

Coniston and Crake Valley News

Serving the parishes of Colton, Coniston and
Torver, Egton cum Newland & Lowick with Blawith



March 2020 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"



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Pastoral Letter

The Tipping Point

March is the tipping point in the seasons. Herdwick lambs are a welcome sight after a long winter, Spring is approaching, the days are lengthening.

Tipping points can also be negative. The rapid erosion of the glaciers and ice caps have even surprised climate scientists; global warming is speeding up.

There are also alarming political tipping points. The growth of nationalism across Europe and the insidious increase in anti-Semitism are alarming. But also hostility to Christianity is growing in our nation. Tim Farron MP, in his recent autobiography, hits the nail on the head when he writes:

“What appears now to be happening is that while the absence of faith is still thought to be the neutral position, holding a faith is today only considered to be tolerably eccentric if it is merely cultural. But if your faith actually affects your world view in any way that puts it at odds with the mainstream, then your faith is considered to be malign and intolerable.

Many will now believe it to be unacceptable if your faith tells you that you should submit to God, and in doing so deny yourself when it comes to your money, your time, your sexual desires, or that you should raise your children to believe that Jesus is who he says he is, or that the life of every human matters at every stage of existence.”

Since those words were written, the C of E has come under incessant fire for attempting to uphold the Biblical view of marriage. Persecution hangs in the air of our so-called liberal society.

Yet Spring reminds us that seasons come and seasons go. It is God's world and He has promised the coming of His Kingdom *‘on earth as it is in heaven’*.

More than any time in my (approaching) seventy years, I feel there is an urgency to call Christians to prayer – prayer for the Kingdom – prayer for the United Kingdom – prayer for His Church – prayer for the very world in which we live.

If you, like me, believe the Scriptures contain God's promises, then come together to study God's Word, come together for prayer – come for the sake of the Coming King, whose triumph over evil and death we will be celebrating next month. Be on His side in the tipping point of the world!

May God bless you.

David Bickersteth



Now we all know that vicars are prone to standing on soapboxes and giving lengthy and unwelcome sermons to unsuspecting people, but by and large I resist the temptation!

However, it has been brought to my attention that up and down the Crake Valley there have been cases of repeated littering. For example along the footpath from Greenodd to Penny Bridge there have been empty wine bottles, beer cans, cigarette packets and fast food thrown on the ground—and on the way to Torver I saw a used nappy in the hedgerow! If you see someone in the act of littering, please remind them not to spoil our beautiful valley, but if it is your wine bottle, beer can or nappy(!) then...

...PLEASE TAKE YOUR LITTER HOME—Revd. Brian Streeter

Churches in the Coniston and Crake Valleys

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

For Services this month see page 5

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8HH

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on 015394 41594.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Saturdays at 6.00pm.

For further information contact Father Matthew Jacob on 01229 779673.

Coniston Christian Fellowship LA21 8AL

You are welcome to join us for our meetings on Sundays at 10.30am in the Primary School.

Home group meets regularly every Tuesday evening during term time. For further information please contact Norman & Christine Beech on 015394 41780 or Kevin & Julie Gregory on 015394 41125. Please see our website for more details: www.conistonchristianfellowship.co.uk

World Day of Prayer

Join with people from all Christian churches in a wave of prayer
crossing the world over a 24 hour period.

This year the service has been prepared by the women of Zimbabwe
The Theme is 'Rise! Take your Mat and Walk'

Friday 6th March at 2.00pm

at: The Sacred Heart Church

Bowmanstead, Coniston

On the road south of Coniston near The Ship Inn

Parking on layby on the right just south of the church

Wear brightly coloured clothes or scarves if you wish!

Refreshments will be served afterwards

All are very welcome!

Church Services and Rotas for March 2020

1st First Sunday of Lent			
St. Luke Torver	9.00am	Winter Breakfast	L Inman, H Bowness V Towndrow
St. Luke Lowick	9.30am	Holy Communion (BCP)	Rev Brian Streeter
Holy Trinity Colton	9.30am	Morning Worship	Pam Priestley
St. Mary Penny Bridge	11.00am	Morning Worship	Rev Brian Streeter
St. Andrew Coniston	11.00am	Holy Communion (BCP) by Extension	Peter Fox
8th Second Sunday of Lent			
St. Luke Torver	9.00am	Holy Communion by Extension (BCP)	Peter Fox
St Mary Penny Bridge	10.30am	Holy Communion	Rev Brian Streeter
St. Andrew Coniston	11.00am	Worship For All	Pamela Hull
15th Third Sunday of Lent			
St. Luke Torver	9.00am	Informal Worship with Healing	Rev Brian Streeter
St. Luke Lowick	9.30am	Morning Worship	Richard Wood
Holy Trinity Colton	9.30am	Holy Communion	Rev Joanna Henson
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Harry Welch
St. Andrew Coniston	4.00pm	Explore!	Christians Together in Coniston
22nd Fourth Sunday of Lent - Mothering Sunday			
St. Luke Lowick	9.30am	Methodist Service	Rev Jo Rand
Holy Trinity Colton	9.30am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
St. Andrew Coniston	11.00am	Holy Communion	Rev Ian Swift
St. Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter
29th Fifth Sunday of Lent - Passion Sunday			
St. Luke Lowick	10.30am	Holy Communion	Rev David Bickersteth
Coniston Christian Fellowship	11.00am	Combined Service	Christians Together in Coniston

Parish Prayer Diary March 2020

1st March: Sunday, the first day of the week

As we move through this season of Lent, may God strengthen us to discipline ourselves, and, as we know our weakness, may we know His power to save.

2nd: Pray for our Bishops, James and Emma, that God will give them grace, strength and wisdom each day as they serve the Lord in this Diocese.

3rd: Pray for those working in the Housing Department of our local council, especially those who deal directly with people in distress due to homelessness.

4th: Give thanks for the thousands of Fairtrade products now available and the difference Fairtrade has made to farmers in some of the poorest countries.

5th: Pray for Victim Support charity providing specialist support to individuals of all ages affected by crime and traumatic events including domestic violence.

6th: World Day of Prayer: today Christians across the globe pray on a theme chosen by a nation. This year Christians of Zimbabwe invite us to join them praying on the theme of "Rise! Take your mat and walk". (*John 5 vs 2-9*)

7th: Tomorrow is *International Women's Day*. Spend some time today giving thanks for the women who have nurtured, encouraged and inspired you.

8th March: Sunday, the first day of the week

Fed by God's word today may He strengthen us to daily reject all that is contrary to Kingdom living and to embrace that which enables the Kingdom to grow within us and our communities.

9th: Pray for the Annual Parochial Church Meeting for Lowick parish which takes place this evening, giving thanks for God's past and future provision.

10th: Pray for the Annual Parochial Church Meeting for Colton parish which takes place this evening, with gratitude for what has been and openness to God's leading in the future.

11th: Pray for the Annual Parochial Church meeting for Egton cum Newland Parish which takes place this evening, for a time of thankful reflection on the past year and discernment for the year ahead.

12th: Pray for the Sport Relief events taking place this week, that the monies raised will help vulnerable people in the UK and around the world to live happier, healthier and safer lives.

13th: Pray for those who organise and lead groups in our locality providing much valued weekly or monthly opportunities for company and friendship.

14th: Pray for the 100 Club event taking place this evening, that this fundraiser for Torver Schoolroom, will be a time of fun and fellowship for the Torver community and their guests.

15th March: Sunday, the first day of the week

In our worship may God give us insight to discern His will for us, and give us grace to walk the way of the cross, finding it to be the way of life and peace.

16th: Pray for those who have recently become unemployed, and for any facing the prospect of redundancy, especially anyone known to you.

17th: Pray for our local authorities, South Lakeland District Council and Cumbria County Council: for good leadership, wise financial decisions and a real concern for the people they represent.

18th: Pray for the Royal National Lifeboat Institute and its funding needs. Give thanks for the lifeboat crews, volunteers who selflessly risk their lives to save others and make our waters safer for everyone.

19th: Pray for the residents and staff at our local Care Homes, for good staffing regimes so that all residents are well cared for with courtesy and consideration.

20th: Pray for those charged with spending the aid monies collected by the Disasters Emergency Committee, for wisdom and transparency.

21st: Pray for those working in our local farming community, especially at this time of lambing.

22nd March: Sunday, the first day of the week

Give thanks for those who lead our services today and for the freedom we have to meet together to worship God, to hear His word and to have fellowship with each other through our Lord Jesus Christ.

23rd: Pray for the day when everyone has access to safe drinking water and adequate sanitation.

24th: Pray for teachers struggling with challenging children, that they may have wisdom and endurance to overcome the difficulties and develop positive relationships.

25th: Thank God for the courage of Pastor Abdalla who stayed in Syria when war came, and for the 16 Centres of Hope delivering help for vulnerable people in Syria through local Christian churches.

26th: Pray for the welfare of our society: the police, magistrates and the judicial services, that righteous judgements will be made for the benefit of all.

27th: Pray for St Margaret's Hospice Romania, and the two 5-year old children, Valentina and Alexandur, sponsored by the community through the Children in Distress 5p Collection.

28th: Pray that we might be more aware of our responsibilities to reduce climate change and be willing to be more careful in how we use finite resources.

29th March: Sunday, the first day of the week

As we come to worship, let us ponder anew the graciousness of God giving up his Son out of love for the world, and in humble response seek to share His love with all we come in contact with.

30th: Pray for Bishop James' meeting with his leadership team today as they prayerfully discuss and plan the ministry of the Diocese.

31st: Pray for those who work within the local Citizens' Advice Bureau, for wisdom for their counselling, and that funding will be sufficient to meet the demands made upon this vital service.

AROUND THE PARISHES

Colton

Oxen Park Cinema Club

Wind River is already FULL on 3rd March with a 2nd show on Sunday 8th March, 8pm

The Keeper: 21st March – plus an extra show on Sunday 22nd, 8pm

Woman at War 7th April + supper – FULL, a 2nd show on Sunday 5th April, 8pm.

Note that this extra show is the Sunday before.

Green Book 18th April – FULL but an extra show the day after on Sunday 19th, 8pm.

Book through Carol on crlmcneill@gmail.com Tel: **01229 861507**

RUSLAND VALLEY HORTICULTURAL SOCIETY LTD.

Marquee Organiser and Riggers Wanted.

The Rusland Show is a very successful local Show, now in its 137th year.

A major part of its success is down to its ownership of a range of marquees, flooring, tables and chairs. These are let out, on an occasional basis, to other local shows, local events and infrequent weddings. The income from this activity is vital in keeping the Rusland Show “alive”.

Marquee Organiser

Following the retirement of our existing organiser, we are now looking for someone new to take on this key role of “Marquee Organiser”.

The role will involve the taking the bookings for marquees and other equipment, advising the riggers when the marquees are required, where they are to go out to and which bits of equipment are required for that event.

This role will suit an organised person with a keen wish to support a key local institution.

Riggers

We are also looking for strong, well-organised people who are prepared to act as riggers for the marquees. The riggers principally oversee and advise the team erecting the marquees (provided by the hirers) on how to erect the marquees.

This is an occasional activity to match with when the marquees are hired out and involves overseeing the collection of the required equipment, the erection and then taking down of the marquees and their return to storage.

Full training will be given for both roles.

If you are interested in either role or wish to ask any questions about them, please contact Maureen Boyren: tel. **01229 885300** or email: m.boyren@btinternet.com

RUSLAND VALLEY HORTICULTURAL SOCIETY LTD.

We are pleased to be welcoming back to the marquee on Rusland
Show field :

Ricky Aron Rock & Roll Show

“A tribute to Elvis Presley & the Legends of Rock & Roll”

SUNDAY AUGUST 16th 2020 at 8pm

Tickets £10 available nearer the time.

Put the date in your diary!

Rusland Valley Spring Show

Saturday and Sunday 21st and 22nd March

**Get baking and making for the Rusland Spring Show this
Mothers' Day weekend**



Entry forms on our Facebook page or request from
ruslandspringshow@gmail.com



**Charcoal drawing workshop
Flower arranging demo
craft exhibits and demo**



**Craft stalls, home-made food
free children's activities
Rusland Horizons outdoor
activities**

Come and join us from 12noon on Saturday and 10.30am on Sunday
Adult entry £4 with a hot drink, children free and free children's activities.

Coniston & Torver

Coniston Old Man

There is huge historic interest for both visitors and Coniston people in the old slate workings on the north-east side of Coniston Old Man, some of which were in operation by the early 1600's.



In 2006 a project was started by Coniston Local History Group to pull together the large amount of data that existed in historic archives and also in the memories of Coniston families, many of whom had relatives that had worked on the mountain. Much of this data is now summarised on the Old Man web-site (www.conistonoldman.org.uk). Most of the quarry banks have their own stories and much of this has now also been recorded in Oral History Archives.

A further project is now under way to see how feasible it would be to include a summary of some of the more interesting data on interpretation panels which would be installed on two or three of the working sites on that part of the mountain. This was only started in November and, if thought to be worthwhile, will take about two years to complete.

If anyone would like to lend a hand please contact Alastair Cameron (cameron.alastair@outlook.com) or Robert Gurr (robertagurr@gmail.com).

Age UK Cream Tea

The Age UK Cream Tea is held in the Meadowdore Café, Coniston on the second Tuesday of every month at 3pm. Places should be confirmed by the preceding Sunday with Ruth Stewart, phone: **015394 49539**.

75th Anniversary of VE Day - May 8th

Coniston will be holding various events to remember the 75th Anniversary of the End of the War in Europe including, we hope, a Church Service, Military Dance (war time dress encouraged), Street Tea-party, School Poetry Competition - all over the weekend of Friday 8th May. More information to follow soon.

Coniston Twinning Association are arranging their trip to the Twin Town of Solto Collina in Northern Italy. This is currently planned for Friday 8th - Monday 11th of May. Any Friends down the Valley would be welcome to join the small group. All that is needed is the membership fee of £12 which covers our Insurance, plus flight costs of around £100 and shared travel costs of minibus to and from Manchester Airport. All food, drink and accommodation with lovely Italian families comes free as part of our friendship. Italians come over here the next year, but there is no compulsion to host as you could just come and join in the visits and parties we arrange when they are here. It's always good fun up in the mountain and lakes area of Northern Italy at the head of Lake Iseo. Please contact Jackie Coe on **077761 40607** or Anne Hall **015394 41558** for more information.

Torver Schoolroom

The next 100 Club Draw will take place at the Hungarian Supper, on the 14th March at 6.30pm the Schoolroom. Don't forget to book a place - phone Hazel on **015394 31869** or email hazelbowness@outlook.com.

Coniston Local History Group

The next meeting takes place on Monday, March 16th at 2.30pm in the Coniston Institute Reading Room when the talk will be on Illuminated Lettering, Calligraphy and Heraldry in the South Lakes by Sarah Lace.

Pie, Peas and Dominoes on Friday 20th March at 7.30pm

Coniston Institute Reading Room
please book with Sarah by 16th March
tel: **015394 49509** or **077666 57078**

Coniston Coffee Morning and Soup Lunch

Coffee Mornings will continue as usual at St Andrew's Church on **the first Wednesday of the month** between **11.00am and 12.30pm**, with soup served from 11.30am.

Judy Jones will also be there with hearing aid batteries. So do come along and join us – all are most welcome.

Rainfall, Garden House Coniston, January 2020

Total - 283mm (11.1ins)
Wet days - 24, More than 1mm on 20 days.
Wettest day - 6th - 34.0mm (1.3ins)



Coniston Institute and Ruskin Museum – March 2020 events

LIVE MUSIC AND THEATRE

Highlights Rural Touring Scheme and Glow Theatre Company present

LETTERS FROM THE FRONT

Thursday 27th February 7.30pm

Edith and Geoffrey spend only four incomplete days together before Geoffrey goes to Ypres as a Royal Engineer Tunneller. A real-life story of the romance between two remarkable people during the First World War

for a sneak preview watch

<https://vimeo.com/311881437>

Tickets £10 adult, £5 child, £25 family
(2 adults, 2 children)

Bring own drinks & snacks Raffle
Refreshment plus Q&A with cast and crew after the show.

Limited seating therefore please make sure you buy or reserve tickets.

Available from The Ruskin Museum
helenconistoninstitute@gmail.com

EABHAL

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CONISTON
INSTITUTE

SAT 7TH
MARCH

DOORS: 7:30PM
TICKETS: £10

"One of the most brilliant debut bands to emerge
from the last year" - Jockey Magazine, The National



TICKETS

AVAILABLE AT RUSKIN MUSEUM

OR CONTACT: www.letterto.3333@gmail.com 07786995429

Interested in booking a room or event at the
Institute? Phone Tracy Hodgson on **015394**

41823 or email

conistoninstituteuk@gmail.com

The Ruskin Museum is proud to present **A TRIUMPH OF NATURE**

An Exhibition of Watercolours, Wood Engravings and Linocuts

By local artist Beverley White

Saturday 22nd February – Sunday 5th April

Check Museum website for opening times

www.ruskinmuseum.com **015394 41164**

Free entry to the Museum through February for all
residents within the Parishes of Coniston and Crake



Follow us on Facebook and Instagram to keep up to date with 'what's on'

BRANTWOOD NEWS AND VIEWS

High Season is almost here and we are **READY TO ROCK!** (There is a theme going here). We have fabulous new exhibitions coming. Starting in the Blue Gallery 'The Making of Mountains: John Ruskin and the Geology of the Hills' opens on 18th March until 25th May. Mountains inspired and obsessed Ruskin his entire life. His fascination with geology led him to collect thousands of mineral specimens. His own personal collection of over 2000 specimens returned to Brantwood last year and we are proud to announce a dedicated permanent exhibition which opens on 20th March. 'The Treasury – The John Ruskin Mineral Collection' will be on display in the Linton Building. Stunning examples will also be in display throughout the main house.

Outside, the gardens are coming alive again with Spring flowers and budding trees. Shake off those winter blues, walk around the gardens followed by afternoon cake and tea. Don't forget there is still time to take advantage of our special local loyalty discount offer of 10% off in The Terrace – valid until end of March.

'Water Essays' by Frances Winder continues in the Studio. Frances' work reflects the mood and atmosphere of landscape. In this exhibition, Frances will use paint-acrylic, watercolour and mixed media, as well as fabric and collage to express herself. On display until 29th March. Frances will be holding a 'Meet the Artist' day on Thursday 26th March when she will be demonstrating and talking about her work. Entry to the exhibition is included in house or garden admission. There is still time to book a place on Sandra Orme's pastel course learning to create beautiful and dramatic skies and clouds. 10.00am-4.30pm 20th & 21st March. £70 pp for one day, £130 for 2 days.

For all forthcoming exhibition and event details, please keep an eye on our website for updates.

Our current opening hours are Wednesday to Sunday 10.30am - 4pm. We'll be back open every day 10.30am - 5pm from the 16th March 2020.

www.brantwood.org.uk / **015394 41396**

Egton cum Newland

COFFEE AND CHAT is moving DATE and TIME.

For those who are not aware Haverthwaite Surgery and Patient Participation Group host a monthly Coffee and Chat in Greenodd Village Hall. This is open to everyone, whether a patient of the surgery or not, and is free of charge.

Up until now it has been held on the 3rd Wednesday of each month from 10.30 until 11.30am but this will change in April. From then on it will be held on the **3rd Friday** of the month from 10.30 until 12 noon, starting on Friday April 17th.

We also hope to have organisations attending: not to "do a talk" but simply to be there if you wish to talk to them. Our first person will be from Cumbria Health Watch who will be interested in any comments you may have about Cumbria Health Provision. Do please come and join us. All ages are very welcome and we would love to see you. For any further information please contact Pat Procter on **01229 861466**.

Christian Aid

A volunteer is required to take over as our Christian Aid organiser - for our group of churches in the Crake Valley. It involves ordering the Christian Aid envelopes; distributing these to collectors and banking the final takings in Ulverston.

If you would consider helping please contact Jean on **01229 861632** for details.

PENNY BRIDGE CE ACADEMY

March 2020 Newsletter

Our new pupil break time sports leaders are proving very popular. Koby and Will (year 6) learnt to enjoy dodge ball when they attended their local cub groups. They are busy organising dodge ball games in the main hall twice a week starting with the reception class. The school choir -after many weeks of dedicated practice- performed at the 'Young Voices Concert' in the Manchester Arena. This annual event takes place over a few weeks in Sheffield, Birmingham, Manchester and London. Overall 8,400 children attend. Our visit proved to be an exciting and happy experience for everyone.



A few members of year 6 attended the 'Speed Climbing Competition' at Furness Academy. This is a new venture for us and we joined in with 26 other local junior schools. Speed climbing is a demanding event which develops many character strengths such as perseverance and decision making. Our team performed admirably and thoroughly delighted in the various challenges.

The 'National Engineering STEM Competition' (ages 9--14) took place in Furness College. Year 6 were given the following tasks (1) to code a robot to enable it to perform a set task (2) to research a real life building problem (3) to present all their tasks upon completion to a panel of judges. This amazing competition allows children to work as a team, explore ideas and learn to 'think outside the box'. This is our second year and we won the 'Most Improved School Trophy'. Congratulations to all involved.

Eco work and whole school Eco projects continue to 'steam' ahead. We always have at least three projects running simultaneously. Our latest whole school challenge is called STEPS and will run to July 2020. The Eco team presented to the school the story of Greta Thunberg and the brave STEPS she took to highlight the problems of global warming. The team worked on collating ideas (gleaned from all the children) to suggest STEPS pupils and their families could take towards trying to help reduce global warming.

As a school we have been entered into a bid to receive new equipment in the Reception outdoor area. We intend this to be used not only for the children at school but for the local community. Thanks to all those who completed our survey online about access to outdoor play areas.

Thank You

There Are Only Solutions

Greenodd Village Hall

Coffee mornings/evenings, music shows and more

Find out what is going on in Greenodd Village Hall

www.greenoddvillagehall.co.uk

We are on Facebook... search for Greenodd & Penny Bridge Village Hall

Penny Bridge Church



Coffee Morning



Greenodd Village Hall

Saturday 4th April 2020

10.00am – 12 noon

Raffle Tombola Cake Stall
Fancy Goods Bric a Brac Books
Handmade Cards
Homemade refreshments

Admission £1

Come and join us for a relaxing morning with friends.

Lowick and Blawith



Lowick Community Hall

**LOOKING FOR A GREAT VENUE FOR YOUR CLASSES,
MEETINGS OR PARTIES?**

**LOWICK COMMUNITY HALL IS WARM, SPACIOUS, VERSATILE AND
COMFORTABLE AND OFFERS EXCELLENT VALUE FOR MONEY**

***SINGLE BOOKINGS: £20.00 FOR UP TO FOUR HOURS**

***SIX OR MORE BOOKINGS PER YEAR: £13.00 FOR UP TO FOUR HOURS**

ACCESS TO FREE WiFi AND DATA PROJECTOR

ALSO AVAILABLE FOR FULL DAY EVENTS

**FOR MORE DETAILS AND TO CHECK AVAILABILITY GO TO WWW.LOWICK.ORG.UK
OR CONTACT ROB DOVE 01229 885647 OR LISA GRAVE 01229 861834**

FARMERS ARMS, LOWICK - Public Meeting on Thursday 5th March, 7pm at Spark Bridge Village Hall

As you know the Farmers' has been vacant for more than a year. Its future is uncertain and it needs a lot of renovation work. It has been a major feature and nucleus of Lowick for centuries. To let it dilapidate is a shame. If we do not do anything about it, it is an even bigger shame. For a discussion on what we are doing, what we can do and most importantly, what the community can do to save it, please attend!



IT IS ONLY A SHAME IF WE
DO NOTHING.

WATER YEAT VILLAGE HALL

Welcomes

RICHARD SANDERSON

Chair of Trustees, Backbarrow Ironworks Heritage Trust,
to give an illustrated talk

THE BACKBARROW IRONWORKS: PAST, PRESENT AND FUTURE

One of the first opened in England in 1711, closed in 1965, the buildings have been listed by Historic England and conserved by the current owners.

THURSDAY, 5th March 2020, 7.30pm

£3 includes tea/coffee/biscuit on arrival

For other events, see our website www.wyvh.btck.co.uk

TRANSPORT DIFFICULTIES? WE MAY BE ABLE TO HELP

Cumbria County Council

Lowick, Blawith and Oxen Park Voluntary Social Car Scheme.

The Voluntary Car Scheme provides transport to members of the community of any age (under 16's must be accompanied by an adult, appropriate car /booster seats must be supplied) who cannot make their journey by public or private transport. The charge is £0.45 per mile travelled.

Typical journeys include hospital appointments and visiting, doctor's or dentist's appointments, shopping or transport to railway station.

The local contact number is 01229 885498

WATER YEAT VILLAGE HALL

is delighted to welcome back



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Folk legend Steve Tilston is this time in company with double bass player Hugh Bradbury. We are honoured to be part of his 50th anniversary tour. The hugely talented award-winning performer presents an intimate evening of music, featuring unique arrangements of popular folksongs alongside his own acclaimed material. Steve is a dazzling guitarist with a style echoing the elaborate rhythmic "folk baroque" of Bert Jansch and Davy Graham, but also drawing from classical, roots and tradition.

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www.wyvvh.btck.co.uk

www.stevetilston.com

Reports and News

Egton cum Newland WI



Our January meeting found us listening to a presentation about the Coniston & Crake Conservation Project delivered by Kath Smith. We learnt about the various worthy projects they have completed and their hopes for the future. In February we were entertained by Ella from her whole food shop "Ripe" which is to be found in Ulverston. She told us about her love of healthy food and use of natural ingredients. She demonstrated making a cheesecake and we sampled that as well as one of her loaves. The main ingredient in both of these was nuts. They literally gave us food for thought. At this meeting we voted for the charity which we wish to support this year. After some discussion we chose Sunbeams Music Trust. This charity is based in Penrith and aims to improve the lives of children and adults through the creative freedom of music.

Our members continue to participate in two book clubs and also a Rummikub group. One book read and discussed was "All the light we cannot see" by Anthony Doerr. This was very well received and one of our favourite reads from the onset of our club. We now have forty-four members, which is wonderful, but our doors are always open to welcome more ladies/lasses. If you fancy trying us out why not join us for a swill making demonstration on 10th March at 7.30pm. in Greenodd Village Hall. From the WI team.

Bouth WI

Our February meeting was in the morning and was very well-attended by our members; however the March meeting is at the usual time of 7.15pm on Wednesday March 11th, when we welcome a speaker from Kendal Mountain Rescue.



Coniston Mothers' Union

For the first meeting of the year, six members met at No 1 Church Beck Close for their meeting at the end of January. After a short time of worship, the Diocesan President, Janice Eadington, was welcomed before advising the group of different options to enable us to continue being small in numbers. It was decided that we become Deanery members, doing away for the need for a treasurer but are going to continue as an individual branch with our own programme of activities. Pat Darragh was thanked for hosting the meeting.

Our next meeting takes place at 3 Collingwood Close on 27th February at 2pm. Peter Fox will lead us for a service of Evening Prayer including our renewal of membership. All are welcome, for more information contact Kay (015394) 41559.

Rusland Horizons Report

Get writing in 2020!

As part of the Rusland Horizons 2020 Arts Initiative, there will be three creative writing workshops held on April 4th, May 2nd and July 4th. The workshops will provide a great opportunity to work with the talented, Ulverston based Caroline Gilfillan; experienced tutor, published author of poetry and fiction and winner of several creative writing prizes. Each workshop will focus on the working landscape and natural world of the Rusland Valley. More details will be available on the website soon.

Butterflies of the Rusland Valley Talk - Thursday 26th March (6.15pm - 8.30pm)

Rusland Horizons Trust and Butterfly Conservation Cumbria are joining together to hold a number of butterfly and moth events. The first will be a talk by Chris Winnick, Chairman of Butterfly Conservation Cumbria, held at Hay Bridge Nature Reserve Study Centre. With the Rusland Valley being home to a number of rare and threatened species, Chris will share his endless knowledge and expertise with a fascinating talk about the butterflies of Cumbria and in particular, the local area.

Join fellow nature enthusiasts to enjoy an interesting evening all about butterflies and moths, future conservation work and events such as moth mornings and butterfly survey days. Full details and registration information can be found on the Rusland Horizons website (below).

Local History Group update

The newly formed Rusland Local History Group, held its first meeting on 11th February in the recently refurbished Oxen Park Reading Rooms. As well as continuing with the discovery of more fieldnames for the Mapped Histories project, (see updated map at <http://www.ruslandhorizons.org/explore.aspx>), the group has decided to embark on two new project ideas. These will be, mapping ancient routeways and rediscovering old orchards. More details and progress updates on all the projects will be shared soon.

For more details, or to get involved, in any of the Rusland Horizons Trust projects and events please visit the website <http://www.ruslandhorizons.org/> or email hello@ruslandhorizonstrust.org

Young Farmers Club Report

Cumbria YFC's County Finals of the Junior Public Speaking and YFC Member of the Year competitions were held at the George Hotel, Penrith in January.

The Junior Public Speaking judges listened with great interest to young farmers aged 16 and under speaking on a whole host of topics with the standard of competitors being exceptionally high.

The Wigton YFC team of Philippa Hall, Fay Batey and Mary Bowman took a very well-deserved first place for the second year running. Ruth Cooper, Owen Airey and Isabel Wilson of Lowick YFC came a close second and the Drigg YFC team of Billy Sibbald, Rosie and Sam Pratt were placed third.

Eight Young Farmers from around the county were interviewed by retired County Presidents Mr Michael Graham and Mr Roger Bainbridge and Current County President, Mrs Judith Emmott for the honour of being named Cumbria's YFC Member of the Year.

The judges were impressed with the quality of all the interviewees and their CVs, and it was a closely fought competition with Alice Longmire of Lowick YFC taking first place, Robbie Tuer of Raughton Head YFC placed 2nd and Lowick YFC's William Longmire taking 3rd place.

The top 3 competitors and teams from both competitions will now go on to compete at the Northern Area Weekend hosted by Lancashire YFC at the end of February.

Lowick YFC's Luke Hodgson also won third prize in the Inter age group at the Southern Area Hedge Laying competition in January, when over twenty competitors were hosted by the Ladd family of Skelsmergh Hall Farm.





SLDC NEWS

SLDC and Climate Change

SLDC's Climate Change Action Plan has three strands – areas where SLDC has direct control (for example energy usage in its buildings and business travel), where it has influence but not direct control (for example, planning and waste collection) and areas of influence where SLDC can act as an enabler (for example, assisting a community group to install solar panels on a village hall, potential community energy schemes or simply encouraging businesses to become greener).

The next round of public Climate Conversations with SLDC Leader, Councillor Giles Archibald and Cllr Dyan Jones, Portfolio Holder for Climate Change and Localism, start later this month, taking place from 6pm to 8pm on 4th March, in the Supper Room at Coronation Hall, Ulverston.

Councillor Ian Wharton has allocated all of his £1000 Locality Budget.

In Coniston and Crake Valley he has donated £200 to Penny Bridge Academy for eco-projects and £100 to Rusland Horizons for a poly tunnel. Both these projects involve the children of the valley in outdoor and environmental activities, which can only improve the area. He has also paid £150 for a lengthsman to clear the footpath/cycleway from the Greenodd footbridge towards Ladysyke. "The path has become overgrown with gorse and brambles. It is popular with dog walkers, cyclists and ramblers and not only does it look a lot neater, people are not snagging their arms on thorns". He, together with Cllr. Tracy Coward have donated £300 towards printing costs for this very magazine. "It is a great way of bringing this vibrant community together to publicise social and business services and activities."

Councillor Janet Willis has allocated £500 from her locality budget towards the Crake Valley Croquet Club clubhouse refurbishment.

Farmers Arms, Lowick

No doubt every time you drive past, most of you will know that the Farmers Arms has been shut for well over a year and can see the building getting worse almost every day. It is somewhat complex but the Inn straddles the boundary of two parishes, Egton cum Newland and Lowick. So Councillors Willis and Wharton are starting to work together to see what can be done with the building. We, with the former Barrow MP, John Woodcock have been in contact with the owners and unfortunately they do not have clear plans for the property. For it to be a viable concern, it needs a lot of TLC. If you are interested in what can be done or in helping, then we are holding a Public Meeting at SPARK BRIDGE VILLAGE HALL at 7 pm on Thursday 5th March.

Ian Wharton ian.wharton@southlakeland.gov.uk

PARISH COUNCIL REPORTS

Egton with Newland, Mansriggs and Osmotherley Parish Council

The last ENMO Parish Council meeting was held on Tuesday 7th January 2020.

Penny Bridge School and The Farmer Arms, Lowick were on the agenda under public participation.

Penny Bridge School are undertaking various projects to involve the local community. Future projects are a monthly music, tea & cake event with invitations being sent to parents and local residents. School pupils are also going to research local history.

The Farmers Arms at Lowick has been empty since Easter last year and concerns over the condition of this building and its future have been raised.

District Councillor Ian Wharton is making enquiries to file this building as an asset of community value. To explain the options there will be a Public Meeting on 5th March, 7pm at Spark Bridge Village Hall.

ENMO Parish Council meet on the first Tuesday alternate months, starting in January, at 7pm. All welcome.

Please visit our parish website where you can find a host of local information, current local news stories, minutes of meetings and proposed planning applications.

www.enmoparishcouncil.org.uk

Cathy Child, ENMO Parish Clerk, Email: clerk@enmoparishcouncil.org.uk

Lowick Parish Council

The last Parish Council Meeting was scheduled for 16 January. Unfortunately the Council was not quorate as Councillors Sanderson and Mitchell were unable to attend. Consequently, a formal meeting could not be held.

Pete Jones, Cumbria Wildlife Trust's Reserve Manager for Lowick Common spoke at the meeting about plans for Lowick Common which was recently gifted to the Trust.

It is a no funding project and therefore there are no constraints placed by any funders, but there is also no money available and volunteers are encouraged and welcome. Anyone can get in touch with CWT (**01539 816300**) to express an interest in helping.

Short term projects include controlling the Himalayan balsam and keeping the main path network clear, year round. Access plans include maintaining the path network, interpretation signs, leaflets, and parking capacity.

There will be a 5-year management plan: Surveys will be carried out on birds, dragonflies (15 species), reptiles, the ponds and sites of archaeological interest. CWT will be assessing high risk ash trees and apply for a felling licence if required.

Reduction of bracken is a significant issue and CWT will only be using mechanical means – no chemical controls. Tree planting may be considered and this would help to reduce the bracken. In order to introduce grazing the bracken would have to be managed and CWT would have to work with Commoners.

Pond management: the need to consider restoration/rotational clearing, but the wetland sites are important habitats.

The Parish Council appreciates Mr. Jones giving his time to come to the meeting.

The next meeting will be on Thursday, 19 March at 7.30pm in Lowick Community Hall, all welcome.

Lowick Parish Council is still seeking another member of the public to join the Council following the resignation of John Longmire. If you are interested, please speak to a Councillor or the Clerk. It would be a co-opted position as parish council elections are due to be held in May.

Please use the website at lowickpc.wordpress.com for information about the parish and the parish council.

Colton Parish Council

Police report

PCSO Paul Harris came to the January PC meeting and presented on a number of attempted break-ins in the area and suspicious vehicles seen loitering around key locations. Please remain vigilant at all times and ensure that your property and vehicles are kept secured and personal effects are kept out of temptation's way!

LDNPA Ranger Sara Spicer described plans to develop the Southern Windermere trail which would be a bridle path cum family friendly cycle route. Key locations *en route* potentially are the Lakeside and Haverthwaite Railway, Lakeside, Bobbin Mill at Finsthwaite and Black Hill Wood (YMCA). Currently these are only proposals, but views were being sought on how the plans might be received by local people. When the Parish Council receive formal notification, we will of course post it around the Parish for your views.

Website

The website has been launched and we have already received positive feedback from a number of parishioners. The "Community News" section is still a work in progress but in order to keep it current and relevant I would appreciate contribution from parishioners, comments on other sections are also welcome!

Community Plan and Parish priorities

Cllr Hoyle is currently updating the original 2015 Parish plan to bring it up to date for 2020 and at our meeting we spent some time discussing how we could find out which priorities are important for our parishioners. We would welcome any suggestions on how we can best involve YOU in reflecting your views and ensuring that the Parish Plan is relevant to you and your family and friends!

Highways and road safety

There is a meeting planned in March at the Rusland Pool to discuss issues relating to the A590 and associated plans to improve road traffic safety. Details are not yet confirmed.

Planning

The planning application which was discussed at great length, and objected to, at the Parish Council meeting was relating to the erection of a (12m high) Smart Metering pole at Nibthwaite Grange Farm. The other related plan is from the same company wishing to install a similar pole on the grass verge near Old Hall Farm in Bouth. The Parish Council has asked questions of the company and have still not received a reply. As these are such "prominent" developments the Parish Council suggest that Parishioners take the time to consider and provide their views on the developments directly to the LDNPA. (www.lake-district.gov.uk)

For more information, contact details and meeting dates please see our website www.coltonparishcouncil.org.uk

X112 Ulverston to Coniston Bus Service

Friends of the X112: We hoped we would not have to report that yet again we are held up by the bureaucracy process, but sadly we are. We are still waiting for a decision on our application for Section 22 transport permits which we hope will lead to a more secure public transport system. It gets more frustrating by the day especially as we are receiving very encouraging signs from a number of funding agencies that would like to help us. So many other plans being held up as well by this delay. The application went in on Nov. 19th last year!

All we can ask at the moment is for everyone to support the buses by using them and encouraging others to do the same. We know it is not an ideal timetable but we must hang on to what we have.

As said many times before we need more people to join us on our committee and also to join our Standing Order scheme in which we ask people to commit £10 a year to our funds. More details on what we do and how to join the scheme can be obtained from Roger Harris, tel. **01229 835712** or Anne Hall on **015394 41558**.

Many thanks for your continued support.

Current timetable:

note - no service on Saturdays or Sundays

All intermediate stops are served by request



NORTHBOUND	M - F	Tue, Thur	M - F
Ulverston Victoria Road	08.45	12.20	14.50
Greenodd Shelter	08.52	12.27	14.57
Spark Bridge village	08.57	12.32	15.02
Lowick Green	09.01	12.36	15.05
Blawith Church	09.05	12.40	15.09
Torver	09.15	12.50	15.20
Coniston Crown Hotel	09.22	12.57	15.30
SOUTHBOUND	M - F	Tue, Thur	school hol
Coniston Crown Hotel	09.30	13.45	15.45
Torver	09.37	13.52	15.52
Blawith Church	09.47	14.02	16.02
Lowick Green	09.51	14.06	16.06
Spark Bridge Shelter	09.55	14.10	16.10
Greenodd Shelter	10.00	14.15	16.15
Ulverston Booths	10.04	14.19	
Ulverston Victoria Road	10.10	14.25	16.30

HAPPY 250TH BIRTHDAY BEETHOVEN!

Friday 27th March sees a very special day for classical music enthusiasts.

To celebrate this year's Beethoven 250 anniversary, Ulverston International Music Festival plays hosts to a day-long performance of all 32 piano sonatas at Ulverston Parish Church from 10am -11pm.

Part of Beethoven250fest (March 26-30th 2020, www.ulverstonmusicfestival.co.uk/whats-on/beethoven250fest.php) 32 pianists, all students at Royal Birmingham Conservatoire, will travel to Ulverston to perform for us.

The complete Beethoven sonatas cycle is an undertaking not often attempted and we believe this may be a first for a UK Conservatoire. It is certainly a first for Ulverston, and not to be missed.

The day will be split into four sessions; U-18 & students free, Adults £5 per session, and £15 for any hardy souls who stay all day - to be rewarded with an exceptional and immersive experience to cherish.

Conserving Coniston & Crake

We've been completing some of our fencing work recently, bringing the total of fencing installed to just over 23kms. Fencing protects the becks in a variety of ways, reduces bank erosion and sedimentation and creates a buffer strip, increasing biodiversity and creating good habitats for a range of wildlife. Volunteers survey these strips to record species and changes. They've found wildflowers like common spotted orchids, orange tip butterflies and evidence of little owls.

Buffer strips are usually planted with trees of mixed varieties, depending on size and location to further improve biodiversity. We're now looking for volunteers to help us plant around 200 trees at three locations.

Tuesday 10th March: Raisthwaite Lane area. 10am – 12.30pm.

Tuesday 17th March: Spark Bridge area. 10am – 12.30pm.

Please contact Kath if you can help with either of these and for meeting point details.

Saturday 28th March: Greenholme Beck area. Meet Water Yeat Village Hall 10am.

All tools & gloves provided but please dress for the weather and wear sturdy boots or wellies.

Kath Smith, Communities & Engagement Officer, Conserving Coniston & Crake

Email: kath@scrt.co.uk Tel: **07825873109** Tel: **01539 530047** www.ccc.scrt.co.uk

Grizedale Arts

You might have heard that Grizedale Arts has an exciting new strand of activity called 'The Valley.' Working with individuals and communities across the Crake, The Valley's programme is steadily developing a joined-up community rooted approach to producing new creativity-led projects that add to the abundance of resources which make the Valley a wonderful place live, work and visit. As part of The Valley's programme we are designing a new network of fully accessible pop-up Honest Shops that will support the Crake Valley's local independent businesses, farmers, small-scale makers, crafters and front-room entrepreneurs to sell their products direct to passing customers. Making the local shop truly local, the network will only stock items made within the Valley or by its residents.

Design development of the Honest Shops is well underway, but we are looking for locations in which to position them. If you are interested in hosting an Honest Shop in your back garden, village hall, school car park or any other location across the Crake Valley, get in touch with Emma Sumner, Valley Project Manager (emma@grizedale.org | **07930 651889**).

Open Forum

Open Forum is a series of evening discussion meetings on a range of topical issues and open to everyone. The next meeting will be at 7.30 pm on Thursday 5th March at St Mary's Church, Ambleside. The topic will be –

“Low carbon energy - will the lights go out?”

Professor Dame Sue Ion

Chair of Royal Society Science and Industry Committee

There is no need to book and no charge to attend. Please bring guests. Tea and coffee will be available. Please contact Rev Nick Hallam for further details

Tel: **015394 36069**, Nick.Hallam@uwclub.net

Update from the LDNPA's Southern Park Management Team

The Lake District National Park's Southern Park Management Team have been working on replacing footbridges in the area over the last few months. They have replaced a total of 7 bridges in the southern area since October. These vary in size from 12 to 38 foot in length. In the local area we have replaced a 25ft decked bridge with new 3 beam bridge at Cunsey. This bridge was made at the Southern depot, before being taken to Ferry Nab and loaded onto a barge, as the best way of accessing the site was from the Lake. The old bridge was dismantled, and taken off site on the barge.

We have also replaced the 38ft bridge above the outflow stream at High Dam. We have replaced the ladder stile at Bleathwaite, and a new gate on the Yewdale path.

The team have been out twice to repair flood damage that's occurred on the path leading to Pier Cottage and the lake. This resulted in the path getting badly washed away, and having to be resurfaced in early January and again following the recent Storm Ciara.

Northern Inter-Schools Christian Union—Fundraiser

If you haven't already heard...Charlie Day the NISCU schools' worker for Furness is running across the fells in the Furness area ...a full 40 miles in 1 day!!!

Charlie will be running to raise awareness and support for the schools' work across the area. It would be brilliant if you could come out and support him...40 miles is a long way, and Fun Run is not the first thing that comes to my mind to describe what he is doing!!



	Time	Checkpoint	Distance Run
	09:00	Millom School	0 miles
	10:15	Parsonage Room, Broughton	7 miles
	12:15–12:45	St Mary's Church, Dalton	17.7 miles
	14:00–14:45	Ulverston Parish Church	23.9 miles
	17:30–19:30	John Ruskin School	39.9 miles

The full schedule and details can be found at www.niscu.org.uk/furness. To sponsor, please do contact Charlie at charlie.day@niscu.org.uk or **07788 187718**, or the vicar at vicar@conistonandcrakechurches.co.uk or **07505 048736**—many thanks!



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MARCH: MOTHERING SUNDAY

Gardens and their produce are a very 'fruitful' source of sermon illustrations. But you *can* come unstuck. One Mothering Sunday I hit upon the bright idea of using the make-up of the posies, as we always do with the Christingle oranges, to get across some symbolism of the occasion. I suggested that the daffodils represented the glory and generosity of God, that the greenery (mostly evergreens) stood for His faithfulness and eternal goodness, and that the paper doilies spoke of the supporting beauty and practicality of motherhood. But I had to confess that I hadn't thought of any particular significance of the aluminium foil in which they were wrapped. "Can anyone think of anything that the foil reminds us of?" I asked. Back came an instant and heartfelt reply, "Landfill!"

I *did* have *other* ways of getting things across to the children. One Mothering Sunday, I thought I would stage a little role play to illustrate Jesus saying about how He longed to gather His people as a hen gathers her chickens under her wings. So I recruited a little band of three-and-four year-olds to play the chickens and one of the older girls to play at being a fox to chase them. Then I donned an old car blanket for "wings" and made like a mother hen. The kids took one look at this bearded, portly, sixty-year-old man hovering over them – and ran straight for the fox! (Well, you can't win them *all*!)

Fatherhood and Motherhood are among the most basic ways that God has chosen, through which to reveal Himself to us. His creativity, provision, protection and His desire for our well-being (sometimes through chastisement!) are the key-points of His role as "Our Father". His Spirit (feminine in Hebrew) brooding over the waters in creation, His capacity for steadfastness and nurture and forgiveness and suffering for us, derive perhaps more from His "Motherly" side.

The prophet Isaiah wrote, in the Name of the LORD:

Zion said, "The LORD has forsaken me: my LORD has forgotten me."

"Can a woman forget her nursing child, that she should have no compassion on the son of her womb? Even these may forget, yet I will not forget you." (Isaiah ch. 49 vv 14,15)



April Magazine

Please can all items, news, advertising enquiries and "What's On" events for this Magazine be emailed to the editor at **editor@conistonandcrakechurches.co.uk** by **March 15th**, or phone **07884 232281**, or to Jean Johnson if that's more convenient : **enquiries@conistonholidays.co.uk** or tel. **015394 41319**. If you don't have access to a computer you can leave items at the Vicarage but please give plenty of time to convert them to electronic format.



Calling all photographers!

If you have photos of local interest, perhaps not landscapes, that would be suitable for the cover of a future Magazine please email in as above. This month's cover photo is of Herdicks near Paddy End mine by Anna Morrison. We also have a gallery of contributed seasonal photos of our beautiful area on the website **www.conistonandcrakechurches.co.uk**. Please continue to send your images of life and work in the parishes to **editor@conistonandcrakechurches.co.uk**

WHAT'S ON GUIDE - REGULAR EVENTS

MONTHLY

Bouth WI	2 nd Weds	7.15pm	Bouth VH
Egton WI	2 nd Tues	7.30pm	Greenodd VH
Coniston WI	3 rd Tues	7.30pm	Coniston Institute
Spark Bridge & Lowick WI	4 th Tues	7.30pm	Member's home
Church Coffee Morning	1 st Weds	11am	St Andrew's
Prayer Hour	1 st Weds	10am	St Mary the Virgin
Greenodd Quilters	1 st Weds	10am	Greenodd VH
Coniston History Group	3 rd Mon	2.30pm	Coniston Institute
Newland Iron Furnace	last Sat	1pm	Newland Iron Furnace
Coniston 1 st Responders	1 st Tues	7pm	Coniston Institute
Cream Tea Group Age UK	2 nd Tues	3pm	Meadowdore, Coniston Tel 015394 49539 to book

WEEKLY EXERCISE CLASSES

Kettlercise	Monday	9am	Greenodd VH
Pilates	Monday	6pm	Lowick CH
Pop Pilates	Tuesday	9.30am	Coniston S & S
Pilates	Tuesday	10am	Greenodd VH
Yoga	Wednesday	10.30am	Water Yeat VH
Activate All Abilities	Wednesday	2pm	Coniston S & S
Pilates	Wednesday	4.30pm	Greenodd VH
Yoga	Wednesday	7pm	Water Yeat VH
FBX	Wednesday	7.30pm	Spark Bridge VH
Yoga	Wednesday	7.30pm	Coniston S & S
Pilates	Thursday	9 & 10.30am	Greenodd VH
Young at Heart over 55's	Thursday	11.30am	Coniston S & S
Table Tennis & board games	Thursday	1.30pm	Coniston S & S
Let's Dance age 4-11	Thursday	6.30pm	Coniston Primary
Let's Dance	Thursday	7.30pm	Coniston Primary
Kettlercise	Friday	9am	Greenodd VH
Tai Chi	Friday	10am	Lowick CH
Yoga at Water Yeat	Saturday	Occasional	- See What's On Guide

WHAT'S ON GUIDE - REGULAR EVENTS

WEEKLY

Youth Group (year 7-13)	Mondays	6pm	Coniston S & S
Indoor Bowls	Mondays	7pm	Greenodd VH
Girl Guides	Mondays	Evening	www.girlguiding.org.uk
Coniston Cameo Club	Tuesdays	1pm	Coniston Institute
Lowick Toddlers	Wednesdays	9.30am	Lowick CH
Sparks! (Reception-year 2)	Wednesdays	3.20pm	Coniston Primary
Craft Club	Wednesdays	7pm	Coniston Institute
Lowick Young Farmers	Wednesdays	7pm	Lowick CH
Torver Line Dancing	Wednesdays	8pm	Torver Schoolroom
Parents and Toddlers	Thursdays	9.15am	Coniston S & S
Board Games/Table Tennis	Thursdays	1.30pm	Coniston S & S
Let's Dance (age 4 – 11)	Thursdays	6.30pm	Coniston Primary
NJOY (year 7 upwards)	Thursdays	7pm	John Ruskin School
Community Choir	Thursdays	7pm	Coniston Institute
Let's Dance	Thursdays	7.30pm	Coniston Primary
Line Dancing	Thursdays	7.30pm	Greenodd VH
Connecting Mums	Fridays	10am	Coniston S & S
Indoor Bowling	Fridays	1pm	Coniston Institute
The Zone (year 3-6)	Fridays	5.30pm	John Ruskin School

WHAT'S ON GUIDE - MARCH

Sun 1st:	Winter Breakfast , 9am, Torver Schoolroom
Mon 2nd:	Community Lunch , 12.30pm Coniston Institute
Tue 3rd:	Film: Wind River , 7.30pm, FULLY BOOKED Carthouse Cinema
Wed 4th:	Coffee Morning , 11am, St Andrew's Coniston
Wed 4th:	Prayer Hour at Penny Bridge Church, 10 - 11am.
Thur 5th:	The Farmers' Arms, Lowick - Public Meeting 7pm, Spark Bridge VH
Thur 5th:	Talk - Backbarrow Ironworks , 7.30pm, Water Yeat Village Hall
Thur 5th:	Torver Parish Council , 7.30pm, Torver Schoolroom
Thur 5th:	Open Forum: Low Carbon Energy , 7.30pm, St Mary's Church Ambleside
Fri 6th:	World Day of Prayer , 2pm, The Sacred Heart Church, Coniston
Fri 6th:	The Packhorse and Bouth:Talk , 7.30pm, Carthouse Cinema, Oxen Park

What's On Guide - continued

- Sat 7th: **Live Music: Eabhal**, 7.30pm, Coniston Institute
- Sun 8th: **Film: Wind River**, 8pm, (2nd screening) Carthouse Cinema, Oxen Park
- Tue 10th: **Tree Planting**, Raisthwaite: Conserving Coniston and Crake,
www.ccc.scrf.co.uk
- Tue 10th: **Cream Tea - Age UK**, 3pm, Meadowdore Café, Coniston booking required
- Tue 10th: **Coniston Institute Management Committee**, 7pm, Coniston Institute
- Tue 10th: **Egton WI**, 7.30pm, Greenodd Village Hall, non-members welcome
- Wed 11th: **Bouth WI**, 7.15pm, Bouth Village Hall
- Sat 14th: **Early Bird Yoga**, 9am, Water Yeat Village Hall (book on 01229 885643)
- Sat 14th: **Torver Hungarian Supper**, 6.30pm, Torver Schoolroom (see news item)
- Mon 16th: **Community Lunch**, 12.30pm, Coniston Institute
- Mon 16th: **Local History Group**, 2.30pm, Coniston Institute (see news item)
- Mon 16th: **Coniston Parish Council**, 7pm, Coniston Institute
- Tue 17th: **Tree Planting**, Spark Bridge: Conserving Coniston and Crake,
www.ccc.scrf.co.uk
- Tue 17th: **Coniston WI**, 7.30pm, Coniston Institute
- Wed 18th: **Coffee & Chat - Patient Participation Group**, 10.30am, Greenodd VH
- Fri 20th: **Open House & Garden**, Grizedale Arts 10am - 6pm Lawson Park
- Fri 20th: **Steve Tilston & Hugh Bradley**, 8pm, Water Yeat Village Hall
- Fri 20th: **Dominoes, Pie & Peas**, 7.30pm Coniston Institute (see news item)
- Sat 21st: **Rusland Spring Show** 12 noon - 4pm, Rusland Reading Rooms
- Sat 21st: **Film: The Keeper**, 7.30pm, Carthouse Cinema, Oxen Park
- Sun 22nd: **Rusland Spring Show** 10.30am - 4pm, Rusland Reading Rooms
- Sun 22nd: **Film: The Keeper**, 8pm (2nd screening) Carthouse Cinema, Oxen Park
- Wed 25th: **Mothers' Union** Lady Day Deanery service at Flookburgh (015394 41559)
- Thur 26th: **Butterflies of Rusland: Talk**, 6.15pm, see Rusland Horizons news item
- Fri 27th: **Beethoven 250fest** concert, 10am - 11pm, Ulverston Parish Church
- Sat 28th: **Early Bird Yoga**, 9am, Water Yeat Village Hall (book on 01229 885643)
- Sat 28th: **Newland Furnace workparty**, 1pm, Newland
- Sat 28th: **Tree Planting**, Greenholme Beck : Conserving Coniston and Crake,
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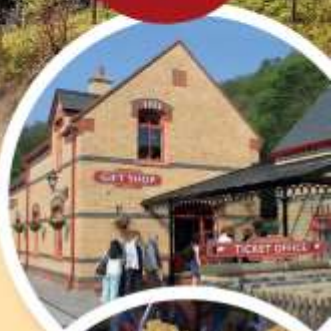
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