

Coniston and Crake Valley News



October 2023 www.conistonandcrakechurches.co.uk

The Coniston and Crake Valley Benefice

"To Grow, Witness and Love Like Jesus"

Serving the parishes of Colton, Coniston and Torver, Egton cum Newland and Lowick with Blawith

Revd Brian Streeter	vicar@conistonandcrakechurches.co.uk	01229 861668
The Vicarage, Penny Bridge, LA12 7RQ	<i>Brian works for Filling Station on Thursday</i> <i>Brian's rest day is Friday</i>	07505 048736

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To contact any of the Churchwardens, pastoral team, retired clergy or lay ministers please call or email the Administrator, Juliet.

Churches in Coniston and the Crake Valley

St Andrew's Church, Coniston LA21 8EN

St Luke's Church, Torver LA21 8AZ

St Luke's Church, Lowick LA12 8EE

Holy Trinity Church, Colton LA12 8HF

Church of St Mary the Virgin, Penny Bridge LA12 7RQ

Tottlebank Baptist Church, Colton LA12 8HY

Welcomes you to our Sunday services from 10.30 to 11.30am followed by refreshments, and midweek prayer meetings on Wednesdays at 7.30pm. The church building is usually open daily 10am – 4pm for visitors and for private prayer. Our moderator is Rev. Andrew Dodd. For further information contact Chris and Margaret Hamps, hampsc@outlook.com

Coniston Methodist Church, Coniston LA21 8ER

The Sunday morning service is at 11.00am and a warm welcome awaits you. For further information contact Joyce Holland on **015394 41594**.

St Francis of Assisi Church of the Sacred Heart, Coniston LA21 8AW

Mass is held on Thursdays at 10.00am and Saturdays at 5.00pm. For further information contact Father Matthew Jacob on **01229 779673**.

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cover photo : Magnus Meadows at Coniston's Ukraine Fundraiser, August

Church Services for October 2023

1st		Seventeenth Sunday after Trinity	
St. Luke Torver	9.00am	Bikers' Breakfast	Rev Brian Streeter
St. Luke Lowick	9.30am	Harvest Service	Richard Wood
		Morning Worship	
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Brian Streeter
6th		Friday	
Holy Trinity Colton	7.00pm	Farmers' Harvest Service followed by supper	Rev Brian Streeter
8th		Eighteenth Sunday after Trinity	
Holy Trinity Colton	10.00am	Harvest Service and Communion	Rev David Bickersteth
St. Mary Penny Bridge	11.00am	Holy Communion	Rev Joanna Henson
St. Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter
15th		Nineteenth Sunday after Trinity	
St Luke Torver	9.00am	Holy Communion	Rev Brian Streeter
St. Mary Penny Bridge	11.00am	Healing Service	Rev Brian Streeter
22nd		Twentieth Sunday after Trinity	
St. Luke Lowick	9.30am	Methodist Service	Rev Sue Nicol
Holy Trinity Colton	10.00am	Morning Worship	Pam Priestley
St. Andrew Coniston	11.00am	Morning Worship And Baptism	Rev Brian Streeter
St Luke Torver	7.00pm	Torver Junction	Rev Brian Streeter
29th		Last Sunday after Trinity	
Greenodd Village Hall	11.00am	Holy Communion	Rev Harry Welch
St. Andrew Coniston	11.00am	Holy Communion	Rev Brian Streeter

From the Editor

Please send in your items for inclusion in the November edition by October 15th.

Juliet Caldwell, Editor 07884 232281

editor@conistonandcrakechurches.co.uk



Pastoral Letter from Revd Harry Welch

Dear friends,

A recent survey of Church of England clergy revealed a majority believe the UK to be no longer a Christian country. This resulted in a flurry of newspaper articles bemoaning or applauding the fact. This reflects the trend in society to relate differently/indifferently to what were once hallowed institutions such as parliament, boardrooms, churches, the police, education, and authority in general. This was picked up by Moises Naim, a Venezuelan journalist and writer. He is a Distinguished Fellow at the Carnegie Endowment for International Peace. In his book, *The End of Power*, Moises Naim identifies why this is so. He identifies four ways in which those seeking power can achieve their goal. The first is 'Muscle' defined as the actual or potential use of coercion; the second is 'Code' the moral or traditional obligation (including faith); then next 'Pitch' persuasion, an appeal to preferences; and finally 'Reward' : inducement in exchange for compliance. These methods of control are no longer viable. From this Moises Naim discerns automatic deference to authority is no longer the case, that universal, world values, take precedence over dogma, scepticism and mindsets are more open to change and people switch preferences more readily and the cost of loyalty is ever increasing and accepting the status quo is easier. There is much more to the author's analysis and his book is well worth a read (details below).

So where does this analysis leave authoritarian institutions such as the church? The first point to be made must be that the church, its leaders and fellowship are not called to be 'authoritarian' but servants. The power inherent within the church is none of the above classifications.

Muscle, Code, Pitch or Reward cannot be the call or motivation to live the Christian life as one of Christ's disciples. No, the power to enable the church to become effective in its mission, the power to enable each Christian to fulfil their calling, utilising God given gifts, is not one of bribery or violence or overbearing rule.

The Power bestowed upon His church and upon each Christian is the power of His Love. By this I do not mean the world's display of 'love' which in our day and age seems to have at its root in the selfish inclination of if 'it feels good do it' irrespective of corporate or personal consequences.

"God is Love," the Bible declares, "and whoever lives in love lives in God and God in them." This Love is eternal, existing before creation and existing beyond the end of time when Christ returns. It is not a static Love. God's Love is purposeful, its goal is that we, you, and I, should know His love, and receive His love and be empowered to live out the Christian life in all its fullness. This love cannot be fostered out of thin air, nor can it be utilised like a battery, on when we want, it off when we do not. It is a personal Love which gets into the bones, a love which is valued beyond price save that of God's Son, Jesus Christ's death on the Cross. Now, there is real power, the power of love shown in submission.

As St. Paul declares in his letter to the Corinthian Church, Love, Gods Love, is patient, Love is kind, it does not envy, it does not boast, it is not proud. It does not dishonour others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres. This is the quality of Love filling each Christian. It is this quality which overflows from Christians to those yet to know

God in Jesus Christ. It is freely available to all who seek such Love.

Surveys will come and go, declarations and interpretations announced, Christian denominations will rise and fall, but the church, the real church, Gods people, will remain, because they are His and He is theirs, and so it will be to the end of time when our Lord returns.

In Him,

Harry

Moises Naim 'The End of Power: from Boardroom to battlefields and churches to states why being in charge isn't what it used to be'

ISBN 0465065694

From the Registers

Baptisms

22nd October, St Andrew, Coniston: Dorothy Louise Kirkbride

Around the Parishes : Colton

Colton Harvest Supper is on Friday October 6th in the Church Hall after the Harvest Service. For more information please contact **Sue Dean** on **01229 861435** or **07769 551155**.

Colton Parish Council

Haverthwaite Surgery

The worrying situation with regard to Haverthwaite Surgery was detailed in the September edition of the magazine. This marvellous GP practice supports many of our parishioners and its loss is unthinkable. As this issue impacts across several parish councils, we will be working together to support this practice in every way possible. A huge percentage of patients have taken the time to complete the patient questionnaire which is a reflection of how valued this surgery is to the community. At time of writing the questionnaire is still available online via the Haverthwaite Surgery website (address below) or a paper copy can be obtained if you visit.

<https://www.haverthwaitesurgery.co.uk/>

Our local MP, Tim Farron has set up set up an online petition that every individual, not just registered patients, can sign and has also visited the surgery to show his support.

Rusland Show

Colton Parish Council was very excited to have its very own show tent this year at the Rusland Show. The Cabinet of Curiosities, made of local ash by the Mind in Furness group who visit the valley on a monthly basis, was on display with lots of local curious contributions. Our Young People's Manifesto that we developed with Leven Valley and Penny Bridge Schools was also proudly displayed. The botanical print making table run by local artist and furniture maker Jo Clayton of Design from the Woods was very busy with lots of gorgeous prints created by children and adults alike. We had music too with Owen Evans performing stories and songs specially written for the Rusland Valley by Steve Wharton as well as a beautiful piece

composed by Tim Fleming. Two of the songs used lyrics created by Leven Valley and Penny Bridge schools. If you missed the show you can listen to the songs on Soundcloud: <https://soundcloud.com/owenevanscomposer/sets/rusland-show>

We all enjoyed meeting and talking to residents and visitors and were delighted to see the show as busy and successful as always. Thanks to all who came by to say hello and tell us what is important to them. We will build all feedback into our community plan work.

Community Plan Update

As we extended the deadline for the community plan questionnaires to the 18th of September, we have postponed our information social evening planned for the 14th of October. More news on a revised date soon. Thanks to everyone who has completed. If you missed the deadline, we still welcome completed questionnaires online or a paper copy can be obtained from the clerk. Your views really matter to us.

Councillors Needed

We are busier as a parish council than we have ever been, dealing with a variety of matters that are critically important to the community. Having a full complement of councillors is essential to ensure that your views are fully represented. Most importantly our meetings need to be 'quorate' in terms of a minimum number of councillors to formally vote on agenda items. We currently have a number of vacancies and would encourage you to consider applying. If you want to help your community grow and thrive, please talk to a current councillor (details are on the website) or contact the clerk at clerk@coltonparishcouncil.org.uk.

Our next parish council meeting is 7pm on **Monday 2nd October** at Oxen Park Reading Room.

Bouth Village Hall

Saturday 21st October, Talk - the Pearl Lady Frances Carlaw.

11am - 1pm, £5 entry. A fascinating and amusing historical talk, with a selection of jewellery to buy (proceeds to charity).

The newly refurbished hall is available for bookings; details can be seen at <https://venues4hire.org/venue/details/4187/bouth-village-hall>

You can contact **Alison Gruber** by email: bouthvillagehall@gmail.com

Egton cum Newland

BEGINNERS' FITNESS PILATES

With Philippa Moses

Join our friendly beginners'

Wednesday afternoon session - 4.30pm

Greenodd Village Hall

All ages welcome, feel free to turn up on the day!

Just wear something comfy, mats are available.

The date of the next Egton with Newland, Mansriggs and Osmotherley Parish Council meeting will be Tuesday 7th November 2023, 7pm at Greenodd Village Hall.

Saturday 21st October join

Nostalgia

For a great night of music!



Bring back the memories
with songs performed by our
soloists, duets, trios & groups

*Songs from the charts
since the 1950s*



*Songs you will know and love
(But may have forgotten)!*

80s

2000s



*Something for most
Tup, Punk*



90s

Greenodd Village Hall
Doors open 7pm
Bar from 7pm
Singing from 7.30pm



Pie & Pea Supper
Served at 8.15pm
(you must have a ticket)

Enquiries to Tom: 01229 861638

Coniston & Torver

Rainfall, Garden House, Coniston, August 2023

Total - 173.6mm (6.8ins)

Wet days - 21

More than 1mm on 19 days

Wettest day - 14th - 39.0mm (1.5ins)

Lunch and Dominoes

We will be starting again on **Wednesday 4th October at 12.30pm** in Coniston Institute Reading Room.

Do come along and join us for soup/roll and a pud, tea/coffee, followed by dominoes.

All for £5.00. To book a place, ring **Jean** on **015394 41617**, by the Monday before.

We will then continue; usually on the first Wednesday of the month.

The next dates are 1st November, 6th December 2023, 10th January, 7th February, 6th March, 10th April 2024

Everyone welcome.



LANCASHIRE DAY SUPPER 7 pm – 10 pm

ON FRIDAY 10th November 2023

(For the eighth celebration of Coniston still being in Lancashire).



Coniston and Hawkshead are still in the County Palatine of Lancaster, and the King is now the Duke of Lancaster.

Lancashire Day Proclamation and the Loyal Toast at 9pm

So for an enjoyable evening out come to the Coniston Institute for a traditional Lancashire celebration with good fare, a drink and entertainment from the Lancashire singing group recalled by popular demand.

The Saggy Bottom Girls and Friends

Tickets are £20 each which includes the Traditional Lancashire Supper (two courses), a glass of something to wash it down AND all the fun you can have.

Because we need to know how many of you will be attending so that we do not run out of supper, please book your tickets in advance from Derek Adams 07973 179805 or 015394 41732. Alternatively, email no1@dsadams.co.uk or email Jackie Coe jackiecoe@gmail.com

Sponsored by the Coniston and District International Twinning Association

Coniston Forum

Wednesday 25th October

Coniston Institute 7 - 8.30 pm

*Is the United Kingdom properly defended?
Do we need to reintroduce national service?
Does civil defence need a shake up?*

Non party political discussion chaired by Robert McCracken KC

Come and have your say—or just listen.

Coniston Indoor Bowling

Weekly indoor bowling sessions will begin on Friday, 3rd November in the Coniston Institute from 2pm to 4pm. The cost is £3 per session including tea and biscuits. All are welcome regardless of age or bowling experience. Further information can be obtained from **John Darragh**. Tel : **07854 274086**

Coniston Medical Practice update

We will be starting influenza and covid vaccinations in early October. As soon as our deliveries have arrived we will be able to let you know about days and times. So further information to follow very soon!

If you haven't had a chance to update your address, landline or mobile number yet, please do so to make sure we have your correct contact details.

The team at Coniston Medical Practice

Ukraine Fundraiser – Coniston and Crake Valley Communities

Huge thanks to everyone who contributed to a very successful event. We are able to now send £2,964 (and growing!) to aid the Ukrainian civilians caught up in this war.

Thank you everyone!

Coniston Community Lunch

We look forward to welcoming you to our first Community Lunch of the season on **Monday 16th October** at 12.30pm in the Institute Reading Room.

There will be a hearty 2 course meal + tea and coffee. No payment needed, however a suggested donation of £5 would be most welcome to help cover costs.

As places are limited please confirm attendance by the Friday before by phoning or texting Helen on **07583 371275** or email **e.glaister013@btinternet.com**

Also please let us know if you have any dietary requirements or require help with transport.

We are always looking for additional help so please get in touch if you could offer any help on the day or if you wish to contribute any food.

Best wishes from the **Community Lunch Team**

Musical evening by Barrow Male Voice Choir

Monday 16th October, 7.30pm at Coniston Methodist Church

No entry charge but donations to St Mary's Hospice.

Coniston Local History Society

Monday 16th October

Talk by Colin Pickthall - Cumbrian Monasteries and their Empires

All meetings start at 2.30pm in The Reading Room of The Coniston Institute.

£3 entry fee. No Booking required. Refreshments available.



Torver Schoolroom Family Film Night & 100 Club draw

A fabulous film night was enjoyed by many with free pizza and a great raffle. This will be the first of many more enjoyable evenings.

100 Club results:

£100: J Brooks, £30: E Stergiakis, S Brewin, £20: J Lancaster, J Aitcheson, £15: M Park, S Birkett, £10: D Wilkinson, M Hadwin, K Walton.

Coniston Sports & Social Centre

Wednesday 4th October – Monthly Quiz Night, open from 7pm, quiz starts at 8pm, £3pp

Saturday 28th October – Childrens Halloween Party, 11am-1pm, entertainer

Saturday 28th October – Rugby World Cup final – 8.30pm

Friday 3rd November - BONFIRE NIGHT!



A huge thank you to all who supported the September monthly quiz night – it was a great night again. £75 has been donated to St Mary's Hospice – chosen by the winning team.

Please join us for our next one

If you'd like to book our facilities or have any other enquiries please do get in touch.

Tel: **015394 41812**, email: **Conistonsports@gmail.com**

Becca Myers, Club Secretary

Lowick

TEMPORARY CLOSURE OF ST. LUKE'S, LOWICK

For some time, the Parochial Church Council (PCC) at St. Luke's, Lowick has been aware that the porch sited at the main entrance of the church building has been subsiding and in urgent need of repair.

The decision to proceed with a like-for-like re-build of the porch, keeping as many of the original materials as possible, was made and formal offers for tenders sought. A specialist builder has subsequently been chosen. The work is due to commence on Monday 2nd October and will take 12 weeks.

During this time, the church building will not be accessible, and therefore regular Sunday worship in the building will not be possible. Instead, Sunday services will be held in Lowick Community Hall. Access to the church building for funerals will be agreed with the builders on a case by case basis. The churchyard will remain open at all times for visiting.

The PCC apologises for the inconvenience, but looks forward to the completion of the work.

Brian Streeter

Lowick Parish Council

Lowick Parish Council have a vacancy for a Councillor. If anyone is interested, please contact our Clerk Christine Adams at **lowickpc@outlook.com**

The July meeting of Lowick Parish Council was dominated by a planning application for change of use of building to holiday lets and replacement agricultural building for Lowick Farm, Lowick Green. Your council are grateful to those Parishioners who completed the Lowick Parish Plan survey as the results strongly support the principle of local and affordable housing for local workers together with high standards of environmental performance. There is no wish to see the proliferation of second and holiday homes. Having this mandate from the majority of our Parishioners and the large number of Lowick Green residents raising concern about additional holiday lets plus the issues raised by Lowick Green Committee your councillors could make no other decision than to support our Parishioners.

Having purchased the materials for the bus shelter Archie Workman will make a start on its repair. He will also replace the notice board at Lowick Green and tackle the overgrown footpath from Swangs to Lowick Green, check culverts, gullies, drains, footpaths, weeds in walls and clean dirty road signs.

Everyone is welcome to attend our meetings, dates, times and agendas are published on our website at **<http://lowick.org.uk>**. Our next meeting will be on **5th October 2023**.

Blawith & Subberthwaite Parish Council

The Parish Council met on Thursday 7th September 2023.

Two Planning documents were discussed. The first was at land to the South of Brown Howe, which is subject to a Planning Enforcement order for removal of various constructions.

The second was in Pickles Wood, which is also subject to an Enforcement order, there has also been a planning application put in for a storage facility. We have filed a strong objection to this, on environmental, safety and usage issues.

We are looking for a Lengthsman to help with various Parish maintenance activities, it will be on a self-employed basis and you will need your own public liability insurance.

We are also still looking for another Parish Council member so if you live in the parish or within 3 miles, are over 18 and interested in improving the local area, we would like to hear from you.

At the moment we are in discussion with an alternative venue to have as an emergency hub, which we can coordinate activities on a Crake valley, rather than Parish wide basis.

Boon Day will take place on 8th October 10.00am at the Church. If you wish to take part please bring your gardening gear with you. We will also be having a valley litter pick to clean the place up after the summer.

Finally, we would like to clarify that the reasons the Parish Council have moved venue is mainly due to the increase of costs at Water Yeat Village Hall, we do have limited funds and we need to be mindful of how we spend public money. In addition to this Water Yeat hall does not have internet access which on occasions the Parish Council do need.

If you like further information on any of the above please contact us on: **blawithandsubberthwaitepc@outlook.com**

Ian Wharton, Chair, Blawith and Subberthwaite Parish Council.

You can now follow us on Facebook by searching Blawith and Subberthwaite Parish Council.

Reports

Girl Guiding

Girlguiding in Hawkshead have re-started and would like to welcome any girls aged five or over or any young people who might want to gain experience volunteering as young leaders. The team of adults would also like to invite anyone who would enjoy making friends and enjoying a wide range of indoor and outdoor activities. Please visit the Girlguiding website to register and I will be in touch to discuss options.

Judith Myers

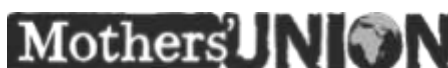


Mothers' Union

Upcoming meetings in October:

2nd October: Quiet Afternoon, Cartmel

26th October: 1 Church Beck, Transformation Now and the Future



Women's Institutes

Coniston WI

Coniston WI will be meeting in the Reading Room at 7.30pm on October 17th to make some items for the shoeboxes. Everyone is welcome to come along and help. Guest charge is £4.

For more details tel **Judith** on **015394 41245**.

Egton WI

Summer is now officially behind us (I think) but we were not idle in August and hosted one of the regular dances in Greenodd Village Hall which gave us £362 to add to our collection for the hospice. We also had our croquet evening which turned out to be an indoor bowls evening due to the ghastly weather which ensued! However it was a splendid night - although few improved their bowling skills - but it was great to meet up with everyone and our "Jacob's join" was a delight. Both our book clubs continued throughout the summer as well.

A few members entered the Greenodd horticultural show with June Elliott proving to be our star performer thereby winning the WI cup.

We are already thinking about our main fundraising event of the year which is on Saturday 18th November so do come along and sample our soups and puddings both of which will be served for a donation to the hospice. There will of course be other things to spend your money on - a tombola, "guess the cost of a hamper", craft, cake and other stalls, so something to suit everyone.

September got underway with an inspirational talk from Emma Maskell-Ludlow all about "living with autism and ADHD". It is a subject often mentioned but not always understood and Emma did a great job explaining the difficulties she had endured growing up and not being diagnosed and therefore not receiving any treatment for them both until she was in her thirties. She teaches at Sandside school where her work is very much appreciated. On October 10th we have a talk from Kate at Oubas Knitwear.

As we go to press a few of us are busy baking tray bake bites for the trail run entrants who are supporting the Brathay Trust on Saturday 17th September. This is a charity offering life changing community programmes to children, young people and families in crisis. We hope they will enjoy a little boost along the way.

As usual if you would like to join us at any of our meetings or would like more information please call **07519 144799**, we will be happy to help.

Gill

THE CHOSEN – SCREENINGS & DISCUSSION



The Chosen is a new series based upon the life & ministry of Jesus Christ that has been, and is being, filmed over a number of seasons, with each episode being 45-60 minutes. The series has generated much discussion, with some people greatly enjoying the new approach, while others less so. However, the interesting take on Jesus, the disciples, and the biblical stories certainly generates good discussion.

We will be showing one episode a month on the first Thursday of the month (except January 2024, the second Thursday), starting on Thursday 5th October with season 1, episode 1. We will first watch an episode and then have 45 minutes or so to discuss in groups as appropriate.

The screenings will be held in the main hall of the Greenodd Village Hall, beginning at 2.00pm – there is no cost to attend, and all are welcome.

Brian Streeter

Brantwood News and Views

In the Blue Gallery there is still an opportunity to see *Trees, Trauma and Transformation* by Patricia Townsend which is on display until 8th October. This is followed by an exhibition of stunning photographs by Kate Kirkwood. Kate exhibited in the Studio at Brantwood in 2022 with her amazing exhibition 'Cowspines'. This new exhibition is an opportunity to see her observations of rural and urban life.



In the Severn Studio *'A Walk in the Hills' Recent Paintings* by Frank Gordon continues until 1st January 2024. Frank's landscape painting is forged from his life-long experience as a walker in the hills. He is inspired by the fells of the Lake District and the landscape of his home in the Yorkshire Dales National Park as well as being a 'student' of Ruskin for most of his adult life. He marries a close study of nature in all her moods from first hand experience.

The Friends of Ruskin's Brantwood are hosting a coffee morning in the Estate Discovery Centre (The Loft) on Friday 13th October. This promises to be a wonderful opportunity to have a catch up and a chat in beautiful surroundings as well as finding out more about Brantwood. There will also be a guided tour of the gardens from our garden and estate team. Everyone welcome – no charge.

Also coming up in October, following the success of our Wild Wednesdays during the summer holidays, Brantwood is holding further 'Go Wild' workshops during half term. Outdoor and indoor nature based activities – free admission.

Additional information on the coffee morning and 'Go Wild' family activities appears on the centre pages of this magazine.

For full details of all our exhibitions and events, please visit our website www.brantwood.org.uk. Box office: enquiries@brantwood.org.uk or call 015394 41396.

The Farmers Arms and Grizedale Arts - October Events



30th Sept & 1st Oct — Beer & Harvest Festival: All Weekend / Free

4th & 5th Oct — Apple Juicing Day: Use our Apple Scratter and Press! 10am–7pm / 50p per litre

7th Oct — Drop In Making Day with Tom Philipson & Francis Lloyd-Jones: 10–4pm / POA

7th Oct — Summer Gardens Show & Tell with Karen Guthrie & Grace Holland: 4–5pm / Free

12th Oct — Celtic Fiddles Live in the Stable Bar: 7.30pm / Free

14th Oct — Antique Repair Shop: Open for appraisals, valuations & fixing: 10am–4pm / £10 per hour

25th Oct — Poetry Readings and Open Mic Evening: 6.30–8pm / £5–£9

28th Oct — Gelli Plate Printmaking with Jess Levine: 2–4pm / £35

30th Oct — Six Week Monday Evening Course: Metalwork Techniques: 6–8pm / £200

31st Oct — Six Week Tuesday Evening Course: Furniture Making: 6–8pm / £200

You can find out more on our website www.lakedistrictfarmersarms.com/whats-on/

To contact our friendly team, email hello@lakedistrictfarmersarms.com or call **01229 481160**.

OPEN FOR FOOD & DRINK, THURSDAY - SATURDAY

Cafe, 10am–5pm | Stable Bar, 12noon–10pm

Voluntary Social Car Scheme

The Voluntary Car Scheme provides transport to members of the community who cannot make their journey by public or private transport. It is managed by the County based in Carlisle.

Typical journeys include getting to the shops, doctors, dentists, hairdresser and making public transport connections.

Journeys are pre-booked ahead and dependent on the availability of a driver. Passengers pay a contribution towards the cost of the transport.

If you would like to make use of this service or are interested in driving for the scheme, please contact: **Marguerite Calvert** on **01229 885498**.

Oxen Park Cinema Club : New season 2023 - 2024

All our films can be reviewed, seats booked and membership taken out on our website - www.oxenparkcinemaclub.org.uk. Have a look. A programme can also be collected from the box below our poster board on the Carthouse wall. (opposite The Manor pub)

Our two October films are - Tuesday 3rd October, 7.30pm - **TAR** with Kate Blanchett in the role of conductor Lydia Tar and Saturday 21st October, 7.30pm **THE EIGHT MOUNTAINS** - Set in Italy. Subtitles.

If a film fills up, keep an eye on the website as we are likely to put on a repeat the following Sunday. **Carol**

Lowick Show 2023

Well, last year I said the weather was good but this year it was better than ever.

Lowick show field is in the most stunning location and the sun shone from dawn till dusk, what more could we ask for?

Entries in horses and cattle were up and sheep numbers were at a record high, we actually ran out of hurdles to pen them up!

The home produce tent was bursting at the seams with flowers & veg, baking exhibits, crafts and of course the very popular children's classes.

The craft tent and trade stands offered a wide variety of items to buy including gifts, food, alcohol and farm machinery with the trophy for the best trade stand going to local Mandy Allen.

Despite the heat the children's sports was very popular, as was the Cumberland & Westmorland Wrestling, with both experienced and novices having a go.

Our president Bill McKinney had the very difficult task of judging the novelty dog classes, while president elect Miriam Bailey took on the children's pet classes; all this was accompanied by an excellent commentary from our very own reporter on the ground Kathy. The mounted fancy dress & concours d'elegance was judged by our president's wife Liz McKinney, not an easy task!

Once everybody had received their trophies and livestock were loaded up to be taken home for a well deserved rest, the evening entertainment began.



The relaxed atmosphere and superb weather made for an enjoyable evening around the beer tent catching up with friends and neighbours while listening to some excellent music from The Butler Big Band and an old school DJ.

Again the water slide suddenly appeared and attracted the young and not so young to have a go! Much fun was had by all.

There is a tremendous amount of work that goes into putting on even a small show like Lowick and I am extremely grateful to everybody who helped in any way, whether part of our brilliant committee or not, every little bit helps.

Looking forward to next year,

Alison

Photo: Cow resting in the show ring!

Rusland Horizons Events



Guided walk - Greenwood Trail 5, Yew Barrow loop:

Sunday 8th October

Join us for a guided walk along one of our beautiful Greenwood Trails. We will be exploring the second half of route number 5, Yew Barrow, approximately 4 miles.

Guided walk - Greenwood Trail 2, Haverthwaite Heights & Abbots Reading:

Sunday 22nd October

Our Greenwood Trail walks are proving really popular so we thought we would organise another, route number 2. This walk is approximately 3 miles and will explore Haverthwaite Heights and Abbots Reading.

Date for the diary: Rusland Horizons AGM, Monday 30th October

The Annual General Meeting will again be held at Outback Hall, Backbarrow. Details of the evening are still being confirmed and will be shared in the next couple of weeks on our website, social media and autumn newsletter - which is due out soon.

Full details and booking can be found on the Rusland Horizons website now, at the usual 'What's On' page. <https://www.ruslandhorizons.org/whats-on.aspx>



Rookhow Quaker Meeting House

STORYTELLING & SONG WEEKEND 13th-15th October

A creative, interactive & fun community weekend at Rookhow, with stories, songs, Epilogues (evening reflective time) and campfires. Open to everyone - not just Quakers. This is a weekend for people of all generations - children and young people are welcome as are octogenarians! Under 18s must be accompanied by a parent or guardian.

Danny English from We Be Kids will facilitate some storytelling around the campfire and lead us in some all age woodland games. On the Saturday morning we will be joined by Kirsten Taylor from Songbirds, Ulverston for a singing session in the woods.

Check our website for more info and to book. Suggested donation for the weekend: £75 or £40 for aged 21 and under, or pay what you can. People will be asked to bring food to share. Sleeping in the Bunkbarn, yurt, Meeting House floor and space to camp.

Sue Nicholls Rookhow Development Manager, tel 07377 971783

Email: contactrookhow@gmail.com

Website: rookhow.org.uk



Free half term kids' activities at Brantwood

10:30 – 1:30pm on 25th, 26th, 27th, 30th, 31st October & 1st November 2023

Join us over October Half Term for nature-filled fun! We'll be hosting a range of activities for children (4yrs+) and adults alike.

Engage with our exciting activities and treasure hunt, as we go on a magical, autumnal journey around the gardens. Who knows what we'll discover...

For full details head on over to brantwood.org.uk/gowild

FREE COFFEE MORNING AND GUIDED WALK

When? Friday, 13th October, 10 a.m. to 12 p.m.

Where? Day begins in Estate Discovery Centre

What Else? Autumn Highlights Estate Walk

Who? Local Friends and residents (free)



Book at bookings@brantwood.org.uk or **call** 015394-41306

Green Sparks News

The new Green Sparks Working Group has been working on a new information board to go by the River Crake at Spark Bridge. The aim is to highlight the Crake's rich industrial history, and the wonderful habitat it provides.

ENMO Parish Council has given their approval, so the next steps are to consult with local people, and look for grants to fund the project. If you want to get involved let us know.

Green Energy

Thinking about making your home more energy efficient? Want to cut your carbon footprint, as well as your bills?

Options include:

Reducing energy use see <https://energysavingtrust.org.uk/hub/quick-tips-to-save-energy/>

Switching to a 'Green Tariff' a good starting point for advice on this is <https://www.moneysavingexpert.com/utilities/cheap-green-energy/> Also see <https://www.ethicalconsumer.org/energy/shopping-guide/energy-suppliers>

Improving insulation The Government has launched a new scheme for home owners and private tenants. To apply, start by contacting a participating supplier see <https://www.ofgem.gov.uk/environmental-and-social-schemes/energy-company-obligation-eco/contacts-guidance-and-resources/eco-supplier-contact-details>

Green energy co-operatives See <https://energysavingtrust.org.uk/decarbonising-your-home-with-co-owned-energy/>

Retrofitting your home with green technology See <https://cafs.org.uk/cafs-home-energy-advice-service/>

Over the summer Green Sparks joined with Cafs and Mycelium Thinking in Ulverston to launch Solar Made Easy Ulverston. Now Cafs is launching community based retrofit projects in several nearby towns and we have been invited to go along to see for ourselves if this is something we'd like in our area. For details see <https://cafs.org.uk/events/>

If there's enough interest, Cafs has offered to train people involved in Green Sparks to use thermal imaging cameras so that we can help people identify the cold spots in their homes as a step towards planning suitable improvements. If you're interested, please get in touch and maybe we can work together on planning a retrofit made easy project for our community! Email us greensparks.sparkbridge@gmail.com

Friends of the X112 are pleased to announce the return of the

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Leaving Asda for the return trip at 1.55pm.

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Joan Prickett

THE HUMAN CONNECTION

Artist Joan Prickett shares her personal journey through the Pandemic from hell portraits to memories of adventurous travels.

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A THOUGHT FOR THE MONTH by Rev. David Gregg

OCTOBER 21ST : TRAFALGAR DAY

Living near Portsmouth in my youth, we had opportunity to visit H.M.S. Victory. On the quarter-deck was a prominent block of wood, with a plaque on it which read, "Here Nelson fell – 21st October 1805". The local quip was, "I'm not surprised – I nearly tripped over the darn thing myself!"

More prominently then than now, the 21st October is celebrated as Trafalgar Day, commemorating the great victory by 27 British ships-of-the-line over the 33 of the combined French and Spanish navies. It was the most significant victory over Napoleon, and delivered England from invasion, but at the cost of the life of the great naval hero, Viscount Horatio Nelson.

The other prominent feature of the battle was, of course, the Sea itself, the vagaries of which very much influenced the timing of the battle and the ultimate outcome. It is notoriously a place of turmoil and turbulence. Psalm 95 records, concerning the LORD, "The sea is His, and He made it: and His hands prepared the dry land." A naval padre of a British Aircraft Carrier, which had endured a very stormy crossing of the Atlantic before arriving, with great relief, in the safe haven of Plymouth Sound, reports that he distinctly heard members of the crew at Morning Prayer on the flight deck singing, "The sea is His and He can have it. The hands prefer the dry land!"

For Christians, the motif of the great deliverance, at the cost of the life of the great hero, cannot help but call to mind the victory on the Cross of the Lord Jesus Christ, achieved by His Sacrificial death. We recall the consequent redemption of those who repent of their sins, and put their trust in God's wonderful promise to forgive us and to admit us to eternal glory, joined with Christ in resurrection life.

As to the Sea, the passing of Israel through the Red Sea (with the destruction of Pharaoh's army), the story of Jonah, the imagery of Behemoth and other evil sea creatures in the Psalms and elsewhere, the account of Paul's shipwreck in Acts, and even the stilling of the storm by Christ Himself on the (inland) Sea of Galilee all bear witness to the parabolic *alien* significance of the Sea. And the combination, in the Book of Revelation, of the motif of the Lamb Who was slain to bring salvation from sin and death, and the vision of the New Heaven and the New Earth in chapter 21, with the assertion in verse one that "the sea was no more", bring a wonderful finality to God's ultimate revelation of His grace.

So let us rejoice in this extraordinary gift of God, and worship Him and thank Him for it (especially on Trafalgar Day!) Hallelujah.

Prayer Diary - October

1st. Sunday, the first day of the week:

Our God has made us for himself and our hearts are restless till they find their rest in Him; may He pour His love into our hearts and draw us to Himself, bringing us at last to His heavenly city where we shall see Him face to face.

2nd. Pray for those involved in mediation and arbitration to resolve conflicts in schools, families, workplaces, communities and governments.

3rd. Pray for the Mission Aviation Fellowship, bringing practical aid and Christian hope to isolated and remote communities abroad, especially across Africa.

4th. Pray for Coniston & Crake Benefice Staff as they meet this afternoon.

5th. Pray for all who teach others.

6th: Pray for palliative care professionals in adult and children's hospices, especially those abroad.

7th: Pray for charities helping people who have become homeless or rough sleeping. Pray also for families living in emergency or temporary accommodation.

8th: Sunday, the first day of the week:

May God, our Judge and Saviour, so open us to his truth and love that we may live each day with confidence in the salvation won for us by Jesus our Lord.

9th: Pray for prison chaplains sharing the liberating message of the Gospel.

10th: Pray for all who suffer mental distress and for organisations fighting mental health stigma and discrimination.

11th: Pray for UNICEF working with communities and governments to remove barriers to girls' education.

12th: Pray for Christian Aid as it campaigns for a world where everyone can live a full life, free from poverty.

13th: Pray for our farming community as they complete the harvest and prepare for the winter ahead.

14th: Pray for those who serve our communities as local Parish Councillors.

15th: Sunday, the first day of the week:

May our faithful Lord, whose steadfast love never ceases, and whose mercies never come to an end, grant us the grace to trust Him and receive the gifts of His love, new every morning.

16th: Pray for the Trussell Trust providing emergency food and support to people facing hardship and campaigns for change to end the need for food banks.

17th: Pray victims of domestic violence will escape from abuse and get the help and support they need to rebuild their lives.

18th: Pray the rights of Christians in Iran will be protected so that they do not have to flee the country but can stay and build a strong, mature Iranian church. Pray communities will come to see Iranian Christians as genuine, not a product of the Western world, and be moved by their faith, courage and love.

19th: Pray for bereaved parents grieving the death of their baby or young infant.

20th: Pray for those responsible for finding homes where vulnerable children, who cannot live within their own families, will be safe, loved and experience good family relationships.

21st: Pray parents and God-parents will take seriously their promises to nurture the Christian spiritual development of children they bring for baptism.

22nd: Sunday, the first day of the week:

May the Spirit's gifts equip us to live the gospel of Christ and make us eager to do His will, that we may know the way of Life and walk in it without stumbling.

23rd: Pray children who found the new school term stressful will find healing respite in the half term break, and pray teaching staff find rest and refreshment.

24th: Pray for refugees fleeing their homes in fear because of war, conflict or persecution, as they try to find a place of safety for self and family.

25th: Pray for people vulnerable through loneliness or not coping with the challenges of daily life; pray their situation will be noticed and respectful help and support offered.

26th: Pray for people living with the aftermath of natural disasters.

27th: Pray people and families struggling with debts will get the help needed, praying also for the charities that support them through their difficulties.

28th: Pray those trapped by addiction of any kind will be led to help and freedom.

29th: Sunday, the first day of the week:

Merciful God, teach us to be faithful in change and uncertainty, that trusting in Your word and obeying Your will we may enter the unfailing joy of Jesus

30th: Pray for local businesses giving thanks for the services they provide, and their contribution to the life of our community.

31st: Reflect on your own place in God's eternal Kingdom, which Jesus secured for you when you accepted Him as Saviour and Lord.

Readings for October 2023

1st	Harvest: 2 Corinthians 9.6 - 15 Philippians 2.1 - 13	Luke 12.16 - 30 Matthew 21.23 - 32
6th	Harvest: 2 Corinthians 9.6 - 15	Luke 12.16 - 30
8th	Philippians 3.4b - 14	Matthew 21.33 - 46
15th	Philippians 4.1 - 9	Matthew 22.1 - 14
22nd	1 Thessalonians 1.1 - 10	Matthew 22.15 - 22
29th	1 Thessalonians 2.1 - 8	Matthew 22.34 - 46



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Monday	Short Mat Indoor Bowling, 7 - 9pm, no experience needed	Greenodd Village Hall
2 nd & 4 th Friday	Tottle-Art: Art Group 10.30am - 12.30	Tottlebank Baptist Church
Tuesday	Coffee and Chat, 9.45 - 10.45am	Greenodd Village Hall
Wednesday	Parent and Toddler Group 9.30 - 11.30am (term time only)	Coniston S & S Centre
Wednesday	Beginners Pilates, 4.30pm	Greenodd Village Hall
Wednesday	Lowick Parent & Toddler Group 9.30 - 11.30am (term time only) £1.50	Lowick Community Hall
Wednesday	Community Lunch, 1pm sharp	Farmers Arms, Lowick
1 st Wednesday from 4 th Oct	Dominoes and Lunch, 12.30pm	Coniston Institute
Thursday	"Young at Heart" exercise and lunch, 11am £5	Coniston S&S Centre
Thursday	Volunteer Day 9.30 - 3.30pm	Brantwood Gardens
2 nd Tuesday	Egton WI, 7.30pm, new or prospective members welcome	Greenodd Village Hall
3 rd Tuesday	Coniston WI, 7.30pm, new or prospective members welcome	Coniston Institute
1 st Wednesday	Quaker Meetings, 7.30pm	Rookhow
1 st & 3 rd Friday	Quaker Meetings, 12.30pm	Rookhow
2 nd Wednesday	Bouth WI, 7.30pm, new or prospective members welcome	Bouth Village Hall
1 st Wednesday	Prayer Hour - 10 - 11am	St Mary's, Penny Bridge
Fridays from 3 rd Nov	Indoor Bowling, 2 - 4pm	Coniston Institute

What's On Guide - October

30 th -1 st	Beer & Harvest Festival	Farmers Arms, Lowick
2 nd	Mothers' Union Quiet Afternoon	Cartmel
2 nd	Colton Parish Council meeting, 7pm	Oxen Park Reading Room
3 rd	OPCC Film: Tar 7.30pm	Carthouse Cinema
4 th &5 th	Apple Juicing see page 15	Farmers Arms, Lowick
4 th	Lunch & Dominoes, 12.30pm see page 8	Coniston Institute
4 th	Charity Quiz Night 8pm	Coniston S & S Centre
5 th	Lowick Parish Council meeting	Lowick Community Hall
5 th	Film: The Chosen, 2pm see page 14	Greenodd Village Hall
8 th	Boon Day for Blawith Church	Blawith Churchyard
8 th	Walk - see page 17	Rusland Horizons
12 th	Live Music - Celtic Fiddles, 7.30pm	Farmers Arms, Lowick
13 th	Brantwood Coffee Morning see page 19	Brantwood
14 th	Antique Repair Shop, 10am see page 15	Farmers Arms, Lowick
14 th	Concert: Nancy Kerr & James Fagan, see opp	Coniston Institute
14 th	Concert: Blackheart Orchestra, see over	Water Yeat Village Hall
16 th	Coniston community lunch see page 9	Coniston Institute
16 th	Local History Talk: Cumbria Monasteries & their Empires: 2.30pm see page 10	Coniston Institute Reading Room
16 th	Concert: Barrow Male Voice Choir, 7.30pm	Coniston Methodist Church
21 st	Talk - the Pearl Lady, 11am see page 6	Bouth Village Hall
21 st	Nostalgia Choir, 7pm, see page 7	Greenodd Village Hall
21 st	OPCC Film: The Eight Mountains, 7.30pm	Carthouse Cinema
22 nd	Walk: see page 17	Rusland Horizons
25 th	Poetry and Open Mic night, 6.30pm	Farmers Arms, Lowick
25 th	Coniston Forum discussion group 7pm, see page 9	Coniston Institute
26 th	Mothers' Union: meeting	Member's home
28 th	Halloween Party 11am	Coniston S&S Centre

AN EVENING WITH
**NANCY KERR
& JAMES FAGAN**



"Outstanding musicianship, stunning
vocals, one of the finest folk duos in
the business"

Coniston Institute

Saturday 14th October 2023

Tickets £15 online : conistoninstitute.uk

Box office: 07789591619

Doors 7:00pm. Cabaret style. BYOB.

WATER YEAT VILLAGE HALL

Presents

The Blackheart Orchestra



Multi-award winning, multi-instrumentalists Chrissy Mostyn and Rick Pilkington are a two person 'orchestra' playing up to 13 instruments in their unique live show. Seen as a modern day Pink Floyd, influenced by Kate Bush, Portishead, Cocteau Twins and composers Steve Reich and Philip Glass. Their last two albums both achieved Top 20 positions - latest, *Hotel Utopia*, reached #13 in the Official UK Rock Chart and won Best British Album and Best Song in the USA Progressive Rock Awards where singer Chrissy Mostyn was awarded Best Female Vocalist.

Saturday 14th October 8pm £15 or in advance from

www.wegottickets.com/wateryeatvillagehall

Café/table seating.

Bring your own drinks and nibbles

www.e-voice.org.uk/wyv

www.theblackheartorchestra.com