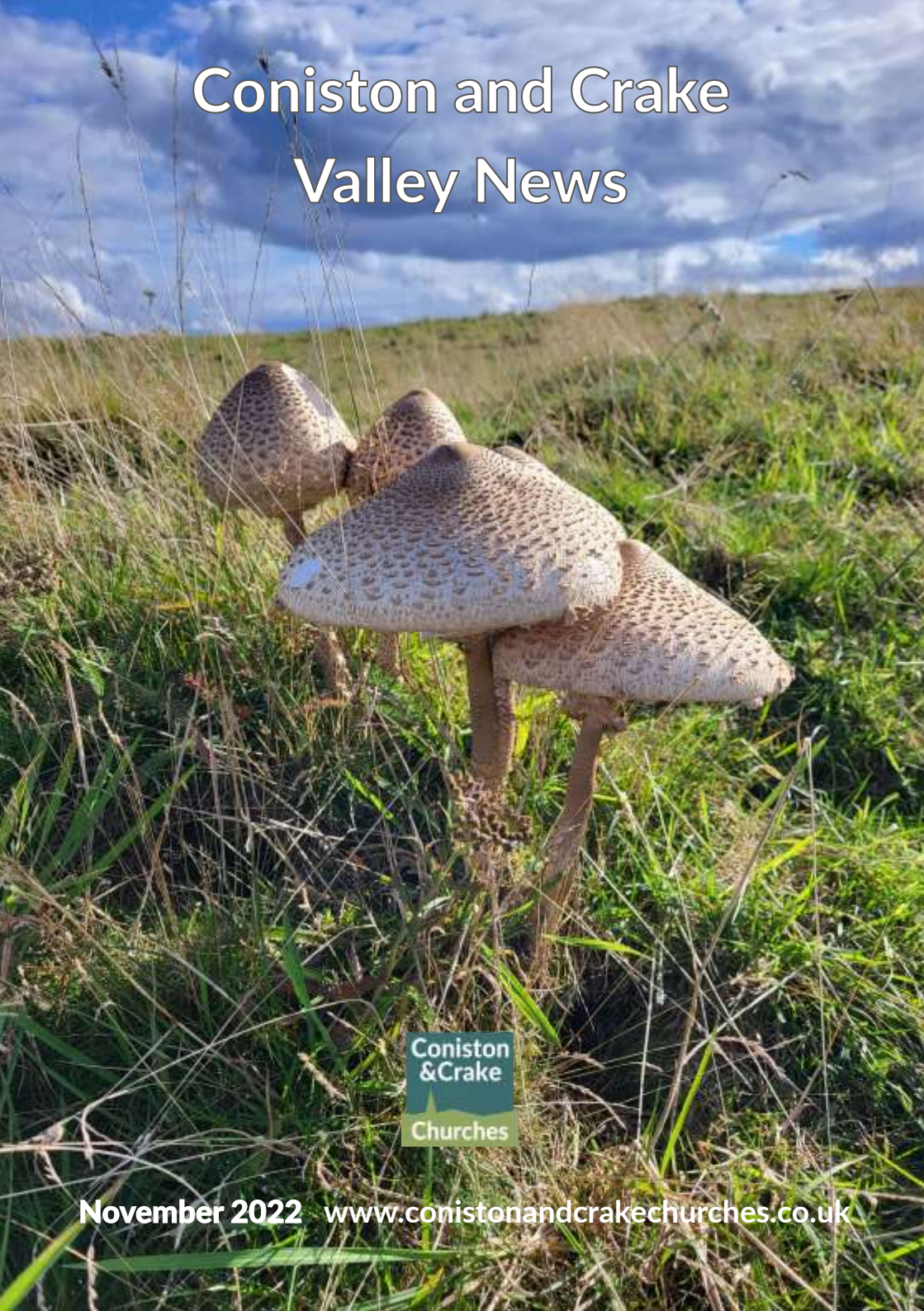


Coniston and Crake Valley News



Coniston
&Crake
Churches

November 2022 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter	vicar@conistonandcrakechurches.co.uk	01229 861668
The Vicarage, Penny Bridge, LA12 7RQ	<i>Brian works for Filling Station on Thursday</i> <i>Brian's rest day is Friday</i>	07505 048736

SAFEGUARDING OFFICER

Juliet Caldwell	safeguarding@conistonandcrakechurches.co.uk	07884 232281
-----------------	---	--------------

ADMINISTRATOR & MAGAZINE EDITOR

Juliet Caldwell	admin@conistonandcrakechurches.co.uk	07884 232281
-----------------	--------------------------------------	--------------

ADMINISTRATOR

Marion Swift	admin2@conistonandcrakechurches.co.uk	01539 521337
--------------	---------------------------------------	--------------

To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

.....

Cover photo: giant parasols near Colton Hill, October 22

Pastoral Letter from Revd David Bickersteth

Dear Readers,

November is the traditional month for 'Remembrance', which for the churches begins on October the 30th, being kept as All Saint's Day, with a special Memorial Service at Colton at 3pm to remember our loved ones.

Remembrance Sunday, to remember the fallen in conflict, will be Sunday the 13th. It will be our King's most solemn duty – but one he has done before as Prince of Wales, to preside over the nation's Remembrance.

The following Sunday, the 20th, remembers *Christ the King* – the One to whom every knee will one day bow. But what do people believe about the state of the departed? Rather than growing atheism, the world is seeing a growing spirituality, some of which is very far from the teaching of Jesus who called Himself, '*The Way, The Truth, The Life*' (John 14:6). In the West, America in particular, there is a ground swell of interest in '*Near Death Experience*' – glimpses of the beyond – and because mainstream faith doesn't know quite how to handle such experiences, many are turning to spiritualism and belief in re-incarnation, particularly 'past lives.'

There is no foundation for reincarnation in the Abrahamic faiths – Judaism, Christianity, and Islam. It comes from the Far East and is believed in Buddhism and Hinduism. It began to become popular in the days of the Beatles and involvement with drugs and Eastern mysticism.

Personally, I have no desire to return to this Earth but instead look forward to the New Heaven and Earth promised in scripture. So, what happens when we die? Jesus spoke to the repentant thief crucified alongside him, that '*today you will be in Paradise*'. Paradise speaks of a beautiful garden – like the lost Eden. Jesus also taught that he '*goes to prepare a place for you*' (John 14:1-6) – amongst the many '*dwelling places*'- mansions in the King James version! It sounds great, but the emphasis is on a temporary dwelling – like a stop over to refresh and re-orientate. It is not Heaven – for that is 'life after life after death' as Professor Tom Wright teaches in his unpacking of the of the New Testament (Rethinking Life After Death by Prof. N T Wright).

Jesus made some radical statements. The disciples asked him, according to Luke 13:22-24 '*Lord, are only a few people going to be saved? He said, make every effort to enter through the narrow door, because many I tell you will try to enter and not be able*'.

The key teaching of the New Testament is how can we have reassurance of eternal salvation? Most people take the teaching of '*every effort*' to mean you must earn God's forgiveness. Scripture is clear, that's impossible! Rather salvation is God's gift – offered to us through Jesus Christ (Romans 3:23-25). The Gospel is all about new life, grace, and mercy.

Only a King can pardon; Christ the King offers us that free pardon and much more. This is truly a wonderful story of Good News – literally the Gospel. It is so much better news than reincarnation or a gloomy ghost-like nonphysical existence. Explore the teachings of Jesus for yourself – try an Alpha course or something similar – but beware of much you find on You Tube. Ask your ministry team what they might suggest! Remembrance isn't just about looking back – but looking forward with true hope – hope sadly lacking in our world today.

David Bickersteth

Church Services for November 2022

6th	Third Sunday before Advent		
St. Luke Torver	9.30am	Winter Breakfast	Linda Inman
St. Luke Lowick	9.30am	Holy Communion (BCP)	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter

13th	Second Sunday before Advent - Remembrance Sunday		
St. Luke Lowick	9.30am	Morning Worship	Richard Wood
Holy Trinity Colton	10.30am	Morning Worship	Rev Joanna Henson
St. Mary Penny Bridge	10.30am	Holy Communion	Rev Brian Streeter
St Andrew Coniston	10.45am	Holy Communion	Rev David Bickersteth

20th	Sunday next before Advent		
St. Luke Torver	9.00am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Morning Worship	Rev Brian Streeter

27th	First Sunday of Advent		
St. Luke Lowick	9.30am	Methodist Service	Rev Grace Cauldwell
Holy Trinity Colton	10.00am	Holy Communion	Rev Brian Streeter
St Andrew Coniston	11.00am	Morning Worship	Pam Priestley
St Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter

From the Editor

Welcome to November's News, I hope you find it a good read. Just when I thought there were going to be a few empty spaces, some really interesting items have been submitted - keep them coming!

Next month's deadline is 15th November and I look forward to hearing about all your Christmas and New Year events for the December edition.

Juliet Caldwell, Editor

editor@conistonandcrakechurches.co.uk

07884 232281



From the Registers

Interment of Ashes

10 th October	Eleanor Stephenson	St Mary's, Penny Bridge
--------------------------	--------------------	-------------------------

Funeral

25 th October	Keith Peel	St Andrew's, Coniston
--------------------------	------------	-----------------------

Baptism

30 th October	Nora Rose Newberry	St Mary's, Penny Bridge
--------------------------	--------------------	-------------------------

AROUND THE PARISHES

Coniston and Torver

Coniston Tennis Club - Grass Courts

Coniston grass tennis courts (very few in the county) have been a fantastic outdoor facility for the village since the early 1900's from an original gift from Miss M Holt, who was a friend of William Herbert Rawdon Smith. Many locals have played on these courts, entered tournaments in the 1970's & 1980's and won quite a few! Lots of visitors also enjoy the courts and have been amazed at the fabulous location at the foot of the fells, they have been such a wonderful amenity for the village.



By 2021 the courts condition had deteriorated, and it was time to undertake major works to get them up to scratch. With financial help from Rawdon Smith Trust, Coniston 14 and Coniston Amenities fund, the few remaining members, supported by our local grounds person, carried out a complete refurbishment of the courts. This hard work has led to a vast improvement in the playing surface this season and the courts are now in a much better condition.

The sad news is that over the years membership has declined and in order for the club to survive we need new members to join and enjoy some social tennis, which is friendly and supportive to all who attend. Beginners are welcome or perhaps you want to have a try, hit a few balls and see how it goes. Unfortunately, if we do not get new members this fantastic facility could be lost to the village. Members usually meet on Wednesdays and Fridays 4-6pm but play can take place anytime by contacting each other as every member has their own key to the courts.

Some of you may know that our treasurer of many years, Judith Myers has resigned and we would like to say a big Thank You to her for all her work over the years. This does mean that for the club to continue we urgently need a new treasurer. This would mean attending one or two meetings a year together with the AGM, paying invoices, paying money in and preparing a simple yearly accounts sheet.

The courts have been such a great amenity for the village for so many years so please let's pull together and ensure they continue for generations to come!

If you, or anyone you know, are interested in helping the club by either joining as a member or becoming treasurer please contact either **Ena Emmett 015394 41692** or **Nina Cameron 015394 41552**.

Rainfall, Garden House, Coniston, September 2022

Total - 228.9mm (9.0ins)

Wet days - 15

More than 1mm on 13 days

Wettest day - 30th - 78mm (3.1ins)

Frost on the 27th

58mm (2.3ins) fell in 6 hours on the 22nd

Thanks from Anne Hall

Anne Hall would like to THANK everyone for such amazing love and care shown to me not only from family but much wider community on my recent 80th Birthday. I had said no presents but have £365 donations for St Mary's Hospice, 16 bouquets, 6 pot plants, many boxes of chocolates, wine, Birthday Lunch at Samling, champagne (cracked open to Celebrate the life of late Queen Elizabeth) two meal vouchers and a Spa Day - then on top of all that a SURPRISE Party at Meadowdore, for 90 AMAZING guests that have touched my life and was so wonderfully organised by Family and enjoyed by everyone, many of whom not having met for years which included my two Aunts of 96 and 94. Just an AMAZING time.

Coniston Institute and Ruskin Museum

The Coniston Railway exhibition is open until 13th November. From 14th November the Museum will be closed every Monday, open during the rest of the week from 10:30am to 3.30pm.

Coniston CE Primary School

Harvest Service – Staff and children will be delivering a Harvest Service in St Andrew's Church on Tuesday 1st November at 1.30pm and will be themed 'Harvest around the World'. This year we will be asking families to donate food items which will be distributed by the Parish Council locally in Coniston. The aim this year is to fit into the wider strategy of tackling food waste.



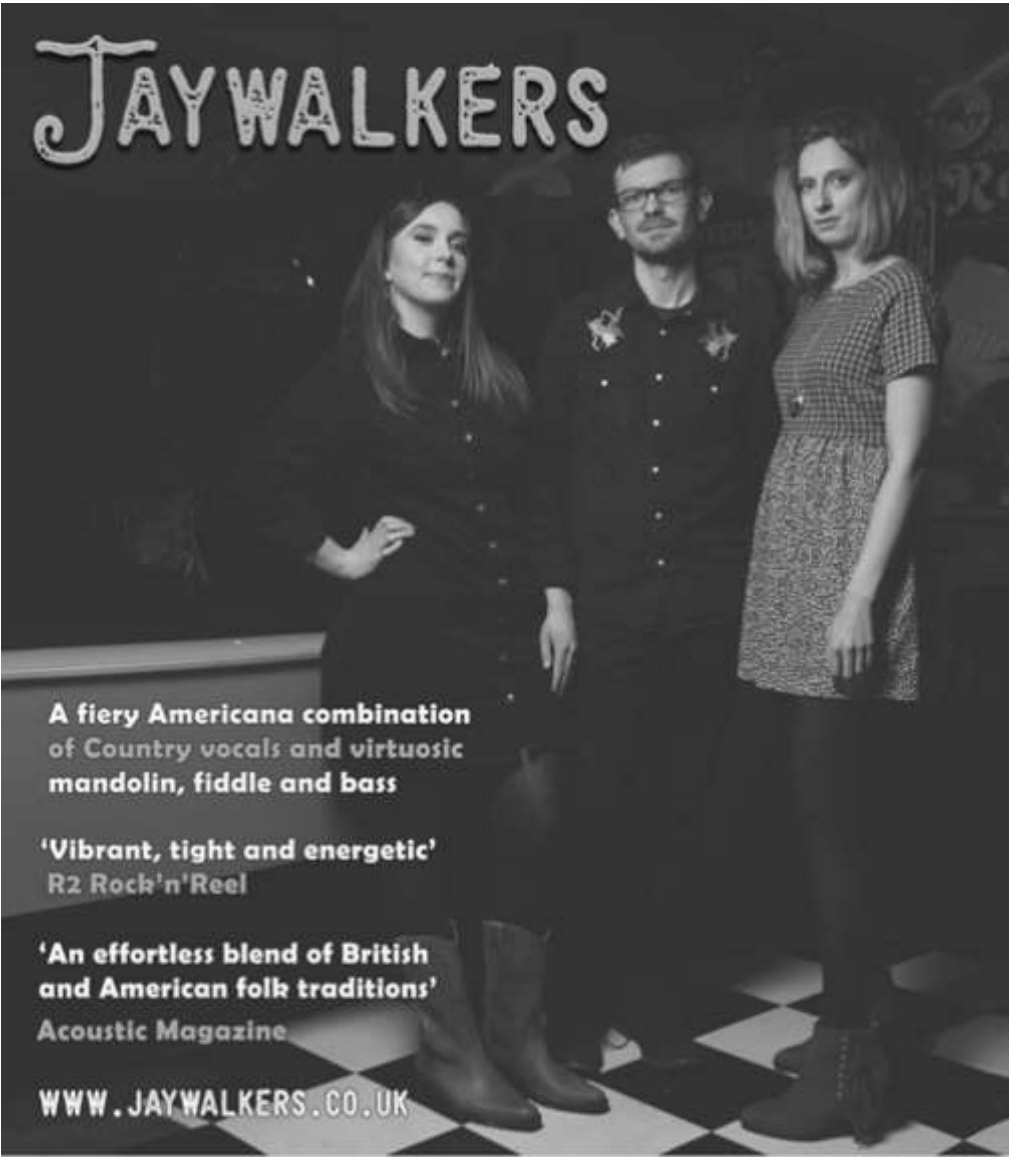
LOVE CONISTON

Coniston Parish Council, Christians Together in Coniston along with other organisations are working together as LOVE CONISTON to provide a range of services to residents in the parish.

There will include a Community Fridge and a series of lunches where people can enjoy fun and fellowship – these will be organised by the Sports and Social Club, Christians Together and Helen Glaister will be starting up the Community Lunches which were so popular before Covid-19. More information will be detailed in a leaflet which will be distributed to all properties in the Parish.

If you have any questions or suggestions please contact **Michael Dearnley**, Parish Clerk telephone **015394 41442** or via email at **parish@coniston.info**

JAYWALKERS



A fiery Americana combination
of Country vocals and virtuosic
mandolin, fiddle and bass

'Vibrant, tight and energetic'
R2 Rock'n'Reel

**'An effortless blend of British
and American folk traditions'**
Acoustic Magazine

WWW.JAYWALKERS.CO.UK

THE CONISTON INSTITUTE

Saturday 19th November,

Doors 7pm, Cabaret Style

Tickets £15

No bar – bring your own drinks.

Box office: 07789591619 or from conistoninstitute.uk

Lunch and Dominoes

Come and join us for soup/roll and pud, tea/coffee, followed by dominoes, all for £5.00.

Following our successful first meeting, we are now going to hold this on the first Wednesday of the month at 12.30pm in Coniston Institute Reading Room - the next dates will be 2nd November and 7th December.

Please contact **Jean** on **015934 41617** to book, no later than the Monday before.



Thursday 3rd November at Coniston Institute there will be a talk by Ian Smith, retired Coroner for South and East Cumbria, entitled:

More Deaths Than One

In what will certainly be a fascinating event, Ian will talk about the inquests he has been involved in during his career including Donald Campbell and the Lady in the Lake, and his book will also be on sale.

Tickets are available at £12 from Coniston Institute

www.conistoninstitute.uk

Lowick and Blawith

Lowick Parish Council

After lobbying your County Councillor at every meeting for five years and many tedious emails to highways a small achievement has finally been made, the 'SAT NAV' sign at Lane End has been moved to a more suitable position. Moving the sign was an unnecessarily lengthy process but at least it has been resolved in the end and will hopefully have the desired effect to stop large vehicles using the impassable road.

The council are aware that highway issues are one of the main concerns throughout the parish, increasingly the speed and dangerous driving on the A5084 from Lowick, past the Red Lion and onto Blawith. A working group has been formed with residents and councillors from both Blawith & Subberthwaite and Lowick Parishes to see if we can do anything to try and control this traffic. If you would like to find out more or be involved with the group please contact our clerk.

As a council we are aware that communication is not always fluent between ourselves and our parishioners. For this reason we would like to set up a database for anyone wishing to receive emails advising of any updates we may publish on our website. Update content may be subjects such as highways, energy rebates or local schemes.

If you would like to be informed of any updates we have for our parish, please email our clerk, Christine at **lowickpcc@outlook.com** with your name and email address.

Next Parish Council meeting will be held at Lowick Community Hall, Thursday 17th November, 7:30pm. All are welcome to attend.

Joanna Edmondson
Chairman

Water Yeat Village Hall

presents



Making a Grand Entrance

Looking at Lakeland's historic doorways
A talk by Andy Lowe

Thursday 17th November

Doors open at 7pm for a 7.30 start
£3.50 includes tea/coffee and biscuit on
arrival

www.e-voice.org.uk/wyvvh

Make a difference: Become a Parish Councillor!

Blawith and Subberthwaite Parish Council have vacancies and would really like to hear from you.

If you are passionate about the community and would like to get involved you should consider becoming a parish Councillor.

Please contact the clerk for further details on **01229 889319** or
email - **Blawithandsubberthwaitepc@outlook.com**

Lowick Show 2022

Well what a day!! After a dreadful weather forecast all week "Show Day" was perfect: warm, sunny and with only a short shower.

The first show since 2019 and what a comeback, the home produce tent was full to bursting with flowers, fruit, veg, cakes and jam to name but some. Local crafters had been extremely busy and the quality of the exhibits was outstanding. The children had been very productive too, turning out Lego models, Robots, Miniature gardens, Animals made from vegetables and much much more.

Livestock classes were well attended with a great show of magnificent cattle and sheep, a tribute to our local farmers who, apart from working extremely long hours, found the time to get out the clippers and shampoo to make sure their animals looked just perfect. A credit to you all!

The horses were represented by the biggest Shire horses right down to the little ponies turned out in their fancy dress costumes and again their immaculate appearance was a credit to their owners.

Apart from the difficult job of judging the best sheep versus the best cow our President Dr Moore also judged The Novelty dog classes which was both fun and entertaining with wonderful commentary by Kathy. Mr McKinney aided by his wife was in charge of judging the pet classes; another difficult job even for a Vet!

For those with extra energy to burn off The Cumberland & Westmorland Wrestling and Children's races were very popular and attracted a lot of spectators.

To end a brilliant day the bar remained open and there was music from both a local band and DJ which proved very popular, with lots of people staying on the field to socialise and have a go on the very popular water slide supplied by some local youngsters, Well done, you know who you are!!

Thank you to everybody who helped, exhibited and attended.

See you next year: **Saturday 2nd September 2023.**

Alison



Carla Hodgson and calf



Have Fun with Sewing! Lowick Community Hall

Bring your own sewing machine

Tuesdays 8th & 15th November, 6 - 9pm

Make your own Highland Cow, £80 to include refreshments

Thursdays 1st & 8th December, 6 - 8.30pm

Make your own Reindeer, £70 to include refreshments

Contact: Catherine Bloy—Highland Homewares

info@highlandhomewares.co.uk tel: 07496 347864

Messenger: @highlandhomewaresuk or Catherine Bloy



Colton

Colton Parish Council

We are very pleased to welcome local farmer Craig Hodgson as a new parish councillor. To contact him or any of the other councillors please see our Colton Parish Council website.

The Colton Parish greening initiative, funded by Cumbria Community Council and delivered by the Rusland Horizons Trust is reaching an end with several hundred plug plants safely planted up at Colton Church in October. We all look forward to spring and to seeing wild flowers and a very healthy new hedgerow buzzing with insect life on the four planted sites across the parish.

The parish council also supported the Green Sparks event on the 10th of October kindly hosted at the Rookhow Meeting House with its newly fitted air source heating and electric vehicle charging point. Local residents and sustainability experts shared their practical knowledge of renewable energy solutions. There was a great turnout and much enthusiastic questioning.

It is that time of year when we truly appreciate our wonderful lengthsman, Archie, keeping our roadside drains free of leaves and our car journeys safer. It's also a good time to check your local grit bin and order some supplies if you need them. The number to call should be clearly displayed on the bin or you can request a refill online at the Cumbria County Council website.

Colton Parish - Remembrance

On Friday 11th November there will be a short ceremony at 10:50am on Bouth Village Green with the laying of a wreath.

COLTON PARISH NEWS – Reminiscences

In the Autumn of 1995 the parishes of Colton, Rusland and Satterthwaite were in an interregnum and those in authority and without discussion decided that the Vicar would not be replaced, sold the Vicarage and after over a hundred years together split Colton off from the other two churches thus isolating it as the River Crake had always been a boundary and barrier between communities since Viking times.

It was then that Mrs Christine Dobson retired as editor of the parish magazine and I foolishly volunteered, not expecting it to last 25 years. The content was very parochial: church, WI's and Mothers' Union but as we progressed, we had representatives at both Cartmel and Leven Valley schools, but little else.

It wasn't until May 2003 that the interregnum ended and we joined Penny Bridge and Lowick Churches and I wrote "This is a significant time in the history of Holy Trinity Church, Colton as we have at last, after nearly ten years, got a real live fully paid-up full-time Vicar with a Vicarage."

Things gradually changed over the years and there were contributions from the Parish Council, Rusland Horizons, Age Concern and the Cinema Club and became a 'proper' Parish Magazine. Unfortunately the pandemic brought an end to those halcyon times with several months without an edition and then an absence of copy.

So, in December 2021 becoming 95 years old, and having edited 250 magazines over 25 years I decided that enough was enough.

DAW

Egton cum Newland

Egton – Macmillan Coffee Morning

On Friday 30th September, despite the rain, about twenty-three people gathered to raise money for Macmillan Nurses. It was a lovely afternoon and I am grateful to everyone who braved the weather. A big thank you to all the helpers, to those who brought or sent items to sell, biscuit makers, raffle prize givers, wood sellers, jam makers, furniture movers, washers of cups. We could not have done without you. With a lovely donation from the Friday night dance and all other donations we finally raised £511. A brilliant afternoon, a very big thank - you to everybody.

Jean and the team.

Children in Distress Annual 5p Collection

Could I take this opportunity to remind everyone that our annual December collection is fast approaching; it really doesn't seem a year since our last collection.



Unfortunately with the closure of the village store in Greenodd, we now no longer have a dropping off place for your donations, other than to me (Caroline Lambert, Over Beck, Penny Bridge). Please contact me if you have any difficulty in getting your donation to me and I will do my best to assist, my mobile number is **07796 005023**.

We continue to support Robert, who we began supporting earlier this year, and hope to be able to raise enough funds to support another child if our funds allow. The Romanian government have instituted a new policy, whereby children with complex needs such as Robert has, are cared for in a more family type environment rather than the bleak hospital style facilities he has previously lived in; this must make their quality of life so much better.

Due to the generosity of our communities and the committed staff at his new home of Casa Maria, Robert is doing well, and the additional funds raised last year enabled him to receive a birthday present and to take part in activities which would not be available to him without our sponsorship. Children in Distress always say that having a sponsor makes so much difference to the lives of the children involved, the cost to sponsor one child still remains at £144 per annum.

We will of course accept any donations, it doesn't have to be just 5p coins. Historically people popped them to one side throughout the year, but in this every increasing cashless society we find ourselves living in, it may be easier for you just to make a one off donation.

Thank you to everyone for your continued support, especially in the current economic climate.

Caroline Lambert

The Crake Valley Friendship Club is having one of their bimonthly coach trips on the 16th November. The destination is a visit to Bury Market followed by Dobbies Garden Centre. This is for members but any vacant seats are up for grabs; for enquiries, please contact



Anne on **01229 861278** or Cath on **01229 587608**
Coach leaves Greenodd 9.00am

New regular event : Coffee and Chat - Greenodd Village Hall

Every Tuesday, 9.45 - 10.45am alongside the Post Office.

Everyone is welcome and service will be by pupils of Penny Bridge School as part of their curriculum.



Green Sparks

Go green for Christmas! 3rd December at Spark Bridge Village Hall



We all want to do our bit for sustainability and to reduce waste but Christmas can be a real challenge for this with reams of packaging, wrapping paper and decorations. On the **3rd of December** Green Sparks will be holding a drop in event at Spark Bridge Village Hall to share ideas about how we can have a merry but sustainable Christmas. More details to follow but the event will include lots of sustainability ideas, practical activities, a swap shop of produce and small items plus the chance to discuss sustainability with your friends and neighbours. There will of course be tea and cake. Save the date and, if you'd like to get involved leading a craft activity or just helping out on the day, we'd love to hear from you. Contact us: [**greensparks.sparkbridge@gmail.com**](mailto:greensparks.sparkbridge@gmail.com)

Reports

Coniston Mothers' Union were hosts to all the MU branches in Furness Deanery for a Quiet Afternoon on Monday 26th September. Many friends and visitors were also made welcome.



The afternoon was based on Choral Evensong from the Book of Prayer with three periods for reflection, on: Have Faith in God my heart, mind and soul. The service was planned and led by Janice Eadington, past Diocesan president, and supported by the MU Diocesan choir. Ron Eadington sang the versicles and responses with Colin Dean playing the organ. Ron conducted the choir for the anthem 'Have faith in God, my heart', words by Bryn Rees and music composed by Colin Dean.

Past members who had died in the Furness Deanery since the beginning of Covid were remembered, including a list at the altar.

Fellowship was enjoyed by all, over tea, scones and cake.

The 24th of November will be our Christmas Lunch, for further information please contact Kay, **015394 41559**.

Lowick Young Farmers

It's been another great month for Lowick Young Farmers. We started the new year off with a tour around Wraysholme Creamery near Flookburgh, trying our hand at making (and tasting!) some great ice cream and butter, and us all learning about how they've got the business up and running.



At the end of September, our former Chairman, and current County Vice-Chair, William Longmire, completed a mega 260-mile 3-day charity bike ride around the County to help raise money for the Teenage Cancer Trust. It followed several weeks of intense training, and a few Lowick members also dusted off their lycra to ride a few legs with the boys over the course of the weekend. It was a fantastic effort, with fundraising to date now approaching on £10,000 !!

Our next meeting was a visit to Wannops' Farms near Heysham, looking around their impressive 500-cow dairy unit as well as the youngstock farm and a specially converted barn bar! We had a great turnout of nearly 50 people (old and young) and filled a lot of minds with a lot of big ideas!

The first meeting of October was a Family Bingo night at Greenodd Village Hall which was attended by over 120 people! Thank you to everyone came along and helped to make it all such a great success. A lot of fun was had with the bingo raising nearly £1000 to help support good causes. This was followed by an evening practicing our StockJudging skills, with kind permission of Phil Mulcaster at Spark Bridge in the middle of the month.

As the Young Farmers year gets going again, the competitions are starting to get into full swing, with Lowick doing a great job of hugely outperforming for a club of our size. We had a total of 5 teams enter the Quiz competition, with every one reaching the District Semi-final round! Three of our Junior members (Ewan, Clark, and George) travelled up to Tebay to take part in the Junior Walling, and they all did a good job representing the club and doing us proud. Future winning wallers in the making.

A special highlight of the last month was the County Sports at Kirkby Stephen on 9th October. This is the day when the top three teams in the Mens, Ladies, and Junior sports all progress on to the North of England finals and get a shot at representing the County at a national level. This has always been a day when Lowick has done well, punching above our weight with clubs over twice the size, and this year again was no exception. With our Junior Basketball teams narrowly missing out on a semi-final place, the pressure was on for our Ladies Rounders and Men's Hockey teams. Lowick Ladies knocked it out the of the park, winning every one of their games before beating Wigton YFC in the final to seal top place. Not wishing to be outdone, our Men's Hockey team also put on a good show with some impressive wins, seeing off the competition to also seal a first place finish. It was a great day all round and a solid start to the busy months ahead!

News from Brantwood

We will be changing to winter opening hours from the week beginning 14th November when we will be opening Wednesday to Sunday 10.30am - 4.00pm. There are still plenty of enticing reasons to come and visit us.



With winter drawing in we have installed a brand new woodburner in the Terrace Café. Come and keep warm in front of the fire and enjoy one of Joe's new Gourmet Hot Chocolates with cream, marshmallows and chocolate flake. Mmmmmm.

Following their sell out concert in 2019, our Winter season of concerts begins with a performance by Martin Roscoe, alongside contralto Jess Dandy on Saturday 5th November at 7pm.

Likened to Kathleen Ferrier by The Times, Jess Dandy is a name to watch. The Cumbrian born musician has been praised for her artistic maturity in recent performances such as The First Night of the BBC Proms and Wigmore Hall recitals, alongside some of the genre's finest conductors, Jess is co-founder of the mental health initiative, SongPath, which encourages creative and restorative connection on therapeutically curated musical walking trails in beautiful surroundings. A mutual love of nature and walking in the Lake District has strengthened the special partnership Jess has with Martin, who is unarguably one of the UK's finest and most popular English classical pianists.

Martin also returns on Saturday 10th December for a second performance in the Drawing Room. Concerts begin at 7.00pm. Tickets £19.00 (includes a glass of wine in the interval).

Our 2022 programme of exhibitions continues in the Blue Gallery with 'Behind the Eyes: The Science of Sight'. From the telescope to early forms of photography, Ruskin exploited developments in optical technologies to push the boundaries of recording the world with extreme visual clarity. This exhibition explores observation and evidence in Ruskin's works, alongside his scientific contemporaries. In the Severn Studio 'Another look: revisiting Lake District Landscapes': an exhibition of paintings & photographs by David Fulford, Andy Mortimer, Chris Tribble continues until 31st December 2022.

For full details of all our exhibitions and events, please visit our website www.brantwood.org.uk. Box office: enquiries@brantwood.org.uk or call **015394 41396**.

Friends of the X112 Bus

We have a coffee morning at St Mary's Church Hall, Ulverston on 17th November and 15th December. Our next lunch at Rampside Village Hall is on December 1st.



Further details from **Sue** on **01229 869637** or email jenkinsonsuer@hotmail.co.uk

Oxen Park Cinema Club



The online booking system is working well - I hope you agree. You can become a member on line as well as book in for films -one or all. Next is our first Supper Special on 1st November - The film is PETITE MAMAN - a delightful French film (with subtitles) about two little girls - this follows a delicious vegan (option) style supper in The Manor 6 pm for 6.30. We all eat together and go over to the Carthouse Cinema when we are ready (8ish). £14.00 members £16 non-members, £13 under 18's.

19th November - NIGHTMARE ALLEY - Bradley Cooper stars alongside Cate Blanchet in this del Toro noir thriller about a conman Another date for the diary is Tuesday 6th December - (yes already!) - WILD MEN - see the reviews.

Carol

Sustainable Warmth Cumbria



Cumbrian district councils have secured funding to run the Sustainable Warmth scheme, which aims to install energy saving measures into over 1,300 homes across Cumbria. You could be eligible for a grant up to £25,000 towards insulation and low carbon heating measures, if your household income is below £30,000 and your home has a low energy performance.

The scheme offers a range of energy efficiency improvements such as solid wall and cavity wall insulation, heat pumps, solar panels, underfloor insulation and first-time double glazing. The grant is even available for private landlords to apply for qualifying tenants with up to £5,000 of funding available. For more information and to check your eligibility visit: www.carlisle.gov.uk/sustainablewarmthcumbria

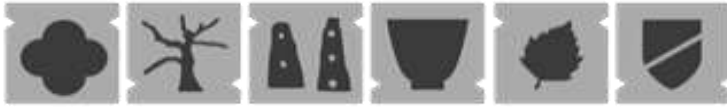
Rookhow

Rookhow's Retreat Away Fund for mental health groups has subsidised stays for over 300 people from 20 groups to stay at Rookhow, including organisations such as Love Barrow Families, Furness Refugee Support, CADAS and The Well. The next round's deadline is **15th November 2022**. Please get in touch if you know a community group which would benefit from the fund or if you would like to contribute.

Rookhow Open Days are on the 1st & 3rd Friday of each month 10am - 4pm. All are welcome. Pop in for a cuppa and a cake and have a look around. We're looking for more local people to be volunteer guides so please get in touch if you're interested.

Quaker Meetings at Rookhow on the 1st Wednesday of every month 7.30 - 8pm and every 1st and 3rd Friday 12.30 - 1pm. All welcome, even if you haven't been before.

For more information contact: Sue Nicholls, Development Manager
Email: contactrookhow@gmail.com Tel: **07377 971783**. Website: rookhow.org.uk



Updates from Grizedale Arts and The Farmer's Arms

OPEN FOR FOOD & DRINK, THURSDAY - SATURDAY

Cafe, 10am-5pm | Stable Bar, 12noon-10pm

If you'd like to book a pre-Christmas party for work colleagues or friends with us, from 21st November to 18th December, do get in touch.

As the winter nights draw in, we've got lots of events and creative activities planned at The Farmer's Arms to keep you busy with pottery courses, festivals, charity auctions, talks, music nights and so much more.

Our Bonfire Night will start at 5pm on the 5th November. Fun for all the family, there'll be a bonfire big enough to keep you warm, with a special menu designed to be enjoyed next to a roaring fire (outdoors and/or indoors), alongside our ever popular wood-fired pizza menu!

We are pleased to be hosting our Winter Fair again this year on Saturday 19th November. We'll be joined by lots of local makers and producers selling food and drink, fresh produce, crafts, bric-a-brac and everything in between and our workshop team will be running drop-in making sessions to help you create hand-crafted gifts. Our hand crafted Christmas decoration will be up to bring in the festive spirit, and you'll be able to enjoy top-notch tea and coffee and home baking in the Café while the Stable Bar will be serving a special winter menu by the roaring log fire.

Our new Drop In Making Days with Tom Philipson and Francis Lloyd Jones will run 5th & 26th November, 10am-4pm. Make use of our pottery and woodwork facilities with their support and tuition. If there is something you want to learn, tell us, and we'll do our best to host a course in the near future. Price per hour ranges from £5-£40 depending on the level of tuition needed.

On 12th November we have an opportunity to learn traditional yarn spinning with Jane Coward, and on the 3rd December there are Christmas Wreath Making workshops with Sally Whittaker Benson. See below to register your interest in these workshops as they are likely to be popular!

We continue to run our weekly volunteer day and community lunch every Wednesday. Join us from 10am – 4pm to get involved in the pub renovations and to learn new skills with our staff while lunch is open anyone in the community for just £5.00 per person. We serve at 1pm sharp so don't be late!

To register your interest, or to get involved, visit our websites -

www.lakedistrictfarmersarms.com | www.grizedale.org – or contact Emma Sumner (**emma@grizedale.org** | **01229 481160**) who is always happy to hear from you.

Rusland Horizons Update

All Creatures Great and Small - photo competition:

Thank you to everyone that took the time to send us their fantastic photos for our competition. We received some beautiful images of the wildlife in the Rusland Valley. There now follows the difficult job of judging all the photos and making the selection of winners that will feature in our 2023 calendar.

We'll announce the winners over the coming weeks as well as details of how you can order one of the calendars, which will make a wonderful Christmas gift.

Event round-up

Woodland Archaeology Discovery Walk: Our last woodland walk event of the year took place on Saturday 15th October. Chapel House wood contains many fascinating remains from an industrial heritage and is still used to produce oak for a timber building business.

Events coming up

Moth talk: On the evening of Thursday 10th November, we will be holding a 'Moths through the seasons in south Cumbria' talk at Hay Bridge Nature Reserve. Thank you to Hay Bridge Nature Reserve for kindly allowing us to use their premises for the talk.

Alder tree planting: Details and plans for this event on Saturday 19th November are being finalised.

All information and links to booking are on our website here:

<https://www.ruslandhorizons.org/whats-on.aspx>



If you're finding it hard to stay on top of bills, struggling with rising costs, worried about energy bills - remember you're not alone.

South Lakes Citizens Advice is here to help.

Call 015394 46464 - this is being staffed from 9:30 – 2pm

Adviceline: 0808 2787 984

You can contact us via our submission page on our website **www.southlakescab.org.uk** – we will then contact you.

We can work with you

- to make sure you know what money you've got coming in and out each month. Look at what bills need to be paid as a priority.
- finding out if you're eligible for any benefits or support with your energy and living costs.
- advising on how to reduce living costs and providing information on other ways to increase your income.

A THOUGHT FOR THE MONTH by Rev. David Gregg
November 14th : Birthday of King Charles III

During the long reign of Queen Elizabeth, I enjoyed a rather singular *personal* connection. My Name (almost) appeared alongside hers on *every* coin of the realm: “ELIZABETH II . D.G.REG.” But the coins for our new king will read instead “D.G.REX”. Not “By the grace of God, Queen” but “By the grace of God, King.”

The concept of “by the grace of God” is central not only to our notion of (Constitutional) Monarchy, but to every other aspect of our lives. “Grace” implies a free and unconditional *gift*, and the Sovereign Grace of Almighty God applies to every feature of our lives, - to Creation, Preservation, Provision and Salvation – all are freely given by our Gracious God.

When it comes to saving us from sin, one of the best modern parables about “grace” that I have come across was in the autobiography of a Coxswain of the Moelfre lifeboat. He tells of an occasion when they had rescued a very rich man from his yacht only moments before it capsized and sank, and were landing him on the quayside in safety. He reached inside his soaking jacket and fished out a soggy cheque-book, wanting to reward them for saving him. He was told quite firmly that they didn’t do it for money, but the millionaire was very insistent. “Oh, come on,” he said, “I owe you my life. What shall I make it out for?” “Very well,” said the Coxswain, “if you insist, make it out for whatever you would have given us ten seconds *before* we pulled you out of the water!” Shamefaced, and seeing the point, he put his cheque-book away.

What a wonderful parable of *our* salvation, and of the grace and love and generosity of *our* saviour. The apostle Peter has put it beautifully. “You know that you were ransomed not with perishable things such as silver or gold, but with the precious blood of Christ ...” (1 Peter 1:18,19). And Paul underlines this, when *he* writes, “The *wages* of sin is death, but the *free gift* of God is eternal life in Christ Jesus, our Lord” (Romans 6: 23). Hallelujah!

A gift, however, needs to be *received*. God’s free gift of salvation is received by *repentance* and *faith/trust* (both of which are themselves also gifts of God’s grace!) The writer of the letter to Hebrews reminds us “It is appointed unto men once to die, and after this comes judgement.” (Hebrews 9:27). Paul writes similarly, “We must all appear before the judgement seat of Christ.” (2 Corinth. 5:10). But wonderfully, for Christians, we are assured that we *will* be found acceptable to God in that day, but only through what the Lord Jesus Christ has done *for* us. The writer to the Hebrews goes on to say this: “Christ, having been offered once to bear the sins of many, will appear a second time, not to deal with sin but to save those who are eagerly waiting for him.” (Hebrews 9:28). But we *shall* be judged according to our deeds – the way we have lived, in grateful *response* to God’s love to us in Jesus. (1 Corinth. 3 vv. 10-15). So let us put *our* trust in God’s grace, and seek to live our lives for Him, in the power of the Spirit of Jesus.

Parish Prayer Diary November 2022

- 1st: Give thanks for the faithful Saints as we are inspired to follow their example.
- 2nd: Pray for today's Benefice Staff team meeting.
- 3rd: Pray for Open Doors at the passing of its founder, Brother Andrew.
- 4th: Pray for our Government.
- 5th: Pray for agriculture students, especially those learning in our local colleges.
- 6th: **Sunday, the first day of the week:** May the Lord save us from apathy, restrain us from excess and revive in us new hope that all creation shall be healed in, and for the glory of, Jesus Christ our Lord.
- 7th: Pray for COP27 taking place in Sharm el-Sheikh, Egypt.
- 8th: Pray for Church Mission Society partners working in Far East Asia.
- 9th: Pray for PAPYRUS charity, dedicated to prevention of teenage suicide.
- 10th: Pray for lay-pastoral team members.
- 11th: On Armistice Day, remember those who died in the service of their county.
- 12th: Pray for the safety of our farming community and their families.
- 13th: **Sunday, the first day of the week:** Pray for the hastening of the day when wars shall cease, and poverty and pain shall end and the earth know the peace of heaven through our Saviour Jesus.
- 14th: Pray for persecuted Christians in India, including pastors and their families.
- 15th: Pray for those awaiting test results and anxious about treatment procedures.
- 16th: Pray for drivers carrying great responsibility for many passengers.
- 17th: Pray for Christians working in politics, especially Christian MPs.
- 18th: Pray for a generous response to Children in Need fundraising challenges.
- 19th: Pray for victims of abuse receiving support from *Safe Spaces*, a support service run by the independent national charity Victim Support
- 20th: **Sunday, the first day of the week:** Stir up O Lord, the will of your faithful people, that following Christ the King they bring forth the good fruit of the Spirit as they live and move within the Kingdom that has no end.
- 21st: Pray for those who are finding Jury Service demanding and stressful.
- 22nd: Give thanks for good neighbours.
- 23rd: Pray for those struggling to hold onto hope.
- 24th: Pray for the North West Ambulance Service.
- 25th: Pray for Alcoholics Anonymous, its members and newcomers.
- 26th: Pray for former prisoners seeking accommodation and work.
- 27th: **Sunday, the first day of the week:** At the beginning of a new Church year, we recommit ourselves to the service of Jesus, that we may be ready to meet him who is our Lord, our King, our Saviour, when he comes again or calls us home.
- 28th: Pray for those addressing homelessness as winter approaches.
- 29th: Pray for countries recovering from civil war.
- 30th: Pray for bereavement service councillors.
- 31st: Pray for couples solemnising their marriage in the Christian church.



Remembrance Day and Remembrance Sunday

The first act of remembrance was held on 11th November 1919 at the instigation of King George V at Buckingham Palace. This act has now become a tradition on November 11th of each year marking what was originally known as Armistice Day. The act of remembrance is now centred at The Cenotaph in Whitehall, London, and is repeated across the United Kingdom and Commonwealth at local places of remembrance.

Remembrance Sunday is separate to, but often confused with, Remembrance Day and is held on the nearest Sunday to 11th November, this year being Sunday 13th November 2022. The Remembrance Sunday services are a normal Sunday act of worship in which all those affected by war are remembered and not just UK and Commonwealth members of the armed forces. Nevertheless, each local act of remembrance often incorporates the reading of the Roll of Honour of the fallen from that parish or area.

The poppy continues to be the primary symbol of both Remembrance Day and Remembrance Sunday and is most often seen in red. The symbol's origins are from the first line of the famous WWI poem *In Flanders Fields* by Lieutenant-Colonel John McCrae.

*In Flanders Fields, the poppies blow
Between the crosses, row on row,
That mark our place; and in the sky
The larks, still bravely singing, fly
Scarce heard amid the guns below.*

*We are the dead. Short days ago
We lived, felt dawn, saw sunset glow,
Loved and were loved, and now we lie,
In Flanders fields.*

*Take up our quarrel with the foe:
To you from failing hands we throw
The torch; be yours to hold it high.
If ye break faith with us who die
We shall not sleep, though poppies grow
In Flanders fields.*

Rev. B. Streeter

Readings for November 2022

6 th	2 Thessalonians 2.1 - 5, 13 - 17.	Luke 20.27 - 38.
13 th	Malachi 4.1 - 2a.	Luke 21.5 - 19.
20 th	Colossians 1.11 - 20.	Luke 23.33 - 43.
27 th	Romans 13.11 - 14.	Matthew 24.36 - 44.



Lowick Community Hall

LOOKING FOR A GREAT VENUE FOR YOUR CLASSES,
MEETINGS OR PARTIES?

LOWICK COMMUNITY HALL IS WARM, SPACIOUS, VERSATILE AND
COMFORTABLE *AND OFFERS EXCELLENT VALUE FOR MONEY*

*SINGLE BOOKINGS: £20.00 FOR UP TO FOUR HOURS

*SIX OR MORE BOOKINGS PER YEAR: £13.00 FOR UP TO FOUR HOURS

ACCESS TO FREE WiFi AND DATA PROJECTOR

ALSO AVAILABLE FOR FULL DAY EVENTS

Golden Leaves

FOR MORE DETAILS AND TO CHECK AVAILABILITY GO TO WWW.LOWICK.ORG.UK
OR CONTACT ROB DOVE 01229 885647 OR LISA GRAVE 01229 861834



Brown & Murray

Wills, Lasting Powers of Attorney, Probate

Offices in Millom & Barrow-in-Furness

Free no obligation home visits available in: Coniston, Hawkshead, Broughton-in-Furness & Furness Peninsula

Authorised & regulated by Council for Licensed Conveyancers

*Please note, this firm are holding all the Wills and deeds for Thomas Butler & Son
which closed in Broughton-in-Furness in December 2018.*

Janette Carroll – Licensed Probate Practitioner

Tel: 01229 820021

E-mail: jcarroll@brownandmurray.co.uk

Brown & Murray Legal Services Ltd

Greenodd Village Hall

Coffee mornings/evenings, music shows and more

Find out what is going on in Greenodd Village Hall

www.greenoddvillagehall.co.uk

We are on Facebook... search for Greenodd & Penny Bridge Village Hall

Saunders & Son

— Funeral Directors —



Established over 100 years

Tel 015395 32566

07580 863585

24 hour availability

liam@saundersfunerals.com

www.saundersfunerals.com

Note providing Golden Leaves Funeral Plans



Available for hire

- Electric VW Campervan
- Teardrop caravans
- Awnings
- Rooftop tents
- Thule roof bars and roof boxes

Based in Hawkshead. Contact:

info@electricexplorers.co.uk

07514 385394

Torver Schoolroom

Hall and kitchen to hire from £7/hour

Warm and well equipped

Convenient location

Contact Juliet on 07884 232281 or email
bookings

@conistonandcrakechurches.co.uk

www.conistonandcrakechurches.co.uk/torver-schoolroom-bookings

No 5 Foot Health Clinic

Specialist care for feet



Level 4 Qualified Foot Health Practitioner
Mobile and Home appointments available

- Various treatments available
- Diabetic Foot Care
- Nail Trimming and Filing
- Ingrowing Nail
- Verucca & Fungal Nail Treatment
- Removal of Callus & Corns
- Painful Foot Dressings & Paddings
- Fissures & cracked heels treated

S Davies DipCFHP MPSPract

07912 621651



BIKE HIRE



By appointment only

in Lowick Green

New and used bike sales

E-bike specialists

www.lakedistrictbikes.com

07887 731552

CONISTON COMMUNITY TOURIST INFORMATION CENTRE

Run by volunteers – why not join us?
Any time you have to offer will be great –
a regular commitment is not essential.

email: mail@conistontic.org

phone: 015394 41533

Josh Foster

Coppice Merchant

Hurdle & cleft oak fencing,
Firewood, kindling & charcoal
Woodland and landscape management
Bespoke craft and coppice courses
e-mail coppicemerchant@gmail.com

Tel: 07597 962365



Professional Carpet & Upholstery Cleaning

Cleans, disinfects and applies anti-static coating

Safe for use on wool carpets

Guaranteed not to stretch, shrink or split seams

Low moisture and noise levels

Leaves no resoiling sticky residues

Environmentally friendly

Fully insured

We move your furniture



**We are an independent, local company
serving South Lakes and Furness Peninsula**

Call today for a free, no obligation quote

01229 230821 07747 043919

www.revivecarpets.co.uk

The bitterness of poor quality remains long after the sweetness of low price is forgotten (Benjamin Franklin 1706 - 1790)

Janet Smedley
M.C.S.P., H.C.P.C. Registered



Chartered Physiotherapist

Phone: 07831 219849 • janet@jesphysio.co.uk

Get the Care You Need

www.jesphysio.co.uk

Unit C, Dixon's Court, 101 Lake Road, Ambleside, Cumbria LA22 0DB

Coniston Co-operative Society Ltd

YEWDAL RD, CONISTON Tel: **41247**
www.conistonco-op.co.uk

Traditional Village Store
Great range of food and wines
all at competitive prices.
coniston.coop@outlook.com

Timber Hitchings Professional Tree Care

Local professional and reliable tree surgeon

Please don't hesitate to contact us regarding any tree related issue.

07917 116939

www.timberhitchings.co.uk
timberhitchingsptc@gmail.com

Ian Whiteway Dip. Cons. Bookbinding and Restoration

Antiquarian to modern

Please ring

Nibthwaite **01229 885024**

iandmwhiteway@yahoo.co.uk

also books bought pre -1960

CHIMNEY SWEEP

Est 1992

Competitive rates, Fully insured

Distance no object

For all your open fires, stoves and solid fuel Agas

015394 45117

07763 145594

Andrew Backhouse Chimney Sweep Ltd

Sam Clarke

Joinery Manufacturer

Traditional box sash windows, staircases,
Hardwood doors

Wood machining & woodturning

e-mail sam.clarke.5555@gmail.com

Tel: 07789 591619

Wooden Floor Sanding and Finishing Ltd

contact Adam on **07483 855937**

or email

adamhughes0482@gmail.com

Angus Braham, Plumber

(HND Building, C&G Plumbing)

AB Plumbing Services Ltd

all work undertaken

Tel 07777 634141

abplumbers1963@gmail.com

2 Malt Kiln Cottages, Grizebeck

THE RED LION

Lowick Bridge - 01229 885366

YOUR FRIENDLY LOCAL

A warm welcome awaits
from Steve and Lucy

Open every day Monday - Friday 5-10pm

Saturday & Sunday 12-10pm

Good food served every day 5.30 - 8pm

plus Saturday and Sunday 12 - 2.30pm

QUALITY REAL ALES

DICK MORRISON

Spark Bridge

Plastering - Painting

Property Maintenance

01229 885472

07919 062659

W & A Todd Ltd

Woodburning and multifuel stoves

HETAS Registered

Monumental Sculptors

Slate and granite memorials

Low Ghyll Farm, Kirkby in Furness,
LA17 7YB

Tel: 01229 889115/07768 626678

williamtodd@lowghyll.co.uk

Chris Parker

**GARDENING SERVICES — All general
gardening work undertaken, grass cutting,
hedge cutting, flagging and patio laying**

PARKER & SON

07552 189116 / 07837 712377

**6 North Lonsdale Terrace, Ulverston
Gskchrisparker1968@outlook.com**

MICHAEL SYKES

Painting and Decorating

Interior and Exterior Work
Professional work done and
quality materials used

01229 861500

07811 554527

Property Maintenance

Handyman Chris Clinch

Quality workmanship, no job too small.

Reliable and affordable

Painting, plumbing, electrical, joinery,
building

07952 778608

ANTHONY CLARKE

The Ashes, Cartmel Fell

Funeral Director

Private Chapel of Rest

Prepaid Funerals - Woodland Burials

Cremations arranged

015395 31481 (day or night)

www.agclarke.co.uk

Dave Pearce Tree Services

Tree work including

Dismantling & Pruning

Woodland management

Firewood processing & supply

Tel 01229 861137

07753 472229

Qualified & Insured

NHS ambleside opticians

local independent community eyecare

eye examination and contact lenses

glaucoma & cataract screening

diabetic eye examinations

emergency eye care service

Tel: 015394 31331



Peter Harrison Building

- General Building Work
- Stonemason
- Brickwork
- Slate Roofing etc.

Broughton Tel 01229 716386
Mobile 07718 611973
peterthebuilder@yahoo.com

The Britannia Inn, Penny Bridge

Real Ales, log fires and BT Sport,
dogs welcome.

Open from 5pm Tuesday to Friday,
4pm Saturday and Sunday
Delicious home cooked food served from
5.30 - 7.45pm Thursday to Saturday

Tel: 01229 861783



@lakesbritannia



Coffee house and Restaurant

Brantwood, East of Lake,
Coniston, LA21 8AD
015394 49025
theterrace@brantwood.org.uk

Home-made light snacks & lunches
using locally sourced ingredients
Seating indoors or out with lake view
Free parking. Dogs welcome

Bespoke catering for our weddings, events,
groups & private parties. Licenced-

www.brantwood.org.uk

Coniston Carers

Providing domiciliary care for age 18+

in Coniston, Torver and Hawkshead
Established over 25 years

Contact Elaine or Brenda on

Tel: 015394 41868

Our Plaice

Traditional Chippy

Lake Road, Coniston

Opening Tuesday to Saturday and Bank
Holidays 5 til 8.30pm

Tel: 015394 41339

Precision Tree Services

Based in the Lake District **Tel: 07730 276279**

www.precisiontreeservices.co.uk

Certified & Insured - Tree Felling - Pruning - Hedge Cutting

On-site Firewood Processing

Paul Livesey - Arborist

THE FLOWER BASKET

Hawkshead Old Road, Coniston

Flowers for every occasion, delivered locally

Open 7.30am to 3.00pm except Weds;

Sun 8.30am to 12.00 noon



Contact Anne on

015394 41609



Coniston and Torver Dairy

Hawkshead Old Road, Coniston

Local milk in bottles, eggs, butter, cream and yoghurt.

Locally grown potatoes and vegetables
We deliver locally on Tuesday, Thursday & Saturday

Opening hours: Mon, Tue, Thur, Fri, Sat:
7.30am - 3.00pm

Sunday: 8.30am - 12 noon

Tel **015394 41609**

Black Beck Farm, Bouth

Caravans and Camping

Holiday Caravans

Shepherd's Hut

Glamping Lodges

Gypsy Bow Top

Camping area with electric hook-ups

Tents, touring caravans and motorhomes
welcome

www.blackbeckfarmholidaycaravans.co.uk

Tel: **01229 861284**

B J Taxi Service

Coniston and surrounding area

4 seater car

Contact Barry on **07531 103686**



CONISTON THE LAKE DISTRICT

Discover and explore the
Lake District and beyond, with a
professional guided private tour.

Half days, full days or longer

8 & 16 SEAT VEHICLES AIRPORT/RAILWAY

TRANSFERS WEDDINGS AND GROUP

TRANSPORT

To discuss your adventure, please contact David on

Tel: 07814 728390

email: info@bluebird-tours.co.uk

or visit www.bluebird-tours.co.uk

Usher Construction



Building and Joinery

Coniston, Cumbria

Office **015394 41209**

Mobile **07921 003840**

email: usherconstruction@outlook.com

Visit: www.usherconstruction.com

Chris Harrison (Landscapes)

All types of stone walling, fencing, patios.

Grass cutting, hedge cutting

Pick-up and trailer hire
stone delivered from the quarry

Tel Lowick 07739 027632



Caroline Gibbon
bmas (hons) PGCE

Vocal and Piano Tutor

07795956712
caroline.sopranog@gmail.com

Studio in Colton,
Near Ulverston
All ages and abilities.

Crakeside Fish & Chips

Greenodd, Cumbria LA12 7RE

Frying Times

Tue - Thurs 11.30am - 2pm

4.30pm - 8pm

Fri & Sat 11.30am - 8pm

★ ★ ★ ★ ★

5 star "scores on the doors"

M T Wood & Sons Roofing Contractors

All aspects of
roofing . slating . tiling
25 year manufacturer's warranty with all
Topseal Flat Roofs
Estimates free
01229 861020 07843 603617

Beauty by Becky

Penny Bridge

Gel nails, waxing, lashes, manicure and
pedicure.

Tel 07896 179483

 @beautybybeckyatpennybridge

APC Joinery

Building on Traditional Values

Alan Crowe

alan-crowe@outlook.com

5 Stonydale, Ulverston LA12 9PQ

Tel: **01229 585619**

mobile **07703 554114**

McDermott Coal & Chimney Sweep Brett McDermott

Coal enquiry: **01229 585543**

Chimney Sweep enquiry: **07771 520206**

Home: **01229 468898**

NACS approved rotary power sweep

Trevor Clarke Limited

Building Contractor

Established Builders with over thirty years in the trade

Extensions

Conversions & Renovations

Plastering

Re-Roofing

Walling & Stonework

Roof & Chimney Repairs

Drainage and Groundwork

Patios & Paving

Waterproofing & Tanking

Home Insulation

For a quality Professional Service
Contact us for free advice or estimates

Tel (Newby Bridge) 01539 530316, mobile 07881 628191

email trevorclarke1064@gmail.com

Prayer Hour

Monthly opportunity to meet for just one hour in Penny Bridge church, to pray for items posted on the prayer board, for the churches in our Benefice, for our communities, and for the wider world.

Next Prayer Hour will be **Wednesday 2nd November, 10am-11am**

What's On Guide - regular events

Mondays	Knitting and Stitching, 7pm	Greenodd Village Hall
2 nd & 4 th Fri	Gifts & Talents: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Wednesday	Volunteer Day 10am - 4pm and Community Lunch, 1pm prompt	Farmers' Arms, Lowick
Thursday	"Young at Heart" exercise and lunch, 11am	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
2 nd Tuesday	Egton WI, 7.30pm, new or prospective members welcome	Greenodd Village Hall
3 rd Tuesday	Coniston WI, 7.30pm, new or prospective members welcome	Coniston Institute
Wednesday	Lunch and Dominoes, 12.30pm	Coniston Institute
Wednesday	Alpha Course, 7 - 9pm	Tottlebank Church
2 nd Wednesday	Bouth WI, 7.30pm, new or prospective members welcome	Bouth Village Hall
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
Friday	Indoor Bowling, 2 - 4pm	Coniston Institute

To advertise your event, business or organisation here please contact the Editor:

editor@conistonandcrakechurches.co.uk or 07884 232281

What's On Guide - November

1 st	Coniston Primary School Harvest Service, 1.30pm	St Andrew's, Coniston
1 st	Film: Petite Maman, Supper Special 6.30pm	Oxen Park Cinema Club
2 nd	Lunch & Dominoes, 12.30pm	Coniston Institute Reading Room
3 rd	Talk - More Deaths Than One, 7pm	Coniston Institute
5 th	Drop-in Making Day, see page 17	Farmer's Arms, Lowick
5 th	Bonfire Night, 5 - 10pm	Farmer's Arms, Lowick
5 th	Concert: Jess Dandy & Martin Roscoe, 7pm	Brantwood
10 th	Talk: Moths in South Cumbria - Rusland Horizons Trust	Hay Bridge Nature Reserve
11 th	Remembrance wreath laying, 10.50am	Bouth Village Green
12 th	Learn Yarn Spinning, see page 17	Farmer's Arms, Lowick
16 th	Crake Valley Friendship Group Coach trip - see page 13	Greenodd
17 th	Friends of X112 Coffee Morning, see page 15	St Mary's Church Hall, Ulverston
17 th	Talk: Making a Grand Entrance, 7pm	Water Yeat Village Hall
17 th	Lowick Parish Council, 7.30pm	Lowick Community Hall
19 th	Winter Fair - local makers & making sessions	Farmer's Arms, Lowick
19 th	Concert: Jaywalkers, 8pm	Coniston Institute
19 th	Film: Nightmare Alley, 7.30pm	Oxen Park Cinema Club
19 th	Alder Tree Planting - details tbc	Rusland Horizons Trust
24 th	Mothers' Union Christmas Lunch, see page 13	to be advised
26 th	Drop-in Making Day, see page 17	Farmer's Arms, Lowick

J F Hornby & Co

CHARTERED ACCOUNTANTS

More than just **Accountants**

TAX PLANNING • RESEARCH & DEVELOPMENT TAX CREDITS
• BUSINESS HEALTH CHECKS • **FINANCIAL LIFE PLANS** •
ACCOUNTS • VAT • **PAYROLL** • CLOUD ACCOUNTANCY •
COMPANY FORMATION • PROPERTY TAX • **CAPITAL GAINS**
TAX • INHERITANCE TAX • **MANAGEMENT INFORMATION** •
TAX PLANNING • RESEARCH & DEVELOPMENT TAX CREDITS •
BUSINESS HEALTH CHECKS • FINANCIAL LIFE PLANS • CASH
FLOW & PROFIT FORECASTS • ACCOUNTS • **VAT** • PAYROLL •
CLOUD ACCOUNTANCY • COMPANY FORMATION • CAPITAL
GAINSTAX • **PROPERTY TAX** • INHERITANCE TAX • MANAGEMENT
INFORMATION • **RESEARCH & DEVELOPMENT TAX CREDITS** •
TAX PLANNING • BUSINESS HEALTH CHECKS • FINANCIAL LIFE
PLANS • **CASH FLOW & PROFIT FORECASTS** • VAT • PAYROLL
• CLOUD ACCOUNTANCY • COMPANY FORMATION • PROPERTY
TAX • CAPITAL GAINS TAX • **INHERITANCE TAX** • MANAGEMENT
INFORMATION • **ACCOUNTS** • RESEARCH & DEVELOPMENT TAX

It's not just business, it's personal

Daltongate Business Centre • Ulverston • Cumbria • LA12 7AJ
Tel: 01229 588077 • email: jfh@jfhornby.com • www.jfhornby.co.uk