcouncil.org.uk.

Blawith & Subberthwaite Parish Council

Planning

7/2020/5068—Oxness Cottage – Erection new biomass/garage, new garden room, new boathouse, new gate & access to biomass/garage. Response of objection

7/2020/5018—Caravan Park – 3 short post mounted lamps – refused. There are still 6 lamps - to follow up with LDNP enforcement

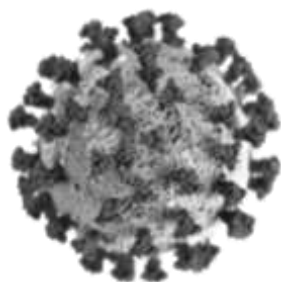
Police Report

24 February, Assorted vehicles stuck in the snow at Gawthwaite. 8 March, Off roader reported at Gawthwaite. The spate of burglaries recently has eased a little following a number of arrests of a group from Lancashire. A force wide off roading operation is planned.

Parish Council Elections

Taking place in May – nomination period is between 26 March and 8th April. Anyone interested in standing should contact the Parish Council or Electoral Services at SLDC.

Please check agendas before the meetings & for full details of the minutes, which can be viewed at www.bspc.btck.co.uk. The next meeting will be held on Monday 6th April, 2020



CORONAVIRUS, COVID-19 UPDATE

The Bishop of Carlisle, the Rt. Revd. James Newcome, has written to all clergy and chaplains to advise that public worship has been suspended in the Diocese of Carlisle.

This is in line with Government advice on social gatherings and subsequent Church of England advice, and will impact all Sunday services and other planned gatherings. It also follows publication of a joint letter from the Archbishops of Canterbury and York issued to all clergy.

Therefore, there will be no services at any of the churches in the benefice until this suspension is lifted.

Apologies for the inconvenience, but please do pray for those who have contracted the COVID-19 virus, and for those who are vulnerable and must self-isolate. With these people in mind, can I also encourage people to consider joining the **Crake Valley Help group** on Facebook, www.facebook.com/groups/699718230832609/. You get more information about the group on page 13 of this magazine.

IMPORTANT NOTE: Many of the events advertised or mentioned in this issue of the Coniston and Crake Valley News may now have been postponed or cancelled. Please do check online where that is possible and you can follow the latest news on services and other events on the Benefice of Coniston and the Crake Valley website, www.conistonandcrakechurches.co.uk/news-and-publicity

X112 Ulverston to Coniston Bus Service

Friends of the X112: We hoped we would not have to report that yet again we are held up by the bureaucracy process, but sadly we are. We are still waiting for a decision on our application for Section 22 transport permits which we hope will lead to a more secure public transport system. It gets more frustrating by the day especially as we are receiving very encouraging signs from a number of funding agencies that would like to help us. So many other plans being held up as well by this delay. The application went in on Nov. 19th last year!

All we can ask at the moment is for everyone to support the buses by using them and encouraging others to do the same. We know it is not an ideal timetable but we must hang on to what we have.

As said many times before we need more people to join us on our committee and also to join our Standing Order scheme in which we ask people to commit £10 a year to our funds. More details on what we do and how to join the scheme can be obtained from Roger Harris, tel. **01229 835712** or Anne Hall on **015394 41558**.

Many thanks for your continued support.

Current timetable:

note - no service on Saturdays or Sundays

All intermediate stops are served by request



NORTHBOUND	M - F	Tue, Thur	M - F
Ulverston Victoria Road	08.45	12.20	14.50
Greenodd Shelter	08.52	12.27	14.57
Spark Bridge village	08.57	12.32	15.02
Lowick Green	09.01	12.36	15.05
Blawith Church	09.05	12.40	15.09
Torver	09.15	12.50	15.20
Coniston Crown Hotel	09.22	12.57	15.30
SOUTHBOUND	M - F	Tue, Thur	school hol
Coniston Crown Hotel	09.30	13.45	15.45
Torver	09.37	13.52	15.52
Blawith Church	09.47	14.02	16.02
Lowick Green	09.51	14.06	16.06
Spark Bridge Shelter	09.55	14.10	16.10
Greenodd Shelter	10.00	14.15	16.15
Ulverston Booths	10.04	14.19	
Ulverston Victoria Road	10.10	14.25	16.30

Conserving Coniston & Crake

We had a brilliant turn out for the nest box workshop held last month at the Schoolroom in Torver. Around 40 adults and children made 31 boxes in total with 15 going up in the woodlands at Blea Brows and Brown Howe. The Eco-Group at Penny Bridge CE Academy made another six boxes that will also be installed at Brown Howe. So keep a look out from a safe distance and let us know if you see any birds using them.

Whilst you're out and about around the catchment you may spot something special in a stone wall. We've been working on a Sculpture Trail featuring aquatic wildlife and the carved slates are currently being installed. The work should be completed by Easter so we'll soon be releasing the accompanying trail guide. Keep checking our website for further details.

I'll also be at Brantwood on the 6th April, as part of the series of Estate Events Seeing Nature in a New Light. There will be some pond dipping and the opportunity to take a much closer look at some amazing minibeasts, so come and say hello! Kath Smith, Communities & Engagement Officer, Conserving Coniston & Crake

Email: kath@scrt.co.uk Tel: **07825873109** Tel: **01539 530047** www.ccc.scrt.co.uk

Grizedale Arts

Following the government's advice that everyone over 70 or with underlying health conditions should now avoid all social gatherings, our community catering enterprise, The Valley Table, is springing into action. Working in partnership with the Crake Valley Help group, The Valley Table will be offering a meal delivery service to anyone in an 'at risk' category who is isolated and has no support.

To help us support the Crake Valley's community over the coming months, we are looking for local cooks and bakers to join the Valley Table team and help us prepare fresh, nutritional meals from scratch. We also seek the help of local growers, hunters and gathers, who would be willing to donate fresh produce to help us provide meals at minimal cost. If you can help, please contact Emma Sumner (Valley Project Manager) on **07930 651889** or email emma@grizedale.org.

Our Lawson Park Visiting Day will go ahead as planned on Saturday 25 April but we will only open the garden and not the house. The day will run on a drop-in basis between 10.00am – 6.00pm and entry is be free so please come along and enjoy the gardens for as long as you like. *Parking on site is very limited so we advise walking or cycling up from East of Lake Road / Machell's Coppice carpark wherever possible.*

South Lakes National Trust

Covid-19 is of course creating lots of uncertainty, which may impact us down the line, but for now it's business as usual and we're well and truly open and into our spring season at the National Trust, regardless of what the weather is doing in the south Lakes. So this means Easter Egg Hunts, getting outdoors and family nature trails.

Join us at Hill Top, Claife Viewing Station and Tarn Hows over the Easter weekend, for Cadbury Easter Egg Hunts. Follow trails and clues to earn a chocolatey reward; £2/2.50 per trail. Be inspired by the resident bird population and take on the 'Birds of Wray Castle Quest', taking place between 28 March and 19 April at the Castle.

At Tarn Hows, we're excited to welcome two sparkling new Tramper mobility scooters made possible by members, visitors and donations. Available to use around the Tarn every day. Wish the team luck as they prepare to walk the 21 miles C2B in May, to raise funds for a third Trampler.

If you're looking for work in the local area we may still have a few roles, so do please look online, <https://www.nationaltrustjobs.org.uk/> to find out more if you're interested.



HOST Lenten Appeal 2020

At this time of year, we regularly appeal to parishioners to consider your Lenten offering, urging you not to give something up but to do something positive. Every year we get the much-needed response. Thank-you. Please help us again this year.

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views of the world. It is so very rewarding for both host and student guest. Please consider becoming one of our volunteer hosts. We operate all year round and would very much welcome you to join us.

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APRIL: EASTER SATURDAY

“Here lies Martin Elgindrod.
Have mercy on my soul, O God,
As I would do, if I were God
And You were Martin Elgindrod.”

So runs an old Scottish epitaph over a marble grave. It's always interesting to read what is written on tombstones. There are several collections of amusing ones. I think my own favourites are “SEE!” (on the tomb of a notorious hypochondriac), and “WELL DONE, GOOD AND FAITHFUL SERVANT”, (on the headstone of an army officer, accidentally short my his batman!) At my father's funeral I mentioned one purportedly seen in St. Philip's Cathedral churchyard in Birmingham, “HERE LIES A STOCKBROKER AND AN HONEST MAN.” My stockbroking father said that the local joke was, “Who put them in together?”

During a staff coffee-break discussion, when working for the General Synod, about what we would like to see on our tombstones, the best was from an Anglo-Catholic monk, who came out with “Loved and Wanted, but neither Idolized nor Indispensable!” Put on the spot, I came up with what I hoped was a fairly modest “He did what he could.” (When I told my wife about this later, she said, “If I have anything to do with it, it will have to say, ‘He did what he had to!’”)

But there is one epitaph that we cannot read on a stone over a corpse's grave. The ‘Epitaph’ is for the Lord Jesus Christ, and, according to the Gospel account, it says, “HE IS NOT HERE – HE IS RISEN.” It was spoken at the empty tomb, by an angel, to Jesus' first followers. (Matthew ch. 28:6) No-one knows the exact site of the place where Jesus' body lay, but everyone knows that millions of His followers come together on the first day of every week, to commemorate His Sacrifice of Himself on the Cross, and to celebrate His victory over sin and evil and death. What a wonderful blessing for all of us, who can respond to *His* “epitaph” Sunday by Sunday.

(For further reading: Matthew ch. 28 vv 1-10 and 1 Corinthians ch. 11 vv 23-26 and ch. 15 vv 1-28)



May Magazine

Please can all items, news, advertising enquiries and “What's On” events for this Magazine be emailed to the editor at editor@conistonandcrakechurches.co.uk by **April 15th**, or phone **07884 232281**, or to Jean Johnson if that's more convenient : enquiries@conistonholidays.co.uk or tel. **015394 41319**. If you don't have access to a computer you can leave items at the Vicarage but please give plenty of time to convert them to electronic format.



Calling all photographers!

If you have photos of local interest, perhaps not landscapes, that would be suitable for the cover of a future Magazine please email in as above. This month's cover photo is of the Coniston Old Man from Brantwood by Howard Hull. We also have a gallery of contributed seasonal photos of our beautiful area on the website www.conistonandcrakechurches.co.uk. Please continue to send your images of life and work in the parishes to editor@conistonandcrakechurches.co.uk

WHAT'S ON GUIDE - REGULAR EVENTS

MONTHLY

Bouth WI	2 nd Weds	7.15pm	Bouth VH
Egton WI	2 nd Tues	7.30pm	Greenodd VH
Coniston WI	3 rd Tues	7.30pm	Coniston Institute
Spark Bridge & Lowick WI	4 th Tues	7.30pm	Member's home
Church Coffee Morning	1 st Weds	11am	St Andrew's
Prayer Hour	1 st Weds	10am	St Mary the Virgin
Greenodd Quilters	1 st Weds	10am	Greenodd VH
Coniston History Group	3 rd Mon	2.30pm	Coniston Institute
Newland Iron Furnace	last Sat	1pm	Newland Iron Furnace
Coniston 1 st Responders	1 st Tues	7pm	Coniston Institute
Cream Tea Group Age UK	2 nd Tues	3pm	Meadowdore, Coniston Tel 015394 49539 to book

WEEKLY EXERCISE CLASSES

Kettlercise	Monday	9am	Greenodd VH
Pilates	Monday	6pm	Lowick CH
Pop Pilates	Tuesday	9.30am	Coniston S & S
Pilates	Tuesday	10am	Greenodd VH
Yoga	Wednesday	10.30am	Water Yeat VH
Activate All Abilities	Wednesday	2pm	Coniston S & S
Pilates	Wednesday	4.30pm	Greenodd VH
Yoga	Wednesday	7pm	Water Yeat VH
FBX	Wednesday	7.30pm	Spark Bridge VH
Yoga	Wednesday	7.30pm	Coniston S & S
Pilates	Thursday	9 & 10.30am	Greenodd VH
Young at Heart over 55's	Thursday	11.30am	Coniston S & S
Table Tennis & board games	Thursday	1.30pm	Coniston S & S
Let's Dance age 4-11	Thursday	6.30pm	Coniston Primary
Let's Dance	Thursday	7.30pm	Coniston Primary
Kettlercise	Friday	9am	Greenodd VH
Tai Chi	Friday	10am	Lowick CH
Yoga at Water Yeat	Saturday	Occasional	- See What's On Guide

WHAT'S ON GUIDE - REGULAR EVENTS

WEEKLY

Youth Group (year 7-13)	Mondays	6pm	Coniston S & S
Indoor Bowls	Mondays	7pm	Greenodd VH
Girl Guides	Mondays	Evening	www.girlguiding.org.uk
Coniston Cameo Club	Tuesdays	2pm	Coniston Institute
Lowick Toddlers	Wednesdays	9.30am	Lowick CH
Sparks! (Reception-year 2)	Wednesdays	3.20pm	Coniston Primary
Craft Club	Wednesdays	7pm	Coniston Institute
Lowick Young Farmers	Wednesdays	7pm	Lowick CH
Torver Line Dancing	Wednesdays	8pm	Torver Schoolroom
Parents and Toddlers	Thursdays	9.15am	Coniston S & S
Board Games/Table Tennis	Thursdays	1.30pm	Coniston S & S
Let's Dance (age 4 – 11)	Thursdays	6.30pm	Coniston Primary
NJOY (year 7 upwards)	Thursdays	7pm	John Ruskin School
Community Choir	Thursdays	7pm	Coniston Institute
Let's Dance	Thursdays	7.30pm	Coniston Primary
Line Dancing	Thursdays	7.30pm	Greenodd VH
Connecting Mums	Fridays	10am	Coniston S & S
Indoor Bowling	Fridays	1pm	Coniston Institute
The Zone (year 3-6)	Fridays	5.30pm	John Ruskin School

WHAT'S ON GUIDE - APRIL

Wed 1st:	Prayer Hour , 10-11am, Penny Bridge Church, CANCELLED
Thur 2nd:	Torver Parish Council , 7.30pm, Torver Schoolroom, CANCELLED
Fri 3rd:	Talk: Sarawak , 7.30pm, Carthouse Cinema, Oxen Park, CANCELLED
Sat 4th:	Coffee Morning , 10am—12 noon, Greenodd Village Hall, CANCELLED
Sat 4th:	Creative Writing Workshop , 10.30am—3pm, Rusland Horizons POSTPONED
Sun 5th:	Bikers' Breakfast , 9am—12 noon, Torver Schoolroom, CANCELLED
Sun 5th:	Film: Woman at War , 8pm, (2nd screening) Carthouse Cinema, CANCELLED
Mon 6th:	Community Lunch , 12.30pm Coniston Institute, CANCELLED
Tue 7th:	Film: Woman at War , 8pm, Carthouse Cinema, CANCELLED

What's On Guide - continued

- Wed 8th: **Bouth WI**, 7.15pm, Bouth Village Hall, CANCELLED
- Fri 10th: **Torver Lunch Club**, 12 noon, Church House Inn, CANCELLED
- Fri 10th: **Art Exhibition: Wandering Cloud**, Ruskin Museum (until 21st June)
- Tue 14th: **Cream Tea - Age UK**, 3pm, Meadowdore Café, CANCELLED
- Tue 14th: **Coniston Institute Management Committee**, 7pm, Coniston Institute
- Tue 14th: **Egton WI**, 7.30pm, Greenodd Village Hall, CANCELLED
- Fri 17th: **Coffee Morning**, 11am, Bouth Village Hall
- Sat 18th: **Hunter Muskett**, 7.30pm, Water Yeat Village Hall, CANCELLED
- Mon 20th: **Community Lunch**, 12.30pm, Coniston Institute, CANCELLED
- Mon 20th: **Local History Group**, 2.30pm, Coniston Institute, CANCELLED
The History of Finsthwaite through some of its people, Sophia Martin
- Mon 20th: **Coniston Parish Council**, 7pm, Coniston Institute
- Tue 21st: **Coniston WI**, 7.30pm, Coniston Institute, CANCELLED
- Sat 25th: **Pig Keeping Course**, 10am—4pm, Torver Schoolroom
- Sat 25th: **Open Garden**, Grizedale Arts 10am - 6pm Lawson Park
- Sat 25th: **Newland Furnace Work Party**, 1pm, Newland
- Thur 30th: **Mothers' Union**, Building Hope and Confidence by Working Together
1 Church Beck Close
- Thur 30th: **Will Case, Family Farming & Beyond**, 7.30pm, Water Yeat Village Hall
CANCELLED

IMPORTANT NOTICE: At the time of going to print the above list of events in the What's On were believed to be correct. However, before attending please do check with those running the event as to whether it is still being held.

Heartwarming Stories

As you can see from the What's On list, most events have been cancelled or postponed indefinitely. It is also likely that in the May issue of the Coniston and Crake Valley News the What's On section will be fairly empty.

However, with the impact of the Coronavirus increasing, and people having to self-isolate and practice social distancing, there is also an opportunity for an increase in neighbourliness and social action.

Therefore, if you have a **heartwarming** story or an example of someone being a **good neighbour** then please do share it by sending the story in to the editor, and we will make sure that the community knows.

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